

Central Consolidated Schools

Apr 2, 2018 thru Apr 30, 2018

Base Menu Spreadsheet

BAB Breakfast

Weighted Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 04/02/2018																
BAB Breakfast	Total	1														
Oatmeal**1095	3/4 Cup	1	143	0	35	3.01	1.40	26.5	0	0.0	*8	4.8	27.19	1.96	0.35	*0.00
WW Toast**0020	1 Slice	1	122	0	185	1.59	0.83	7.1	169	0.01	*1	2.69	16.29	5.47	0.89	*0.00
Pears**0438	1/2 Cup	1	71	0	6	2.00	0.35	6.3	0	0.88	15	0.24	18.99	0.04	0.00	0.00
Juice(Carton)**0103	1 Carton	1	58	0	12	0.00	0.06	10.0	0	8.6	*N/A*	0.0	14.67	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average			495	8	368	6.60	2.73	349.8	669	11.89	*25	15.72	90.14	8.71	1.99	*0.00
% of Calories											*20.1%	12.7%	72.9%	15.9%	3.6%	*0.0%
Nutrient Guideline			400-500		540										<10.00	

Tue - 04/03/2018																
BAB Breakfast	Total	1														
FrenchToastSticks**0207	3 Ea. + 2 Tbsp	1	262	115	342	3.00	1.81	81.2	200	3.6	13	9.0	50.13	4.0	1.00	*0.00
Peaches**0437	1/2 Cup	1	68	0	6	1.63	0.45	3.8	443	3.01	17	0.56	18.22	0.04	0.00	0.00
Juice(Carton)**0103	1 Carton	1	58	0	12	0.00	0.06	10.0	0	8.6	*N/A*	0.0	14.67	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average			488	123	491	4.63	2.41	394.9	1143	17.60	*30	17.56	96.01	5.29	1.75	*0.00
% of Calories											*24.6%	14.4%	78.7%	9.8%	3.2%	*0.0%
Nutrient Guideline			400-500		540										<10.00	

Wed - 04/04/2018																
BAB Breakfast	Total	1														
Breakfast Taco**1951	1 each	1	166	103	422	2.50	1.61	220.6	382	1.24	*N/A*	9.46	17.51	6.59	3.09	*0.00
Honeydew Chunks**0662	1/2 Cup	1	31	0	16	0.70	0.15	5.2	44	15.72	7	0.47	7.94	0.12	0.03	0.00
Juice(Carton)**0103	1 Carton	1	58	0	12	0.00	0.06	10.0	0	8.6	*N/A*	0.0	14.67	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Salsa**0651	2 Tbsp.	1	10	0	141	1.01	0.36	20.1	151	1.21	*N/A*	0.0	2.01	0.0	0.00	0.00
Weighted Daily Average			366	111	721	4.21	2.27	556.0	1076	29.18	*7	17.93	55.14	7.96	3.87	*0.00
% of Calories											*7.7%	19.6%	60.2%	19.6%	9.5%	*0.0%
Nutrient Guideline			400-500		540										<10.00	

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Base Menu Spreadsheet

BAB Breakfast

Weighted Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 04/05/2018																
BAB Breakfast	Total	1														
Cold Cereal**0013	1 Bowl	1	103	0	166	1.72	4.84	88.6	449	4.99	*1	1.44	21.78	1.47	0.08	0.00
WW Toast**0020	1 Slice	1	122	0	185	1.59	0.83	7.1	169	0.01	*1	2.69	16.29	5.47	0.89	*0.00
Banana**0068	1 each	1	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
Juice(Carton)**0103	1 Carton	1	58	0	12	0.00	0.06	10.0	0	8.6	*N/A*	0.0	14.67	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average			473	8	494	5.93	6.07	410.8	1182	24.79	*15	13.23	88.81	8.52	1.84	*0.00
% of Calories											*12.6%	11.2%	75.0%	16.2%	3.5%	*0.0%
Nutrient Guideline			400-500		540											<10.00

Fri - 04/06/2018																
BAB Breakfast	Total	1														
UBR**1305	1 Each	1	250	5	220	6.39	0.71	32.7	9	0.0	*N/A*	4.0	44.0	6.0	2.00	0.00
BkfFreshFruitMix**0336	1/2 Cup	1	33	0	5	0.92	0.19	6.6	542	17.14	6	0.53	8.39	0.17	0.04	0.00
Juice(Carton)**0103	1 Carton	1	58	0	12	0.00	0.06	10.0	0	8.6	*N/A*	0.0	14.67	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average			442	13	368	7.31	1.05	349.3	1050	28.14	*6	12.53	80.06	7.42	2.79	0.00
% of Calories											*5.7%	11.3%	72.5%	15.1%	5.7%	0.0%
Nutrient Guideline			400-500		540											<10.00

Mon - 04/09/2018																
BAB Breakfast	Total	1														
Cold Cereal**0013	1 Bowl	1	103	0	166	1.72	4.84	88.6	449	4.99	*1	1.44	21.78	1.47	0.08	0.00
WW Toast**0020	1 Slice	1	122	0	185	1.59	0.83	7.1	169	0.01	*1	2.69	16.29	5.47	0.89	*0.00
Peaches**0437	1/2 Cup	1	68	0	6	1.63	0.45	3.8	443	3.01	17	0.56	18.22	0.04	0.00	0.00
Juice(Carton)**0103	1 Carton	1	58	0	12	0.00	0.06	10.0	0	8.6	*N/A*	0.0	14.67	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average			451	8	500	4.93	6.26	409.5	1561	19.00	*19	12.69	83.95	8.23	1.73	*0.00
% of Calories											*16.9%	11.3%	74.5%	16.4%	3.5%	*0.0%
Nutrient Guideline			400-500		540											<10.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 04/10/2018																
BAB Breakfast	Total	1														
Pillsbury Cherry Frudel**1960	1 each	1	210	0	290	2.00	1.08	*N/A*	*N/A*	*N/A*	*N/A*	5.01	37.05	6.01	1.50	0.00
Cantaloupe Chunks**0656	1/2 Cup	1	54	0	25	1.43	0.33	14.3	5369	58.26	12	1.33	12.95	0.3	0.08	0.00
Juice(Carton)**0103	1 Carton	1	58	0	12	0.00	0.06	10.0	0	8.6	*N/A*	0.0	14.67	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average % of Calories			423	8	458	3.43	1.56	*324.3	*5869	*69.26	*12 *11.8%	14.34 13.6%	77.67 73.5%	7.56 16.1%	2.33 5.0%	0.00 0.0%
Nutrient Guideline			400-500		540											<10.00

Wed - 04/11/2018																
BAB Breakfast	Total	1														
Bacon Scramble**1876	1 Ea	1	190	45	300	2.00	1.80	150.0	100	0.0	4	10.0	20.0	8.0	2.00	0.00
Applesauce**0356	1/2 Cup	1	87	0	3	1.53	0.15	3.8	8	2.17	19	0.2	22.31	0.22	0.04	0.00
Juice(Carton)**0103	1 Carton	1	58	0	12	0.00	0.06	10.0	0	8.6	*N/A*	0.0	14.67	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average % of Calories			435	53	445	3.53	2.10	463.8	608	13.17	*23 *20.9%	18.20 16.7%	69.98 64.3%	9.47 19.6%	2.79 5.8%	0.00 0.0%
Nutrient Guideline			400-500		540											<10.00

Thu - 04/12/2018																
BAB Breakfast	Total	1														
Pancakes w/Syrup**1188	2PC+2T	1	232	10	252	2.00	1.45	1.2	0	0.0	12	4.0	52.13	4.0	0.00	*0.00
Pineapple Chunks**0092	1/2 Cup	1	65	0	1	1.00	0.49	17.5	48	9.39	16	0.45	16.84	0.15	0.01	0.00
Juice(Carton)**0103	1 Carton	1	58	0	12	0.00	0.06	10.0	0	8.6	*N/A*	0.0	14.67	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average % of Calories			455	18	396	3.00	2.09	328.7	548	20.39	*28 *24.8%	12.45 10.9%	96.63 84.9%	5.40 10.7%	0.76 1.5%	*0.00 *0.0%
Nutrient Guideline			400-500		540											<10.00

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Fri - 04/13/2018																
BAB Breakfast	Total	1														
Yogurt**1777	1 Each	1	90	0	75	0.00	0.00	300.0	0	0.0	*N/A*	3.0	19.0	0.0	0.00	0.00
Granola Pack -1oz**1977	1 oz pack	1	121	0	76	2.03	0.73	20.2	30	0.0	6	3.04	20.25	3.54	0.00	0.00
Banana**0068	1 each	1	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
Juice(Carton)**0103	1 Carton	1	58	0	12	0.00	0.06	10.0	0	8.6	*N/A*	0.0	14.67	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average			460	8	294	4.65	1.14	635.3	595	19.79	*18	15.14	89.98	5.13	0.86	0.00
% of Calories											*16.0%	13.2%	78.3%	10.0%	1.7%	0.0%
Nutrient Guideline			400-500		540											<10.00

Mon - 04/16/2018																
BAB Breakfast	Total	1														
Pancake on Stick**0659	1 Each	1	198	25	307	2.97	1.78	19.8	20	0.0	4	6.94	16.84	9.91	2.48	0.00
Pineapple Chunks**0092	1/2 Cup	1	65	0	1	1.00	0.49	17.5	48	9.39	16	0.45	16.84	0.15	0.01	0.00
Juice(Carton)**0103	1 Carton	1	58	0	12	0.00	0.06	10.0	0	8.6	*N/A*	0.0	14.67	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average			422	32	451	3.97	2.42	347.3	567	20.39	*20	15.39	61.35	11.31	3.24	0.00
% of Calories											*18.8%	14.6%	58.2%	24.1%	6.9%	0.0%
Nutrient Guideline			400-500		540											<10.00

Tue - 04/17/2018																
BAB Breakfast	Total	1														
Egg&ChezEng Muf**1180	1 Each	1	242	129	592	3.02	2.04	207.7	310	0.0	*0	13.18	27.38	9.94	3.79	0.00
Fruit Cocktail**0419	1/2 Cup	1	69	0	7	1.20	0.35	7.2	250	2.28	17	0.48	17.95	0.08	0.01	0.00
Juice(Carton)**0103	1 Carton	1	58	0	12	0.00	0.06	10.0	0	8.6	*N/A*	0.0	14.67	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average			469	136	741	4.22	2.53	524.9	1060	13.28	*17	21.66	72.99	11.28	4.55	0.00
% of Calories											*14.3%	18.5%	62.3%	21.7%	8.7%	0.0%
Nutrient Guideline			400-500		540											<10.00

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Wed - 04/18/2018																
BAB Breakfast	Total	1														
Mini Waffle**1934	pouch	1	190	0	210	3.00	2.70	100.0	500	0.0	*N/A*	4.0	33.0	5.0	1.50	0.00
BkfFreshFruitMix**0336	1/2 Cup	1	33	0	5	0.92	0.19	6.6	542	17.14	6	0.53	8.39	0.17	0.04	0.00
Juice(Carton)**0103	1 Carton	1	58	0	12	0.00	0.06	10.0	0	8.6	*N/A*	0.0	14.67	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average			382	8	358	3.92	3.04	416.6	1542	28.14	*6	12.53	69.06	6.42	2.29	0.00
% of Calories											*6.6%	13.1%	72.4%	15.1%	5.4%	0.0%
Nutrient Guideline			400-500		540											<10.00

Thu - 04/19/2018																
BAB Breakfast	Total	1														
Cold Cereal**0013	1 Bowl	1	103	0	166	1.72	4.84	88.6	449	4.99	*1	1.44	21.78	1.47	0.08	0.00
WW Toast**0020	1 Slice	1	122	0	185	1.59	0.83	7.1	169	0.01	*1	2.69	16.29	5.47	0.89	*0.00
Orange Wedges**0600	1 orange	1	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
Juice(Carton)**0103	1 Carton	1	58	0	12	0.00	0.06	10.0	0	8.6	*N/A*	0.0	14.67	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average			429	8	493	5.61	5.91	444.1	1334	67.07	*11	13.03	77.02	8.31	1.74	*0.00
% of Calories											*10.7%	12.2%	71.9%	17.4%	3.7%	*0.0%
Nutrient Guideline			400-500		540											<10.00

Fri - 04/20/2018																
BAB Breakfast	Total	1														
BAB Bkfst Burrito**1847	1 Each	1	153	59	208	2.39	1.44	100.0	300	2.4	0	7.93	15.92	6.84	3.16	0.00
Banana**0068	1 Each	1	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
Juice(Carton)**0103	1 Carton	1	58	0	12	0.00	0.06	10.0	0	8.6	*N/A*	0.0	14.67	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Salsa**0651	2 Tbsp.	1	10	0	141	1.01	0.36	20.1	151	1.21	*N/A*	0.0	2.01	0.0	0.00	0.00
Weighted Daily Average			411	66	492	6.02	2.21	435.2	1016	23.39	*12	17.03	68.67	8.42	4.02	0.00
% of Calories											*12.0%	16.6%	66.8%	18.4%	8.8%	0.0%
Nutrient Guideline			400-500		540											<10.00

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Mon - 04/23/2018																
BAB Breakfast	Total	1														
Choice of Muffin**0480	1 Each	1	117	18	73	1.78	0.74	5.1	33	0.59	*N/A*	2.37	19.4	3.22	0.46	0.00
Yogurt**1777	1 Each	1	90	0	75	0.00	0.00	300.0	0	0.0	*N/A*	3.0	19.0	0.0	0.00	0.00
Fresh Strawberries**1875	1/2 cup	1	23	0	1	1.44	0.30	11.5	9	42.34	4	0.48	5.53	0.22	0.01	0.00
Juice(Carton)**0103	1 Carton	1	58	0	12	0.00	0.06	10.0	0	8.6	*N/A*	0.0	14.67	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average % of Calories			388	25	291	3.22	1.18	626.6	541	53.93	*4 *3.6%	13.85 14.3%	71.59 73.8%	4.69 10.9%	1.22 2.8%	0.00 0.0%
Nutrient Guideline			400-500		540											<10.00

Tue - 04/24/2018																
BAB Breakfast	Total	1														
Cold Cereal**0013	1 Bowl	1	103	0	166	1.72	4.84	88.6	449	4.99	*1	1.44	21.78	1.47	0.08	0.00
WW Toast**0020	1 Slice	1	122	0	185	1.59	0.83	7.1	169	0.01	*1	2.69	16.29	5.47	0.89	*0.00
Orange Wedges**0600	1 orange	1	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
Juice(Carton)**0103	1 Carton	1	58	0	12	0.00	0.06	10.0	0	8.6	*N/A*	0.0	14.67	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average % of Calories			429	8	493	5.61	5.91	444.1	1334	67.07	*11 *10.7%	13.03 12.2%	77.02 71.9%	8.31 17.4%	1.74 3.7%	*0.00 *0.0%
Nutrient Guideline			400-500		540											<10.00

Wed - 04/25/2018																
BAB Breakfast	Total	1														
Sausage Patty**0643	1 Patty	1	70	25	260	0.00	0.36	20.0	0	0.0	0	7.0	0.0	5.0	1.50	0.00
Biscuit**8257	1 Each	1	189	0	468	1.99	1.07	39.8	0	0.0	24	2.98	22.88	8.95	4.97	0.00
Applesauce**0356	1/2 Cup	1	87	0	3	1.53	0.15	3.8	8	2.17	19	0.2	22.31	0.22	0.04	0.00
Juice(Carton)**0103	1 Carton	1	58	0	12	0.00	0.06	10.0	0	8.6	*N/A*	0.0	14.67	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average % of Calories			504	32	873	3.52	1.74	373.6	508	13.17	*43 *33.8%	18.19 14.4%	72.86 57.8%	15.42 27.5%	7.26 13.0%	0.00 0.0%
Nutrient Guideline			400-500		540											<10.00

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Central Consolidated Schools

Apr 2, 2018 thru Apr 30, 2018

Base Menu Spreadsheet

BAB Breakfast

Weighted Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 04/26/2018																
BAB Breakfast	Total	1														
Pancakes w/Syrup**1188	2PC+2T	1	232	10	252	2.00	1.45	1.2	0	0.0	12	4.0	52.13	4.0	0.00	*0.00
Peaches**0437	1/2 Cup	1	68	0	6	1.63	0.45	3.8	443	3.01	17	0.56	18.22	0.04	0.00	0.00
Juice(Carton)**0103	1 Carton	1	58	0	12	0.00	0.06	10.0	0	8.6	*N/A*	0.0	14.67	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average			458	18	401	3.63	2.05	314.9	943	14.00	*29	12.56	98.01	5.29	0.75	*0.00
% of Calories											*25.4%	11.0%	85.6%	10.4%	1.5%	*0.0%
Nutrient Guideline			400-500		540											<10.00

Fri - 04/27/2018																
BAB Breakfast	Total	1														
Pillsbury Mini Cinnis**1966	1 each	1	240	0	300	2.00	1.44	40.0	0	0.0	*N/A*	4.99	39.95	7.99	2.00	0.00
Banana**0068	1 each	1	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
Juice(Carton)**0103	1 Carton	1	58	0	12	0.00	0.06	10.0	0	8.6	*N/A*	0.0	14.67	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average			488	8	443	4.62	1.85	355.0	565	19.79	*12	14.09	90.69	9.57	2.86	0.00
% of Calories											*10.1%	11.6%	74.3%	17.7%	5.3%	0.0%
Nutrient Guideline			400-500		540											<10.00

Mon - 04/30/2018																
BAB Breakfast	Total	1														
Oatmeal**1095	3/4 Cup	1	143	0	35	3.01	1.40	26.5	0	0.0	*8	4.8	27.19	1.96	0.35	*0.00
WW Toast**0020	1 Slice	1	122	0	185	1.59	0.83	7.1	169	0.01	*1	2.69	16.29	5.47	0.89	*0.00
Pears**0438	1/2 Cup	1	71	0	6	2.00	0.35	6.3	0	0.88	15	0.24	18.99	0.04	0.00	0.00
Juice(Carton)**0103	1 Carton	1	58	0	12	0.00	0.06	10.0	0	8.6	*N/A*	0.0	14.67	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average			495	8	368	6.60	2.73	349.8	669	11.89	*25	15.72	90.14	8.71	1.99	*0.00
% of Calories											*20.1%	12.7%	72.9%	15.9%	3.6%	*0.0%
Nutrient Guideline			400-500		540											<10.00

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Central Consolidated Schools

Apr 2, 2018 thru Apr 30, 2018

Base Menu Spreadsheet

BAB Breakfast

Weighted Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Average			446	33	473	4.72	2.82	*421.6	*1161	*27.87	*18 *36.0%	15.09 13.5%	79.89 71.7%	8.16 16.5%	2.49 5.0%	*0.00 *0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	446		400 - 500	100%				
Cholesterol (mg)	33							
Sodium 1 (mg)	473		540					
Sodium 2 (mg)	473		485					
Fiber (g)	4.72							
Iron (mg)	2.82							
Calcium (mg)	421.6				Missing			
Vitamin A (IU)	1161				Missing			
Sugars (g)	18	16.01%			Missing			
Vitamin C (mg)	27.87				Missing			
Protein (g)	15.09	13.54%						
Carbohydrate (g)	79.89	71.70%						
Total Fat (g)	8.16	16.48%						
Saturated Fat (g)	2.49	5.04%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%			Missing			

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