



April 2019 Elem. Breakfast After the Bell

Monday	Tuesday	Wednesday	Thursday	Friday
Apr--1 Oatmeal Whole Wheat Toast Diced Pears Juice Milk	Apr--2 French Toast Sticks w/Syrup Peaches Juice Milk	Apr--3 Cheese Omelet Flour Tortilla Honeydew Chunks Juice Milk Salsa	Apr--4 Cold Cereal Whole Wheat Toast Banana Juice Milk	Apr--5 Ultimate Breakfast Round Breakfast Fresh Fruit Mix Juice Milk
Apr--8 Cold Cereal Whole Wheat Toast Orange Wedges Juice Milk	Apr--9 Fruity Frudel Cantaloupe Chunks Juice Milk	Apr--10 Cheese Omelet Flour Tortilla Applesauce Juice Milk Salsa	Apr--11 Pancakes w/Syrup Pineapple Chunks Juice Milk	Apr--12 Yogurt Granola Banana Juice Milk
Apr--15 Pancake on a Stick Pineapple Chunks Juice Milk	Apr--16 Egg & Cheese English Muffin Fruit Cocktail Juice Milk	Apr--17 French Toast Sticks w/Syrup Breakfast Fresh Fruit Mix Juice Milk	Apr--18 Cold Cereal Whole Wheat Toast Peaches Juice Milk	Apr--19 Good Friday NO SCHOOL TODAY 
Apr--22 Choice of Muffin Yogurt Strawberries Juice Milk	Apr--23 Cold Cereal Whole Wheat Toast Orange Wedges Juice Milk	Apr--24 Sausage Patty Biscuit Applesauce Juice Milk	Apr--25 Pancakes w/Syrup Peaches Juice Milk	Apr--26 Mini Cinnis Banana Juice Milk
Apr--29 Oatmeal Whole Wheat Toast Diced Pears Juice Milk	Apr--30 French Toast Sticks w/Syrup Peaches Juice Milk		You are braver than you believe, stronger than you seem, and smarter than you think -Christopher Robin	



Central Consolidated School District

April 2019 Elementary School Lunch

Monday Apr--1	Tuesday Apr--2	Wednesday Apr--3	Thursday Apr--4	Friday Apr--5
Tangerine Chicken Brown Rice Steamed Broccoli Mandarin Oranges Fresh Veggies Ranch Dressing Sandwich Bag Lunch Milk	Ham & Cheese Sandwich Chicken Vegetable Soup Orange Wedges Fresh Veggies Ranch Dressing Power Box Pizza Milk	Alfredo Pasta Tossed Salad Breadstick Peaches Fresh Veggies Ranch Dressing Fruit & Yogurt Salad Milk	Hamburger Crinkle Cut Fries Chopped Lettuce & Tomato Apple Slices Fresh Veggies Ranch Dressing Sandwich Bag Lunch Milk	Pepperoni Pizza Italian Vegetables Pineapple Chunks Fresh Veggies Ranch Dressing Power Box Egg Chocolate Chip Cookie Milk
Apr--8 Crispy Drumsticks Baked Beans Cucumber Slices Wheat Roll Watermelon Wedges Fresh Veggies Ranch Dressing Sandwich Bag Lunch Milk	Apr--9 Macaroni & Cheese Green Beans Wheat Roll Strawberries Fresh Veggies Ranch Dressing Power Box Pizza Milk	Apr--10 Salisbury Steak Mashed Potatoes w/Gravy Mixed Vegetables Wheat Roll Sidekick Smoothie Fresh Veggies Ranch Dressing Fruit & Yogurt Salad Milk	Apr--11 Bean & Cheese Burrito Whole Kernel Corn Chopped Lettuce & Tomato Apple Slices Fresh Veggies Ranch Dressing Sandwich Bag Lunch Milk Salsa	Apr--12 Cheese Stuffed Sticks Tossed Salad Cantaloupe Chunks Fresh Veggies Ranch Dressing Power Box Egg Milk
Apr--15 Chicken Sandwich Sweet Potato Fries Chopped Lettuce & Tomato Pickles Applesauce Fresh Veggies Ranch Dressing Sandwich Bag Lunch Milk	Apr--16 Roast Turkey Mashed Potatoes w/Gravy Green Beans Peaches Wheat Roll Fresh Veggies Ranch Dressing Power Box Pizza Milk	Apr--17 Pork Riblet Sandwich Tater Tots Pineapple Chunks Fresh Veggies Ranch Dressing Fruit & Yogurt Salad Milk	Apr--18 Teriyaki Broccoli Florets Brown Rice Mandarin Oranges Fresh Veggies Ranch Dressing Sandwich Bag Lunch Milk	Apr--19 Good Friday NO SCHOOL TODAY 
Apr--22 Chicken Fajita Chopped Lettuce & Tomato Refried Beans Sidekick Smoothie Fresh Veggies Ranch Dressing Sandwich Bag Lunch Milk Salsa	Apr--23 Popcorn Chicken Mashed Potatoes w/Gravy Wheat Roll Peaches Jello w/Topping Fresh Veggies Ranch Dressing Power Box Pizza Milk	Apr--24 Corndog Crinkle Cut Fries Grape Cluster Fresh Veggies Ranch Dressing Fruit & Yogurt Salad Milk	Apr--25 Frito Pie Chopped Lettuce & Tomato Whole Kernel Corn Apple Slices Fresh Veggies Ranch Dressing Sandwich Bag Lunch Milk Salsa	Apr--26 Cheese Pizza Green Beans Watermelon Wedges Fresh Veggies Ranch Dressing Power Box Egg Milk
Apr--29 Tangerine Chicken Brown Rice Steamed Broccoli Mandarin Oranges Fresh Veggies Ranch Dressing Sandwich Bag Lunch Milk	Apr--30 Ham & Cheese Sandwich Chicken Vegetable Soup Orange Wedges Fresh Veggies Ranch Dressing Power Box Pizza Milk		 "Think left and think right and think low and think high. Oh, the thinks you can think up if only you try!" - Dr. Seuss	

MENU SUBJECT TO CHANGE DUE TO PRODUCT AVAILABILITY USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

April 3, 10 - Early Release : April 19 - Good Friday Holiday