



# April 2019 Middle School Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
Apr--1 Ultimate Breakfast Round Yogurt Breakfast Fresh Fruit Mix Juice Milk	Apr--2 Oatmeal Whole Wheat Toast w/Jelly Juice Milk	Apr--3 Biscuits & Gravy Orange Wedges Juice Milk	Apr--4 Cold Cereal Whole Wheat Toast w/Jelly Peaches Juice Milk	Apr--5 Mini Cinnis String Cheese Banana Juice Milk
Apr--8 French Toast Sticks w/Syrup Fruit Cocktail Juice Milk	Apr--9 Cold Cereal Whole Wheat Toast w/Jelly Fresh Apple Juice Milk	Apr--10 Cheese Omelet Flour Tortilla Applesauce Juice Milk Salsa	Apr--11 Yogurt Granola Cantaloupe Chunks Juice Milk	Apr--12 Breakfast Burrito "OR" Cold Cereal Graham Crackers Banana Juice Milk Salsa
Apr--15 Biscuits & Gravy Diced Pears Juice Milk	Apr--16 Cold Cereal Whole Wheat Toast w/Jelly Pineapple Chunks Juice Milk	Apr--17 Mini Waffle Breakfast Fresh Fruit Mix Juice Milk	Apr--18 Pancake on a Stick Banana Juice Milk	Apr--19 Good Friday NO SCHOOL TODAY 
Apr--22 Cold Cereal Whole Wheat Toast w/Jelly Applesauce Juice Milk	Apr--23 Egg & Cheese English Muffin Orange Wedges Juice Milk	Apr--24 Pancakes w/Syrup Strawberries Juice Milk	Apr--25 Choice of Muffin Yogurt Honeydew Chunks Juice Milk	Apr--26 Cheese Omelet Flour Tortilla Banana Juice Milk Salsa
Apr--29 Ultimate Breakfast Round Yogurt Breakfast Fresh Fruit Mix Juice Milk	Apr--30 Biscuits & Gravy Orange Wedges Juice Milk		<p><b>You are braver than you believe, stronger than you seem, and smarter than you think</b></p> <p>-Christopher Robin</p>	

# April 2019 Middle School Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Apr--1</b> Baked Chicken Mashed Potatoes w/Gravy Steamed Broccoli Wheat Roll Pineapple Chunks Fresh Veggies Milk Chicken Sandwich Pizza Fries Chef Salad	<b>Apr--2</b> Frito Pie Cornbread Chopped Lettuce & Tomato Whole Kernel Corn Watermelon Wedges Fresh Veggies Milk Burger or Deli Sandwich Fries Chicken & Fruit Salad	<b>Apr--3</b> BBQ Sandwich Tater Tots Cucumber Slices Grape Cluster Fresh Veggies Milk Chicken Sandwich Pizza Fruit & Yogurt Salad	<b>Apr--4</b> Green Chile Chicken Enchiladas Seasoned Pinto Beans Chopped Lettuce & Tomato Sidekick Smoothie Wheat Roll Fresh Veggies Milk Burger or Deli Sandwich Fries Crispy Chicken Salad	<b>Apr--5</b> Tangerine Chicken Brown Rice Oriental Blend Veggies Mandarin Oranges Fresh Veggies Milk Chicken Sandwich Pizza Fries Garden Salad
<b>Apr--8</b> Quesadilla Chopped Lettuce & Tomato Spicy Corn Salad Honeydew Chunks Fresh Veggies Milk Chicken Sandwich Pizza / Fries Chef Salad	<b>Apr--9</b> Spaghetti Tossed Salad Breadstick Peaches Fresh Veggies Milk Burger or Deli Sandwich Fries Chicken & Fruit Salad	<b>Apr--10</b> Chicken Bowl Wheat Roll Pineapple Chunks Fresh Veggies Milk Chicken Sandwich Pizza Fries Fruit & Yogurt Salad	<b>Apr--11</b> Pork Riblet Sandwich Cucumber Slices Sweet Potato Fries Strawberries Fresh Veggies Milk Burger or Deli Sandwich Crispy Chicken Salad	<b>Apr--12</b> Macaroni & Cheese Green Beans Wheat Roll Fresh Pear Fresh Veggies Milk Chicken Sandwich Pizza / Fries Garden Salad
<b>Apr--15</b> Alfredo Pasta Tossed Salad Breadstick Fresh Apple Fresh Veggies Milk Chicken Sandwich Pizza Fries Chef Salad	<b>Apr--16</b> Roast Turkey Mashed Potatoes w/Gravy Green Beans Wheat Roll Sidekick Smoothie Fresh Veggies Milk Burger or Deli Sandwich Fries Chicken & Fruit Salad	<b>Apr--17</b> Teriyaki Brown Rice Oriental Blend Veggies Mandarin Oranges Fresh Veggies Milk Chicken Sandwich Pizza Fries Fruit & Yogurt Salad	<b>Apr--18</b> Grilled Ham & Cheese Sandwich Chicken Vegetable Soup Cucumber Slices Fresh Pear Fresh Veggies Milk Burger or Deli Sandwich Fries Crispy Chicken Salad	<b>Apr--19</b> Good Friday NO SCHOOL TODAY 
<b>Apr--22</b> Popcorn Chicken Green Beans Mashed Potatoes w/Gravy Wheat Roll Grape Cluster Fresh Veggies Milk Chicken Sandwich Pizza Fries Chef Salad	<b>Apr--23</b> Fiesta Bowl Chopped Lettuce & Tomato Whole Kernel Corn Wheat Roll Strawberries Jello w/Topping Fresh Veggies Milk Burger or Deli Sandwich Fries Chicken & Fruit Salad	<b>Apr--24</b> Lasagna Tossed Salad Breadstick Orange Wedges Fresh Veggies Milk Chicken Sandwich Pizza Fries Fruit & Yogurt Salad	<b>Apr--25</b> Chicken Fajita Refried Beans Chopped Lettuce & Tomato Honeydew Chunks Fresh Veggies Milk Burger or Deli Sandwich Fries Crispy Chicken Salad	<b>Apr--26</b> Corndog Tater Tots Baked Beans Applesauce Fresh Veggies Milk Chicken Sandwich Pizza Garden Salad
<b>Apr--29</b> Salisbury Steak Mashed Potatoes w/Gravy Steamed Broccoli Wheat Roll Pineapple Chunks Fresh Veggies Milk Chicken Sandwich Pizza / Fries Chef Salad	<b>Apr--30</b> Frito Pie Cornbread Chopped Lettuce & Tomato Whole Kernel Corn Watermelon Wedges Fresh Veggies Milk Burger or Deli Sandwich Fries Chicken & Fruit Salad		 <p>                     "Think left and think right                      and think low and think high.                      Oh, the thinks you can think up                      if only you try!"                      - Dr. Seuss                 </p>	

