

Central Consolidated Schools

Dec 1, 2018 thru Dec 31, 2018

Base Menu Spreadsheet

Middle School Breakfast

Weighted Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 12/03/2018																
Middle School Breakfast Biscuits & Gravy**1186	Total 1 Ea. + 1/ 2 Cup	1	351	27	1024	2.00	1.32	73.5	0	0.0	*24	9.4	28.0	21.8	9.05	0.50
Pears**0438	1/2 Cup	1	71	0	6	2.00	0.35	6.3	0	0.88	15	0.24	18.99	0.04	0.00	0.00
Juice(Box)**2022	1 box	1	64	0	8	0.00	*0.00	20.0	0	60.0	15	0.0	16.2	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average % of Calories			587	34	1168	4.00	*1.76	399.8	500	63.28	*54 *36.8%	17.63 12.0%	76.19 51.9%	23.08 35.4%	9.80 15.0%	0.50 0.8%
Nutrient Guideline			400-550		600											<10.00

Tue - 12/04/2018																
Middle School Breakfast Cold Cereal**0013	Total 1 Bowl	1	103	0	166	1.72	4.84	88.6	449	4.99	*1	1.44	21.78	1.47	0.08	0.00
WW Toast w/Jelly**1767	1 Slice/1 Pkt.	1	159	0	185	1.59	1.01	17.1	219	0.61	*1	2.69	25.29	5.65	0.92	*0.00
Pineapple Chunks**0092	1/2 Cup	1	65	0	1	1.00	0.49	17.5	48	9.39	16	0.45	16.84	0.15	0.01	0.00
Juice(Box)**2022	1 box	1	64	0	8	0.00	*0.00	20.0	0	60.0	15	0.0	16.2	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average % of Calories			491	8	490	4.31	*6.42	443.2	1215	77.39	*33 *27.0%	12.58 10.3%	93.11 75.9%	8.52 15.6%	1.76 3.2%	*0.00 *0.0%
Nutrient Guideline			400-550		600											<10.00

Wed - 12/05/2018																
Middle School Breakfast Mini Waffle**1934	Total 1 pouch	1	190	0	210	3.00	2.70	100.0	500	0.0	*N/A*	4.0	33.0	5.0	1.50	0.00
BkfFreshFruitMix**0336	1/2 Cup	1	33	0	5	0.92	0.19	6.6	542	17.14	6	0.53	8.39	0.17	0.04	0.00
Juice(Box)**2022	1 box	1	64	0	8	0.00	*0.00	20.0	0	60.0	15	0.0	16.2	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average % of Calories			387	8	353	3.92	*2.98	426.6	1542	79.54	*21 *21.8%	12.53 12.9%	70.59 72.9%	6.42 14.9%	2.29 5.3%	0.00 0.0%
Nutrient Guideline			400-550		600											<10.00

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Base Menu Spreadsheet

Middle School Breakfast

Weighted Values - Detailed

Page 2

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 12/06/2018																
Middle School Breakfast	Total	1														
Hard Boiled Eggs**0370	1 Egg	1	78	187	62	0.00	0.60	25.0	260	0.0	1	6.29	0.56	5.31	1.63	*N/A*
Choice of Muffin**0480	1 Each	1	237	22	227	0.00	1.32	240.1	0	0.0	18	4.0	39.69	7.34	1.00	0.00
Fruit Cocktail**0419	1/2 Cup	1	69	0	7	1.20	0.35	7.2	250	2.28	17	0.48	17.95	0.08	0.01	0.00
Juice(Box)**2022	1 box	1	64	0	8	0.00	*0.00	20.0	0	60.0	15	0.0	16.2	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average			547	216	434	1.20	*2.35	592.3	1010	64.68	*50	18.77	87.40	13.98	3.40	*0.00
% of Calories											*36.4%	13.7%	63.9%	23.0%	5.6%	*0.0%
Nutrient Guideline			400-550		600										<10.00	

Fri - 12/07/2018																
Middle School Breakfast	Total	1														
Pancake on Stick**0659	1 Each	1	198	25	307	2.97	1.78	19.8	20	0.0	4	6.94	16.84	9.91	2.48	0.00
Banana**0068	1 each	1	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
Juice(Box)**2022	1 box	1	64	0	8	0.00	*0.00	20.0	0	60.0	15	0.0	16.2	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average			452	32	446	5.60	*2.14	344.9	584	71.19	*31	16.04	69.11	11.49	3.34	0.00
% of Calories											*27.5%	14.2%	61.2%	22.9%	6.6%	0.0%
Nutrient Guideline			400-550		600										<10.00	

Mon - 12/10/2018																
Middle School Breakfast	Total	1														
Cold Cereal**0013	1 Bowl	1	103	0	166	1.72	4.84	88.6	449	4.99	*1	1.44	21.78	1.47	0.08	0.00
WW Toast w/Jelly**1767	1 Slice/1 Pkt.	1	159	0	185	1.59	1.01	17.1	219	0.61	*1	2.69	25.29	5.65	0.92	*0.00
Applesauce**0356	1/2 Cup	1	87	0	3	1.53	0.15	3.8	8	2.17	19	0.2	22.31	0.22	0.04	0.00
Juice(Box)**2022	1 box	1	64	0	8	0.00	*0.00	20.0	0	60.0	15	0.0	16.2	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average			512	8	491	4.83	*6.08	429.5	1175	70.17	*36	12.33	98.58	8.59	1.79	*0.00
% of Calories											*28.1%	9.6%	77.0%	15.1%	3.1%	*0.0%
Nutrient Guideline			400-550		600										<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 12/11/2018																
Middle School Breakfast	Total	1														
Scrambled Eggs-M**1894	3 Oz.	1	267	693	480	0.00	2.88	101.3	864	0.0	*N/A*	18.67	2.67	18.67	5.33	0.00
Sausage Patty**0643	1 Patty	1	70	25	260	0.00	0.36	20.0	0	0.0	0	7.0	0.0	5.0	1.50	0.00
WW Toast w/Jelly**1767	1oz sl /1 Pk	1	159	0	185	1.59	1.01	17.1	219	0.61	*1	2.69	25.29	5.65	0.92	*0.00
Orange Wedges**0600	1 orange	1	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
Juice(Box)**2022	1 box	1	64	0	8	0.00	*0.00	20.0	0	60.0	15	0.0	16.2	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average % of Calories			704	726	1063	3.89	*4.43	496.8	1799	114.08	*25 *14.3%	37.26 21.2%	68.43 38.9%	30.68 39.2%	8.51 10.9%	*0.00 *0.0%
Nutrient Guideline			400-550		600										<10.00	

Wed - 12/12/2018																
Middle School Breakfast	Total	1														
Pancakes w/Syrup**1188	2PC+2T	1	232	10	252	2.00	1.45	1.2	0	0.0	12	4.0	52.13	4.0	0.00	*0.00
Fresh Strawberries**1875	1/2 cup	1	23	0	1	1.44	0.30	11.5	9	42.34	4	0.48	5.53	0.22	0.01	0.00
Juice(Box)**2022	1 box	1	64	0	8	0.00	*0.00	20.0	0	60.0	15	0.0	16.2	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average % of Calories			419	18	391	3.44	*1.84	332.7	509	104.74	*31 *29.4%	12.48 11.9%	86.86 82.9%	5.47 11.7%	0.76 1.6%	*0.00 *0.0%
Nutrient Guideline			400-550		600										<10.00	

Thu - 12/13/2018																
Middle School Breakfast	Total	1														
Choice of Muffin**0480	1 Each	1	237	22	227	0.00	1.32	240.1	0	0.0	18	4.0	39.69	7.34	1.00	0.00
Yogurt**1777	1 Each	1	90	0	75	0.00	0.00	300.0	0	0.0	*N/A*	3.0	19.0	0.0	0.00	0.00
Honeydew Chunks**0662	1/2 Cup	1	31	0	16	0.70	0.15	5.2	44	15.72	7	0.47	7.94	0.12	0.03	0.00
Juice(Box)**2022	1 box	1	64	0	8	0.00	*0.00	20.0	0	60.0	15	0.0	16.2	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00

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Weighted Daily Average % of Calories			522	29	456	0.70	*1.56	865.4	544	78.12	*40 *30.3%	15.47 11.9%	95.83 73.4%	8.71 15.0%	1.78 3.1%	0.00 0.0%
Nutrient Guideline			400-550		600											<10.00

Fri - 12/14/2018																
Middle School Breakfast	Total	1														
Cheese Omelet**1176	1 Each	1	110	195	210	0.00	0.66	84.0	374	0.0	0	8.0	1.0	8.0	3.00	0.00
Flour Tortilla-6***1051	1 Each	1	80	0	115	1.50	0.90	50.0	0	0.0	*N/A*	2.5	14.5	1.75	0.75	0.00
Banana**0068	1 each	1	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
Juice(Box)**2022	1 box	1	64	0	8	0.00	*0.00	20.0	0	60.0	15	0.0	16.2	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Salsa**0651	2 Tbsp.	1	10	0	141	1.01	0.36	20.1	151	1.21	*N/A*	0.0	2.01	0.0	0.00	0.00
Weighted Daily Average % of Calories			454	203	605	5.13	*2.27	479.2	1090	72.39	*27 *23.9%	19.60 17.3%	69.78 61.5%	11.33 22.5%	4.61 9.1%	0.00 0.0%
Nutrient Guideline			400-550		600											<10.00

Mon - 12/17/2018																
Middle School Breakfast	Total	1														
UBR**1305	1 Each	1	250	5	220	6.39	0.71	32.7	9	0.0	*N/A*	4.0	44.0	6.0	2.00	0.00
Yogurt**1777	1 Each	1	90	0	75	0.00	0.00	300.0	0	0.0	*N/A*	3.0	19.0	0.0	0.00	0.00
BkfFreshFruitMix**0336	1/2 Cup	1	33	0	5	0.92	0.19	6.6	542	17.14	6	0.53	8.39	0.17	0.04	0.00
Juice(Box)**2022	1 box	1	64	0	8	0.00	*0.00	20.0	0	60.0	15	0.0	16.2	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average % of Calories			537	13	438	7.31	*0.99	659.3	1050	79.54	*21 *15.7%	15.53 11.6%	100.59 74.9%	7.42 12.4%	2.79 4.7%	0.00 0.0%
Nutrient Guideline			400-550		600											<10.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 12/18/2018																
Middle School Breakfast Biscuits & Gravy**1186	Total 1 Ea. + 1/2 Cup	1	351	27	1024	2.00	1.32	73.5	0	0.0	*24	9.4	28.0	21.8	9.05	0.50
Orange Wedges**0600	1 orange	1	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
Juice(Box)**2022	1 box	1	64	0	8	0.00	*0.00	20.0	0	60.0	15	0.0	16.2	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average % of Calories			561	34	1162	4.30	*1.51	431.9	716	113.47	*48 *34.1%	18.30 13.1%	68.48 48.9%	23.16 37.2%	9.81 15.8%	0.50 0.8%
Nutrient Guideline			400-550		600											<10.00

Wed - 12/19/2018																
Middle School Breakfast Oatmeal**1095	Total 3/4 Cup	1	143	0	35	3.01	1.40	26.5	0	0.0	*8	4.8	27.19	1.96	0.35	*0.00
WW Toast w/Jelly**1767	1 Slice/1 Pkt.	1	159	0	185	1.59	1.01	17.1	219	0.61	*1	2.69	25.29	5.65	0.92	*0.00
Applesauce**0356	1/2 Cup	1	87	0	3	1.53	0.15	3.8	8	2.17	19	0.2	22.31	0.22	0.04	0.00
Juice(Box)**2022	1 box	1	64	0	8	0.00	*0.00	20.0	0	60.0	15	0.0	16.2	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average % of Calories			552	8	360	6.12	*2.65	367.4	726	65.18	*43 *31.3%	15.69 11.4%	103.99 75.3%	9.07 14.8%	2.05 3.3%	*0.00 *0.0%
Nutrient Guideline			400-550		600											<10.00

Thu - 12/20/2018																
Middle School Breakfast Cold Cereal**0013	Total 1 Bowl	1	103	0	166	1.72	4.84	88.6	449	4.99	*1	1.44	21.78	1.47	0.08	0.00
WW Toast w/Jelly**1767	1 Slice/1 Pkt.	1	159	0	185	1.59	1.01	17.1	219	0.61	*1	2.69	25.29	5.65	0.92	*0.00
Peaches**0437	1/2 Cup	1	68	0	6	1.63	0.45	3.8	443	3.01	17	0.56	18.22	0.04	0.00	0.00
Juice(Box)**2022	1 box	1	64	0	8	0.00	*0.00	20.0	0	60.0	15	0.0	16.2	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00

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Weighted Daily Average % of Calories			493	8	495	4.93	*6.38	429.5	1611	71.00	*34 *27.5%	12.69 10.3%	94.49 76.6%	8.41 15.3%	1.75 3.2%	*0.00 *0.0%
Nutrient Guideline			400-550		600											<10.00

Fri - 12/21/2018																	
Middle School Breakfast	Total	1															
Pillsbury Mini Cinnis**1966	1 each	1	240	0	300	2.00	1.44	40.0	0	0.0	*N/A*	4.99	39.95	7.99	2.00	0.00	
Banana**0068	1 Each	1	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00	
Juice(Box)**2022	1 box	1	64	0	8	0.00	*0.00	20.0	0	60.0	15	0.0	16.2	0.0	0.00	0.00	
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00	
Weighted Daily Average % of Calories			494	8	439	4.62	*1.79	365.0	565	71.19	*27 *22.0%	14.09 11.4%	92.22 74.7%	9.57 17.5%	2.86 5.2%	0.00 0.0%	
Nutrient Guideline			400-550		600											<10.00	

Mon - 12/24/2018																	
Middle School Breakfast	Total	1															
Winter Break	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
NO SCHOOL TODAY	No School	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00	
Weighted Daily Average % of Calories			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00	
Nutrient Guideline			400-550		600											<10.00	

Tue - 12/25/2018																	
Middle School Breakfast	Total	1															
Winter Break	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
NO SCHOOL TODAY	No School	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00	
Weighted Daily Average % of Calories			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00	
Nutrient Guideline			400-550		600											<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
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Central Consolidated Schools

Dec 1, 2018 thru Dec 31, 2018

Base Menu Spreadsheet

Middle School Breakfast

Weighted Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 12/26/2018																
Middle School Breakfast	Total	1														
Winter Break	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
NO SCHOOL TODAY	No School	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			400-550		600											<10.00

Thu - 12/27/2018																
Middle School Breakfast	Total	1														
Winter Break	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
NO SCHOOL TODAY	No School	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			400-550		600											<10.00

Fri - 12/28/2018																
Middle School Breakfast	Total	1														
Winter Break	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
NO SCHOOL TODAY	No School	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			400-550		600											<10.00

Mon - 12/31/2018																
Middle School Breakfast	Total	1														
Winter Break	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
NO SCHOOL TODAY	No School	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			400-550		600											<10.00

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Central Consolidated Schools

Dec 1, 2018 thru Dec 31, 2018

Base Menu Spreadsheet

Middle School Breakfast

Weighted Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Average			514	90	586	4.29	*3.01	470.9	976	79.73	*35 *60.8%	16.73 13.0%	85.04 66.2%	12.39 21.7%	3.82 6.7%	*0.07 *0.1%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	514		400 - 550	100%				
Cholesterol (mg)	90							
Sodium 1 (mg)	586		600					
Sodium 2 (mg)	586		535				51	Correction Required - Sodium too High
Fiber (g)	4.29							
Iron (mg)	3.01				Missing			
Calcium (mg)	470.9							
Vitamin A (IU)	976							
Sugars (g)	35	27.01%			Missing			
Vitamin C (mg)	79.73							
Protein (g)	16.73	13.02%						
Carbohydrate (g)	85.04	66.16%						
Total Fat (g)	12.39	21.69%						
Saturated Fat (g)	3.82	6.69%	<10.00%					
Trans Fat ¹ (g)	0.07	0.12%			Missing			

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