

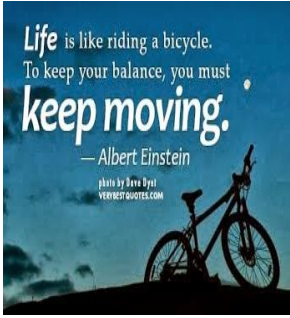




# February 2019 Middle School Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
				Feb--1 Mini Cinnis String Cheese Banana Juice Milk
Feb--4 French Toast Sticks w/Syrup Fruit Cocktail Juice Milk	Feb--5 Mid Parent Teacher Conference NO SCHOOL TODAY  <b>welcome</b>	Feb--6 Bacon Scramble Applesauce Juice Milk	Feb--7 Yogurt Granola Cantaloupe Chunks Juice Milk	Feb--8 Breakfast Burrito "OR" Cold Cereal Graham Crackers Banana Juice Milk Salsa
Feb--11 Biscuits & Gravy Diced Pears Juice Milk	Feb--12 Cold Cereal Whole Wheat Toast w/Jelly Pineapple Chunks Juice Milk	Feb--13 Scrambled Eggs Choice of Muffin Fruit Cocktail Juice Milk	Feb--14 Mini Waffle Breakfast Fresh Fruit Mix Juice Milk	Feb--15 Pancake on a Stick Banana Juice Milk
Feb--18 President's Day NO SCHOOL DAY  	Feb--19 Egg & Cheese English Muffin Orange Wedges Juice Milk	Feb--20 Pancakes w/Syrup Strawberries Juice Milk	Feb--21 Cold Cereal Whole Wheat Toast w/Jelly Applesauce Juice Milk	Feb--22 Cheese Omelet Flour Tortilla Banana Juice Milk Salsa
Feb--25 Ultimate Breakfast Round Yogurt Breakfast Fresh Fruit Mix Juice Milk	Feb--26 Biscuits & Gravy Orange Wedges Juice Milk	Feb--27 Oatmeal Whole Wheat Toast w/Jelly Applesauce Juice Milk	Feb--28 Cold Cereal Whole Wheat Toast w/Jelly Peaches Juice Milk	



# February 2019 Middle School Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
		<i>Happy Valentine's Day</i>		Feb--1 Teriyaki Brown Rice Oriental Blend Veggies Mandarin Oranges Fresh Veggies Milk Chicken Sandwich Pizza / Fries Garden Salad
Feb--4 Bean & Cheese Burrito Chopped Lettuce & Tomato Spicy Corn Salad Honeydew Chunks Fresh Veggies Milk Chicken Sandwich Pizza Fries Chef Salad	Feb--5 Mid Parent Teacher Conference NO SCHOOL TODAY 	Feb--6 Chicken Bowl Wheat Roll Pineapple Chunks Fresh Veggies Milk Chicken Sandwich Pizza Fries Fruit & Yogurt Salad	Feb--7 Pork Riblet Sandwich Cucumber Slices Sweet Potato Fries Strawberries Fresh Veggies Milk Burger or Deli Sandwich Crispy Chicken Salad	Feb--8 Spaghetti Tossed Salad Breadstick Peaches Fresh Veggies Milk Chicken Sandwich Pizza Fries Garden Salad
Feb--11 BBQ Sandwich Tater Tots Coleslaw Fresh Pear Fresh Veggies Milk Chicken Sandwich Pizza Chef Salad	Feb--12 Crunchy Tacos Spanish Rice Refried Beans Chopped Lettuce & Tomato Grape Cluster Fresh Veggies Milk Burger or Deli Sandwich Fries Chicken & Fruit Salad	Feb--13 Alfredo Pasta Tossed Salad Breadstick Fresh Apple Fresh Veggies Milk Chicken Sandwich Pizza Fries Fruit & Yogurt Salad	Feb--14 Roast Turkey Mashed Potatoes w/Gravy Green Beans Wheat Roll Sidekick Smoothie Fresh Veggies Milk Burger or Deli Sandwich Fries Crispy Chicken Salad	Feb--15 Fiesta Bowl Chopped Lettuce & Tomato Whole Kernel Corn Watermelon Wedges Fresh Veggies Milk Chicken Sandwich Pizza Fries Garden Salad
Feb--18 President's Day NO SCHOOL TODAY 	Feb--19 Popcorn Chicken Green Beans Mashed Potatoes w/Gravy Wheat Roll Grape Cluster Fresh Veggies Milk Burger or Deli Sandwich Fries Chicken & Fruit Salad	Feb--20 Lasagna Tossed Salad Breadstick Orange Wedges Fresh Veggies Milk Chicken Sandwich Pizza Fries Fruit & Yogurt Salad	Feb--21 Chicken Fajita Refried Beans Chopped Lettuce & Tomato Honeydew Chunks Fresh Veggies Milk Burger or Deli Sandwich Fries Crispy Chicken Salad	Feb--22 Corndog Tater Tots Baked Beans Applesauce Fresh Veggies Milk Chicken Sandwich Pizza Garden Salad
Feb--25 Crispy Chicken Filet Mashed Potatoes w/Gravy Steamed Broccoli Wheat Roll Pineapple Chunks Fresh Veggies Milk Chicken Sandwich Pizza Fries Chef Salad	Feb--26 Frito Pie Cornbread Chopped Lettuce & Tomato Whole Kernel Corn Fresh Apple Fresh Veggies Milk Burger or Deli Sandwich Fries Chicken & Fruit Salad	Feb--27 Philly Cheese Steak Sandwich Tater Tots Cucumber Slices Grape Cluster Fresh Veggies Milk Chicken Sandwich Pizza Fruit & Yogurt Salad	Feb--28 Green Chile Chicken Enchiladas Seasoned Pinto Beans Chopped Lettuce & Tomato Sidekick Smoothie Wheat Roll Fresh Veggies Milk Burger or Deli Sandwich Fries Crispy Chicken Salad	