

# Central Consolidated Schools

Jan 1, 2018 thru Jan 31, 2018

## Base Menu Spreadsheet

High School Breakfast

### Weighted Values - Detailed

|                        | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calc (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|-----------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Mon - 01/01/2018       |              |           |             |             |           |           |           |           |            |            |            |           |          |           |           |                         |
| High School Breakfast  | Total        | 1         |             |             |           |           |           |           |            |            |            |           |          |           |           |                         |
| HOLIDAY                | SERVING      | 1         | 0           | 0           | 0         | 0.00      | 0.00      | 0.0       | 0          | 0.0        | 0          | 0.0       | 0.0      | 0.0       | 0.00      | 0.00                    |
| NO SCHOOL TODAY        | No School    | 1         | 0           | 0           | 0         | 0.00      | 0.00      | 0.0       | 0          | 0.0        | 0          | 0.0       | 0.0      | 0.0       | 0.00      | 0.00                    |
| Weighted Daily Average |              |           | 0           | 0           | 0         | 0.00      | 0.00      | 0.0       | 0          | 0.00       | 0          | 0.00      | 0.00     | 0.00      | 0.00      | 0.00                    |
| % of Calories          |              |           |             |             |           |           |           |           |            |            | 0.0%       | 0.0%      | 0.0%     | 0.0%      | 0.0%      | 0.0%                    |
| Nutrient Guideline     |              |           | 450-600     |             | 640       |           |           |           |            |            |            |           |          |           |           | <10.00                  |

|                        |           |   |         |   |     |      |      |     |   |      |      |      |      |      |      |        |
|------------------------|-----------|---|---------|---|-----|------|------|-----|---|------|------|------|------|------|------|--------|
| Tue - 01/02/2018       |           |   |         |   |     |      |      |     |   |      |      |      |      |      |      |        |
| High School Breakfast  | Total     | 1 |         |   |     |      |      |     |   |      |      |      |      |      |      |        |
| HOLIDAY                | SERVING   | 1 | 0       | 0 | 0   | 0.00 | 0.00 | 0.0 | 0 | 0.0  | 0    | 0.0  | 0.0  | 0.0  | 0.00 | 0.00   |
| NO SCHOOL TODAY        | No School | 1 | 0       | 0 | 0   | 0.00 | 0.00 | 0.0 | 0 | 0.0  | 0    | 0.0  | 0.0  | 0.0  | 0.00 | 0.00   |
| Weighted Daily Average |           |   | 0       | 0 | 0   | 0.00 | 0.00 | 0.0 | 0 | 0.00 | 0    | 0.00 | 0.00 | 0.00 | 0.00 | 0.00   |
| % of Calories          |           |   |         |   |     |      |      |     |   |      | 0.0% | 0.0% | 0.0% | 0.0% | 0.0% | 0.0%   |
| Nutrient Guideline     |           |   | 450-600 |   | 640 |      |      |     |   |      |      |      |      |      |      | <10.00 |

|                        |           |   |         |   |     |      |      |     |   |      |      |      |      |      |      |        |
|------------------------|-----------|---|---------|---|-----|------|------|-----|---|------|------|------|------|------|------|--------|
| Wed - 01/03/2018       |           |   |         |   |     |      |      |     |   |      |      |      |      |      |      |        |
| High School Breakfast  | Total     | 1 |         |   |     |      |      |     |   |      |      |      |      |      |      |        |
| HOLIDAY                | SERVING   | 1 | 0       | 0 | 0   | 0.00 | 0.00 | 0.0 | 0 | 0.0  | 0    | 0.0  | 0.0  | 0.0  | 0.00 | 0.00   |
| NO SCHOOL TODAY        | No School | 1 | 0       | 0 | 0   | 0.00 | 0.00 | 0.0 | 0 | 0.0  | 0    | 0.0  | 0.0  | 0.0  | 0.00 | 0.00   |
| Weighted Daily Average |           |   | 0       | 0 | 0   | 0.00 | 0.00 | 0.0 | 0 | 0.00 | 0    | 0.00 | 0.00 | 0.00 | 0.00 | 0.00   |
| % of Calories          |           |   |         |   |     |      |      |     |   |      | 0.0% | 0.0% | 0.0% | 0.0% | 0.0% | 0.0%   |
| Nutrient Guideline     |           |   | 450-600 |   | 640 |      |      |     |   |      |      |      |      |      |      | <10.00 |

|                        |           |   |         |   |     |      |      |     |   |      |      |      |      |      |      |        |
|------------------------|-----------|---|---------|---|-----|------|------|-----|---|------|------|------|------|------|------|--------|
| Thu - 01/04/2018       |           |   |         |   |     |      |      |     |   |      |      |      |      |      |      |        |
| High School Breakfast  | Total     | 1 |         |   |     |      |      |     |   |      |      |      |      |      |      |        |
| HOLIDAY                | SERVING   | 1 | 0       | 0 | 0   | 0.00 | 0.00 | 0.0 | 0 | 0.0  | 0    | 0.0  | 0.0  | 0.0  | 0.00 | 0.00   |
| NO SCHOOL TODAY        | No School | 1 | 0       | 0 | 0   | 0.00 | 0.00 | 0.0 | 0 | 0.0  | 0    | 0.0  | 0.0  | 0.0  | 0.00 | 0.00   |
| Weighted Daily Average |           |   | 0       | 0 | 0   | 0.00 | 0.00 | 0.0 | 0 | 0.00 | 0    | 0.00 | 0.00 | 0.00 | 0.00 | 0.00   |
| % of Calories          |           |   |         |   |     |      |      |     |   |      | 0.0% | 0.0% | 0.0% | 0.0% | 0.0% | 0.0%   |
| Nutrient Guideline     |           |   | 450-600 |   | 640 |      |      |     |   |      |      |      |      |      |      | <10.00 |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Jan 1, 2018 thru Jan 31, 2018

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High School Breakfast

### Weighted Values - Detailed

|                        | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Fri - 01/05/2018       |              |           |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| High School Breakfast  | Total        | 1         |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| HOLIDAY                | SERVING      | 1         | 0           | 0           | 0         | 0.00      | 0.00      | 0.0        | 0          | 0.0        | 0          | 0.0       | 0.0      | 0.0       | 0.00      | 0.00                    |
| NO SCHOOL TODAY        | No School    | 1         | 0           | 0           | 0         | 0.00      | 0.00      | 0.0        | 0          | 0.0        | 0          | 0.0       | 0.0      | 0.0       | 0.00      | 0.00                    |
| Weighted Daily Average |              |           | 0           | 0           | 0         | 0.00      | 0.00      | 0.0        | 0          | 0.00       | 0          | 0.00      | 0.00     | 0.00      | 0.00      | 0.00                    |
| % of Calories          |              |           |             |             |           |           |           |            |            |            | 0.0%       | 0.0%      | 0.0%     | 0.0%      | 0.0%      | 0.0%                    |
| Nutrient Guideline     |              |           | 450-600     |             | 640       |           |           |            |            |            |            |           |          |           |           | <10.00                  |

|                          |           |   |         |   |     |      |      |     |   |      |      |      |      |      |      |        |
|--------------------------|-----------|---|---------|---|-----|------|------|-----|---|------|------|------|------|------|------|--------|
| Mon - 01/08/2018         |           |   |         |   |     |      |      |     |   |      |      |      |      |      |      |        |
| High School Breakfast    | Total     | 1 |         |   |     |      |      |     |   |      |      |      |      |      |      |        |
| Professional Day-WorkDay | 1         | 1 | 0       | 0 | 0   | 0.00 | 0.00 | 0.0 | 0 | 0.0  | 0    | 0.0  | 0.0  | 0.0  | 0.00 | 0.00   |
| NO SCHOOL TODAY          | No School | 1 | 0       | 0 | 0   | 0.00 | 0.00 | 0.0 | 0 | 0.0  | 0    | 0.0  | 0.0  | 0.0  | 0.00 | 0.00   |
| Weighted Daily Average   |           |   | 0       | 0 | 0   | 0.00 | 0.00 | 0.0 | 0 | 0.00 | 0    | 0.00 | 0.00 | 0.00 | 0.00 | 0.00   |
| % of Calories            |           |   |         |   |     |      |      |     |   |      | 0.0% | 0.0% | 0.0% | 0.0% | 0.0% | 0.0%   |
| Nutrient Guideline       |           |   | 450-600 |   | 640 |      |      |     |   |      |      |      |      |      |      | <10.00 |

|                         |                |   |         |     |     |      |      |       |     |       |        |       |       |       |      |        |
|-------------------------|----------------|---|---------|-----|-----|------|------|-------|-----|-------|--------|-------|-------|-------|------|--------|
| Tue - 01/09/2018        |                |   |         |     |     |      |      |       |     |       |        |       |       |       |      |        |
| High School Breakfast   | Total          | 1 |         |     |     |      |      |       |     |       |        |       |       |       |      |        |
| FrenchToastSticks**0207 | 3 Ea. + 2 Tbsp | 1 | 262     | 115 | 342 | 3.00 | 1.81 | 81.2  | 200 | 3.6   | 13     | 9.0   | 50.13 | 4.0   | 1.00 | *0.00  |
| Sausage Patty**0643     | 1 Patty        | 1 | 70      | 25  | 260 | 0.00 | 0.36 | 20.0  | 0   | 0.0   | 0      | 7.0   | 0.0   | 5.0   | 1.50 | 0.00   |
| Fruit Cocktail**0419    | 1/2 Cup        | 1 | 69      | 0   | 7   | 1.20 | 0.35 | 7.2   | 250 | 2.28  | 17     | 0.48  | 17.95 | 0.08  | 0.01 | 0.00   |
| Juice(Carton)**0103     | 1 Carton       | 1 | 58      | 0   | 12  | 0.00 | 0.06 | 10.0  | 0   | 8.6   | *N/A*  | 0.0   | 14.67 | 0.0   | 0.00 | 0.00   |
| Milk-Variety**0489      | 1 Carton       | 1 | 100     | 8   | 130 | 0.00 | 0.09 | 300.0 | 500 | 2.4   | *N/A*  | 8.0   | 13.0  | 1.25  | 0.75 | 0.00   |
| Weighted Daily Average  |                |   | 559     | 148 | 752 | 4.20 | 2.67 | 418.4 | 950 | 16.88 | *30    | 24.48 | 95.74 | 10.33 | 3.26 | *0.00  |
| % of Calories           |                |   |         |     |     |      |      |       |     |       | *21.6% | 17.5% | 68.5% | 16.6% | 5.3% | *0.0%  |
| Nutrient Guideline      |                |   | 450-600 |     | 640 |      |      |       |     |       |        |       |       |       |      | <10.00 |

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\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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High School Breakfast

### Weighted Values - Detailed

|                        | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Wed - 01/10/2018       |              |           |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| High School Breakfast  | Total        | 1         |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| Bacon Scramble**1876   | 1 Ea         | 1         | 190         | 45          | 300       | 2.00      | 1.80      | 150.0      | 100        | 0.0        | 4          | 10.0      | 20.0     | 8.0       | 2.00      | 0.00                    |
| Applesauce**0356       | 1/2 Cup      | 1         | 87          | 0           | 3         | 1.53      | 0.15      | 3.8        | 8          | 2.17       | 19         | 0.2       | 22.31    | 0.22      | 0.04      | 0.00                    |
| Juice(Carton)**0103    | 1 Carton     | 1         | 58          | 0           | 12        | 0.00      | 0.06      | 10.0       | 0          | 8.6        | *N/A*      | 0.0       | 14.67    | 0.0       | 0.00      | 0.00                    |
| Milk-Variety**0489     | 1 Carton     | 1         | 100         | 8           | 130       | 0.00      | 0.09      | 300.0      | 500        | 2.4        | *N/A*      | 8.0       | 13.0     | 1.25      | 0.75      | 0.00                    |
| Weighted Daily Average |              |           | 435         | 53          | 445       | 3.53      | 2.10      | 463.8      | 608        | 13.17      | *23        | 18.20     | 69.98    | 9.47      | 2.79      | 0.00                    |
| % of Calories          |              |           |             |             |           |           |           |            |            |            | *20.9%     | 16.7%     | 64.3%    | 19.6%     | 5.8%      | 0.0%                    |
| Nutrient Guideline     |              |           | 450-600     |             | 640       |           |           |            |            |            |            |           |          |           |           | <10.00                  |

|                         |           |   |         |   |     |      |      |       |      |       |        |       |       |       |      |        |
|-------------------------|-----------|---|---------|---|-----|------|------|-------|------|-------|--------|-------|-------|-------|------|--------|
| Thu - 01/11/2018        |           |   |         |   |     |      |      |       |      |       |        |       |       |       |      |        |
| High School Breakfast   | Total     | 1 |         |   |     |      |      |       |      |       |        |       |       |       |      |        |
| Yogurt**1777            | 1 Each    | 1 | 90      | 0 | 75  | 0.00 | 0.00 | 300.0 | 0    | 0.0   | *N/A*  | 3.0   | 19.0  | 0.0   | 0.00 | 0.00   |
| Granola Pack -1oz**1977 | 1 oz pack | 1 | 121     | 0 | 76  | 2.03 | 0.73 | 20.2  | 30   | 0.0   | 6      | 3.04  | 20.25 | 3.54  | 0.00 | 0.00   |
| Cantaloupe Chunks**0656 | 1/2 Cup   | 1 | 54      | 0 | 25  | 1.43 | 0.33 | 14.3  | 5369 | 58.26 | 12     | 1.33  | 12.95 | 0.3   | 0.08 | 0.00   |
| Juice(Carton)**0103     | 1 Carton  | 1 | 58      | 0 | 12  | 0.00 | 0.06 | 10.0  | 0    | 8.6   | *N/A*  | 0.0   | 14.67 | 0.0   | 0.00 | 0.00   |
| Milk-Variety**0489      | 1 Carton  | 1 | 100     | 8 | 130 | 0.00 | 0.09 | 300.0 | 500  | 2.4   | *N/A*  | 8.0   | 13.0  | 1.25  | 0.75 | 0.00   |
| Weighted Daily Average  |           |   | 424     | 8 | 319 | 3.45 | 1.21 | 644.5 | 5900 | 69.26 | *19    | 15.37 | 79.87 | 5.09  | 0.83 | 0.00   |
| % of Calories           |           |   |         |   |     |      |      |       |      |       | *17.5% | 14.5% | 75.4% | 10.8% | 1.8% | 0.0%   |
| Nutrient Guideline      |           |   | 450-600 |   | 640 |      |      |       |      |       |        |       |       |       |      | <10.00 |

|                         |          |   |         |     |     |      |      |       |      |       |       |       |       |       |      |        |
|-------------------------|----------|---|---------|-----|-----|------|------|-------|------|-------|-------|-------|-------|-------|------|--------|
| Fri - 01/12/2018        |          |   |         |     |     |      |      |       |      |       |       |       |       |       |      |        |
| High School Breakfast   | Total    | 2 |         |     |     |      |      |       |      |       |       |       |       |       |      |        |
| Breakfast Burrito**5015 | 1 Ea.    | 1 | 234     | 270 | 492 | 1.97 | 2.19 | 274.5 | 623  | 3.8   | *0    | 12.83 | 19.5  | 11.74 | 4.13 | 0.00   |
| Cold Cereal**0013       | 1 Bowl   | 1 | 52      | 0   | 83  | 0.86 | 2.42 | 44.3  | 225  | 2.49  | *1    | 0.72  | 10.89 | 0.74  | 0.04 | 0.00   |
| Graham Crackers**0875   | 3 Ea.    | 1 | 45      | 0   | 48  | 0.50 | 0.36 | 50.0  | 250  | 0.0   | *N/A* | 0.5   | 8.0   | 1.25  | 0.25 | 0.00   |
| Banana**0068            | 1 Each   | 2 | 90      | 0   | 1   | 2.63 | 0.26 | 5.1   | 65   | 8.79  | 12    | 1.1   | 23.07 | 0.33  | 0.11 | 0.00   |
| Juice(Carton)**0103     | 1 Carton | 2 | 58      | 0   | 12  | 0.00 | 0.06 | 10.0  | 0    | 8.6   | *N/A* | 0.0   | 14.67 | 0.0   | 0.00 | 0.00   |
| Milk-Variety**0489      | 1 Carton | 2 | 100     | 8   | 130 | 0.00 | 0.09 | 300.0 | 500  | 2.4   | *N/A* | 8.0   | 13.0  | 1.25  | 0.75 | 0.00   |
| Salsa**0651             | 2 Tbsp.  | 1 | 5       | 0   | 70  | 0.50 | 0.18 | 10.1  | 76   | 0.6   | *N/A* | 0.0   | 1.01  | 0.0   | 0.00 | 0.00   |
| Weighted Daily Average  |          |   | 583     | 278 | 837 | 6.46 | 5.56 | 693.9 | 1738 | 26.69 | *13   | 23.15 | 90.13 | 15.30 | 5.29 | 0.00   |
| % of Calories           |          |   |         |     |     |      |      |       |      |       | *9.0% | 15.9% | 61.8% | 23.6% | 8.2% | 0.0%   |
| Nutrient Guideline      |          |   | 450-600 |     | 640 |      |      |       |      |       |       |       |       |       |      | <10.00 |

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### Weighted Values - Detailed

|                         | Portion Size    | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calc (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|-------------------------|-----------------|-----------|-------------|-------------|-----------|-----------|-----------|-----------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| <b>Mon - 01/15/2018</b> |                 |           |             |             |           |           |           |           |            |            |            |           |          |           |           |                         |
| High School Breakfast   | Total           | 1         |             |             |           |           |           |           |            |            |            |           |          |           |           |                         |
| Martin Luther King's BD | 1               | 1         | 0           | 0           | 0         | 0.00      | 0.00      | 0.0       | 0          | 0.0        | 0          | 0.0       | 0.0      | 0.0       | 0.00      | 0.00                    |
| NO SCHOOL TODAY         | No School       | 1         | 0           | 0           | 0         | 0.00      | 0.00      | 0.0       | 0          | 0.0        | 0          | 0.0       | 0.0      | 0.0       | 0.00      | 0.00                    |
| Weighted Daily Average  |                 |           | 0           | 0           | 0         | 0.00      | 0.00      | 0.0       | 0          | 0.00       | 0          | 0.00      | 0.00     | 0.00      | 0.00      | 0.00                    |
| % of Calories           |                 |           |             |             |           |           |           |           |            |            | 0.0%       | 0.0%      | 0.0%     | 0.0%      | 0.0%      | 0.0%                    |
| Nutrient Guideline      |                 |           | 450-600     |             | 640       |           |           |           |            |            |            |           |          |           |           | <10.00                  |
| <b>Tue - 01/16/2018</b> |                 |           |             |             |           |           |           |           |            |            |            |           |          |           |           |                         |
| High School Breakfast   | Total           | 1         |             |             |           |           |           |           |            |            |            |           |          |           |           |                         |
| Biscuits & Gravy**1186  | 1 Ea. + 1/2 Cup | 1         | 351         | 27          | 1024      | 2.00      | 1.32      | 73.5      | 0          | 0.0        | *24        | 9.4       | 28.0     | 21.8      | 9.05      | 0.50                    |
| Pears**0438             | 1/2 Cup         | 1         | 71          | 0           | 6         | 2.00      | 0.35      | 6.3       | 0          | 0.88       | 15         | 0.24      | 18.99    | 0.04      | 0.00      | 0.00                    |
| Juice(Carton)**0103     | 1 Carton        | 1         | 58          | 0           | 12        | 0.00      | 0.06      | 10.0      | 0          | 8.6        | *N/A*      | 0.0       | 14.67    | 0.0       | 0.00      | 0.00                    |
| Milk-Variety**0489      | 1 Carton        | 1         | 100         | 8           | 130       | 0.00      | 0.09      | 300.0     | 500        | 2.4        | *N/A*      | 8.0       | 13.0     | 1.25      | 0.75      | 0.00                    |
| Weighted Daily Average  |                 |           | 581         | 34          | 1172      | 4.00      | 1.82      | 389.8     | 500        | 11.88      | *39        | 17.63     | 74.66    | 23.08     | 9.80      | 0.50                    |
| % of Calories           |                 |           |             |             |           |           |           |           |            |            | *26.9%     | 12.1%     | 51.4%    | 35.7%     | 15.2%     | 0.8%                    |
| Nutrient Guideline      |                 |           | 450-600     |             | 640       |           |           |           |            |            |            |           |          |           |           | <10.00                  |
| <b>Wed - 01/17/2018</b> |                 |           |             |             |           |           |           |           |            |            |            |           |          |           |           |                         |
| High School Breakfast   | Total           | 1         |             |             |           |           |           |           |            |            |            |           |          |           |           |                         |
| Hard Boiled Eggs**0370  | 1 Egg           | 1         | 78          | 187         | 62        | 0.00      | 0.60      | 25.0      | 260        | 0.0        | 1          | 6.29      | 0.56     | 5.31      | 1.63      | *N/A*                   |
| Choice of Muffin**0480  | 1 Each          | 1         | 117         | 18          | 73        | 1.78      | 0.74      | 5.1       | 33         | 0.59       | *N/A*      | 2.37      | 19.4     | 3.22      | 0.46      | 0.00                    |
| Fruit Cocktail**0419    | 1/2 Cup         | 1         | 69          | 0           | 7         | 1.20      | 0.35      | 7.2       | 250        | 2.28       | 17         | 0.48      | 17.95    | 0.08      | 0.01      | 0.00                    |
| Juice(Carton)**0103     | 1 Carton        | 1         | 58          | 0           | 12        | 0.00      | 0.06      | 10.0      | 0          | 8.6        | *N/A*      | 0.0       | 14.67    | 0.0       | 0.00      | 0.00                    |
| Milk-Variety**0489      | 1 Carton        | 1         | 100         | 8           | 130       | 0.00      | 0.09      | 300.0     | 500        | 2.4        | *N/A*      | 8.0       | 13.0     | 1.25      | 0.75      | 0.00                    |
| Weighted Daily Average  |                 |           | 421         | 212         | 285       | 2.98      | 1.83      | 347.3     | 1043       | 13.87      | *17        | 17.14     | 65.57    | 9.86      | 2.86      | *0.00                   |
| % of Calories           |                 |           |             |             |           |           |           |           |            |            | *16.4%     | 16.3%     | 62.3%    | 21.1%     | 6.1%      | *0.0%                   |
| Nutrient Guideline      |                 |           | 450-600     |             | 640       |           |           |           |            |            |            |           |          |           |           | <10.00                  |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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# Central Consolidated Schools

Jan 1, 2018 thru Jan 31, 2018

## Base Menu Spreadsheet

High School Breakfast

### Weighted Values - Detailed

|                                      | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calc (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g)  | Protn (g)      | Carb (g)       | T-Fat (g)      | S-Fat (g)    | Tr-Fat <sup>1</sup> (g) |
|--------------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|-----------|------------|------------|-------------|----------------|----------------|----------------|--------------|-------------------------|
| Thu - 01/18/2018                     |              |           |             |             |           |           |           |           |            |            |             |                |                |                |              |                         |
| High School Breakfast                | Total        | 1         |             |             |           |           |           |           |            |            |             |                |                |                |              |                         |
| Mini Waffle**1934                    | pouch        | 1         | 190         | 0           | 210       | 3.00      | 2.70      | 100.0     | 500        | 0.0        | *N/A*       | 4.0            | 33.0           | 5.0            | 1.50         | 0.00                    |
| Sausage Patty**0643                  | 1 Patty      | 1         | 70          | 25          | 260       | 0.00      | 0.36      | 20.0      | 0          | 0.0        | 0           | 7.0            | 0.0            | 5.0            | 1.50         | 0.00                    |
| BkfFreshFruitMix**0336               | 1/2 Cup      | 1         | 33          | 0           | 5         | 0.92      | 0.19      | 6.6       | 542        | 17.14      | 6           | 0.53           | 8.39           | 0.17           | 0.04         | 0.00                    |
| Juice(Carton)**0103                  | 1 Carton     | 1         | 58          | 0           | 12        | 0.00      | 0.06      | 10.0      | 0          | 8.6        | *N/A*       | 0.0            | 14.67          | 0.0            | 0.00         | 0.00                    |
| Milk-Variety**0489                   | 1 Carton     | 1         | 100         | 8           | 130       | 0.00      | 0.09      | 300.0     | 500        | 2.4        | *N/A*       | 8.0            | 13.0           | 1.25           | 0.75         | 0.00                    |
| Weighted Daily Average % of Calories |              |           | 452         | 32          | 618       | 3.92      | 3.40      | 436.6     | 1542       | 28.14      | *6<br>*5.6% | 19.53<br>17.3% | 69.06<br>61.1% | 11.42<br>22.7% | 3.79<br>7.5% | 0.00<br>0.0%            |
| Nutrient Guideline                   |              |           | 450-600     |             | 640       |           |           |           |            |            |             |                |                |                |              | <10.00                  |

|                                      |          |   |         |    |     |      |      |       |     |       |               |                |                |                |              |              |
|--------------------------------------|----------|---|---------|----|-----|------|------|-------|-----|-------|---------------|----------------|----------------|----------------|--------------|--------------|
| Fri - 01/19/2018                     |          |   |         |    |     |      |      |       |     |       |               |                |                |                |              |              |
| High School Breakfast                | Total    | 1 |         |    |     |      |      |       |     |       |               |                |                |                |              |              |
| Pancake on Stick**0659               | 1 Each   | 1 | 198     | 25 | 307 | 2.97 | 1.78 | 19.8  | 20  | 0.0   | 4             | 6.94           | 16.84          | 9.91           | 2.48         | 0.00         |
| Banana**0068                         | 1 each   | 1 | 90      | 0  | 1   | 2.63 | 0.26 | 5.1   | 65  | 8.79  | 12            | 1.1            | 23.07          | 0.33           | 0.11         | 0.00         |
| Juice(Carton)**0103                  | 1 Carton | 1 | 58      | 0  | 12  | 0.00 | 0.06 | 10.0  | 0   | 8.6   | *N/A*         | 0.0            | 14.67          | 0.0            | 0.00         | 0.00         |
| Milk-Variety**0489                   | 1 Carton | 1 | 100     | 8  | 130 | 0.00 | 0.09 | 300.0 | 500 | 2.4   | *N/A*         | 8.0            | 13.0           | 1.25           | 0.75         | 0.00         |
| Weighted Daily Average % of Calories |          |   | 446     | 32 | 451 | 5.60 | 2.20 | 334.9 | 584 | 19.79 | *16<br>*14.6% | 16.04<br>14.4% | 67.58<br>60.6% | 11.49<br>23.2% | 3.34<br>6.7% | 0.00<br>0.0% |
| Nutrient Guideline                   |          |   | 450-600 |    | 640 |      |      |       |     |       |               |                |                |                |              | <10.00       |

|                                      |                |   |         |   |     |      |      |       |      |       |               |               |                |               |              |                |
|--------------------------------------|----------------|---|---------|---|-----|------|------|-------|------|-------|---------------|---------------|----------------|---------------|--------------|----------------|
| Mon - 01/22/2018                     |                |   |         |   |     |      |      |       |      |       |               |               |                |               |              |                |
| High School Breakfast                | Total          | 1 |         |   |     |      |      |       |      |       |               |               |                |               |              |                |
| Cold Cereal**0013                    | 1 Bowl         | 1 | 103     | 0 | 166 | 1.72 | 4.84 | 88.6  | 449  | 4.99  | *1            | 1.44          | 21.78          | 1.47          | 0.08         | 0.00           |
| WW Toast w/Jelly**1767               | 1 Slice/1 Pkt. | 1 | 159     | 0 | 185 | 1.59 | 1.01 | 17.1  | 219  | 0.61  | *1            | 2.69          | 25.29          | 5.65          | 0.92         | *0.00          |
| Applesauce**0356                     | 1/2 Cup        | 1 | 87      | 0 | 3   | 1.53 | 0.15 | 3.8   | 8    | 2.17  | 19            | 0.2           | 22.31          | 0.22          | 0.04         | 0.00           |
| Juice(Carton)**0103                  | 1 Carton       | 1 | 58      | 0 | 12  | 0.00 | 0.06 | 10.0  | 0    | 8.6   | *N/A*         | 0.0           | 14.67          | 0.0           | 0.00         | 0.00           |
| Milk-Variety**0489                   | 1 Carton       | 1 | 100     | 8 | 130 | 0.00 | 0.09 | 300.0 | 500  | 2.4   | *N/A*         | 8.0           | 13.0           | 1.25          | 0.75         | 0.00           |
| Weighted Daily Average % of Calories |                |   | 507     | 8 | 496 | 4.83 | 6.14 | 419.5 | 1175 | 18.77 | *21<br>*16.8% | 12.33<br>9.7% | 97.05<br>76.6% | 8.59<br>15.3% | 1.79<br>3.2% | *0.00<br>*0.0% |
| Nutrient Guideline                   |                |   | 450-600 |   | 640 |      |      |       |      |       |               |               |                |               |              | <10.00         |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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# Central Consolidated Schools

Jan 1, 2018 thru Jan 31, 2018

## Base Menu Spreadsheet

High School Breakfast

### Weighted Values - Detailed

|                                      | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g)  | Protn (g)      | Carb (g)       | T-Fat (g)      | S-Fat (g)    | Tr-Fat <sup>1</sup> (g) |
|--------------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|-------------|----------------|----------------|----------------|--------------|-------------------------|
| <b>Tue - 01/23/2018</b>              |              |           |             |             |           |           |           |            |            |            |             |                |                |                |              |                         |
| High School Breakfast                | Total        | 1         |             |             |           |           |           |            |            |            |             |                |                |                |              |                         |
| Egg&ChezEng Muf**1180                | 1 Each       | 1         | 242         | 129         | 592       | 3.02      | 2.04      | 207.7      | 310        | 0.0        | *0          | 13.18          | 27.38          | 9.94           | 3.79         | 0.00                    |
| Orange Wedges**0600                  | 1 orange     | 1         | 45          | 0           | 0         | 2.30      | 0.10      | 38.4       | 216        | 51.07      | 9           | 0.9            | 11.28          | 0.12           | 0.01         | 0.00                    |
| Juice(Carton)**0103                  | 1 Carton     | 1         | 58          | 0           | 12        | 0.00      | 0.06      | 10.0       | 0          | 8.6        | *N/A*       | 0.0            | 14.67          | 0.0            | 0.00         | 0.00                    |
| Milk-Variety**0489                   | 1 Carton     | 1         | 100         | 8           | 130       | 0.00      | 0.09      | 300.0      | 500        | 2.4        | *N/A*       | 8.0            | 13.0           | 1.25           | 0.75         | 0.00                    |
| Weighted Daily Average % of Calories |              |           | 445         | 136         | 734       | 5.32      | 2.28      | 556.1      | 1026       | 62.07      | *9<br>*8.1% | 22.08<br>19.8% | 66.33<br>59.6% | 11.31<br>22.9% | 4.55<br>9.2% | 0.00<br>0.0%            |
| Nutrient Guideline                   |              |           | 450-600     |             | 640       |           |           |            |            |            |             |                |                |                |              | <10.00                  |

|                                      |          |   |         |    |     |      |      |       |     |       |               |                |                |                |              |                |
|--------------------------------------|----------|---|---------|----|-----|------|------|-------|-----|-------|---------------|----------------|----------------|----------------|--------------|----------------|
| <b>Wed - 01/24/2018</b>              |          |   |         |    |     |      |      |       |     |       |               |                |                |                |              |                |
| High School Breakfast                | Total    | 1 |         |    |     |      |      |       |     |       |               |                |                |                |              |                |
| Pancakes w/Syrup**1188               | 2PC+2T   | 1 | 232     | 10 | 252 | 2.00 | 1.45 | 1.2   | 0   | 0.0   | 12            | 4.0            | 52.13          | 4.0            | 0.00         | *0.00          |
| Sausage Patty**0643                  | 1 Patty  | 1 | 70      | 25 | 260 | 0.00 | 0.36 | 20.0  | 0   | 0.0   | 0             | 7.0            | 0.0            | 5.0            | 1.50         | 0.00           |
| Fresh Strawberries**1875             | 1/2 cup  | 1 | 23      | 0  | 1   | 1.44 | 0.30 | 11.5  | 9   | 42.34 | 4             | 0.48           | 5.53           | 0.22           | 0.01         | 0.00           |
| Juice(Carton)**0103                  | 1 Carton | 1 | 58      | 0  | 12  | 0.00 | 0.06 | 10.0  | 0   | 8.6   | *N/A*         | 0.0            | 14.67          | 0.0            | 0.00         | 0.00           |
| Milk-Variety**0489                   | 1 Carton | 1 | 100     | 8  | 130 | 0.00 | 0.09 | 300.0 | 500 | 2.4   | *N/A*         | 8.0            | 13.0           | 1.25           | 0.75         | 0.00           |
| Weighted Daily Average % of Calories |          |   | 483     | 42 | 655 | 3.44 | 2.26 | 342.7 | 509 | 53.34 | *16<br>*13.2% | 19.48<br>16.1% | 85.32<br>70.6% | 10.47<br>19.5% | 2.26<br>4.2% | *0.00<br>*0.0% |
| Nutrient Guideline                   |          |   | 450-600 |    | 640 |      |      |       |     |       |               |                |                |                |              | <10.00         |

|                                      |          |   |         |    |     |      |      |       |      |       |               |                |                |               |              |              |
|--------------------------------------|----------|---|---------|----|-----|------|------|-------|------|-------|---------------|----------------|----------------|---------------|--------------|--------------|
| <b>Thu - 01/25/2018</b>              |          |   |         |    |     |      |      |       |      |       |               |                |                |               |              |              |
| High School Breakfast                | Total    | 1 |         |    |     |      |      |       |      |       |               |                |                |               |              |              |
| Choice of Muffin**0480               | 1 Each   | 1 | 117     | 18 | 73  | 1.78 | 0.74 | 5.1   | 33   | 0.59  | *N/A*         | 2.37           | 19.4           | 3.22          | 0.46         | 0.00         |
| Yogurt**1777                         | 1 Each   | 1 | 90      | 0  | 75  | 0.00 | 0.00 | 300.0 | 0    | 0.0   | *N/A*         | 3.0            | 19.0           | 0.0           | 0.00         | 0.00         |
| Cantaloupe Chunks**0656              | 1/2 Cup  | 1 | 54      | 0  | 25  | 1.43 | 0.33 | 14.3  | 5369 | 58.26 | 12            | 1.33           | 12.95          | 0.3           | 0.08         | 0.00         |
| Juice(Carton)**0103                  | 1 Carton | 1 | 58      | 0  | 12  | 0.00 | 0.06 | 10.0  | 0    | 8.6   | *N/A*         | 0.0            | 14.67          | 0.0           | 0.00         | 0.00         |
| Milk-Variety**0489                   | 1 Carton | 1 | 100     | 8  | 130 | 0.00 | 0.09 | 300.0 | 500  | 2.4   | *N/A*         | 8.0            | 13.0           | 1.25          | 0.75         | 0.00         |
| Weighted Daily Average % of Calories |          |   | 419     | 25 | 316 | 3.20 | 1.22 | 629.4 | 5902 | 69.85 | *12<br>*11.9% | 14.70<br>14.0% | 79.02<br>75.4% | 4.77<br>10.3% | 1.29<br>2.8% | 0.00<br>0.0% |
| Nutrient Guideline                   |          |   | 450-600 |    | 640 |      |      |       |      |       |               |                |                |               |              | <10.00       |

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\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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# Central Consolidated Schools

Jan 1, 2018 thru Jan 31, 2018

## Base Menu Spreadsheet

High School Breakfast

### Weighted Values - Detailed

|                            | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|----------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Fri - 01/26/2018           |              |           |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| High School Breakfast      | Total        | 1         |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| BRK Taco/liq frz egg**1993 | 1 each       | 1         | 200         | 224         | 428       | 2.50      | 1.28      | 198.5      | 239        | 1.2        | *0         | 12.36     | 16.79    | 10.35     | 4.39      | 0.00                    |
| Banana**0068               | 1 each       | 1         | 90          | 0           | 1         | 2.63      | 0.26      | 5.1        | 65         | 8.79       | 12         | 1.1       | 23.07    | 0.33      | 0.11      | 0.00                    |
| Juice(Carton)**0103        | 1 Carton     | 1         | 58          | 0           | 12        | 0.00      | 0.06      | 10.0       | 0          | 8.6        | *N/A*      | 0.0       | 14.67    | 0.0       | 0.00      | 0.00                    |
| Milk-Variety**0489         | 1 Carton     | 1         | 100         | 8           | 130       | 0.00      | 0.09      | 300.0      | 500        | 2.4        | *N/A*      | 8.0       | 13.0     | 1.25      | 0.75      | 0.00                    |
| Salsa**0651                | 2 Tbsp.      | 1         | 10          | 0           | 141       | 1.01      | 0.36      | 20.1       | 151        | 1.21       | *N/A*      | 0.0       | 2.01     | 0.0       | 0.00      | 0.00                    |
| Weighted Daily Average     |              |           | 458         | 232         | 712       | 6.13      | 2.05      | 533.7      | 955        | 22.19      | *12        | 21.46     | 69.53    | 11.93     | 5.26      | 0.00                    |
| % of Calories              |              |           |             |             |           |           |           |            |            |            | *10.8%     | 18.7%     | 60.7%    | 23.4%     | 10.3%     | 0.0%                    |
| Nutrient Guideline         |              |           | 450-600     |             | 640       |           |           |            |            |            |            |           |          |           |           | <10.00                  |

|                        |          |   |         |    |     |      |      |       |      |       |       |       |       |       |      |        |
|------------------------|----------|---|---------|----|-----|------|------|-------|------|-------|-------|-------|-------|-------|------|--------|
| Mon - 01/29/2018       |          |   |         |    |     |      |      |       |      |       |       |       |       |       |      |        |
| High School Breakfast  | Total    | 1 |         |    |     |      |      |       |      |       |       |       |       |       |      |        |
| UBR**1305              | 1 Each   | 1 | 250     | 5  | 220 | 6.39 | 0.71 | 32.7  | 9    | 0.0   | *N/A* | 4.0   | 44.0  | 6.0   | 2.00 | 0.00   |
| Yogurt**1777           | 1 Each   | 1 | 90      | 0  | 75  | 0.00 | 0.00 | 300.0 | 0    | 0.0   | *N/A* | 3.0   | 19.0  | 0.0   | 0.00 | 0.00   |
| BkfFreshFruitMix**0336 | 1/2 Cup  | 1 | 33      | 0  | 5   | 0.92 | 0.19 | 6.6   | 542  | 17.14 | 6     | 0.53  | 8.39  | 0.17  | 0.04 | 0.00   |
| Juice(Carton)**0103    | 1 Carton | 1 | 58      | 0  | 12  | 0.00 | 0.06 | 10.0  | 0    | 8.6   | *N/A* | 0.0   | 14.67 | 0.0   | 0.00 | 0.00   |
| Milk-Variety**0489     | 1 Carton | 1 | 100     | 8  | 130 | 0.00 | 0.09 | 300.0 | 500  | 2.4   | *N/A* | 8.0   | 13.0  | 1.25  | 0.75 | 0.00   |
| Weighted Daily Average |          |   | 532     | 13 | 443 | 7.31 | 1.05 | 649.3 | 1050 | 28.14 | *6    | 15.53 | 99.06 | 7.42  | 2.79 | 0.00   |
| % of Calories          |          |   |         |    |     |      |      |       |      |       | *4.7% | 11.7% | 74.5% | 12.6% | 4.7% | 0.0%   |
| Nutrient Guideline     |          |   | 450-600 |    | 640 |      |      |       |      |       |       |       |       |       |      | <10.00 |

|                        |                 |   |         |    |      |      |      |       |     |       |        |       |       |       |       |        |
|------------------------|-----------------|---|---------|----|------|------|------|-------|-----|-------|--------|-------|-------|-------|-------|--------|
| Tue - 01/30/2018       |                 |   |         |    |      |      |      |       |     |       |        |       |       |       |       |        |
| High School Breakfast  | Total           | 1 |         |    |      |      |      |       |     |       |        |       |       |       |       |        |
| Biscuits & Gravy**1186 | 1 Ea. + 1/2 Cup | 1 | 351     | 27 | 1024 | 2.00 | 1.32 | 73.5  | 0   | 0.0   | *24    | 9.4   | 28.0  | 21.8  | 9.05  | 0.50   |
| Orange Wedges**0600    | 1 orange        | 1 | 45      | 0  | 0    | 2.30 | 0.10 | 38.4  | 216 | 51.07 | 9      | 0.9   | 11.28 | 0.12  | 0.01  | 0.00   |
| Juice(Carton)**0103    | 1 Carton        | 1 | 58      | 0  | 12   | 0.00 | 0.06 | 10.0  | 0   | 8.6   | *N/A*  | 0.0   | 14.67 | 0.0   | 0.00  | 0.00   |
| Milk-Variety**0489     | 1 Carton        | 1 | 100     | 8  | 130  | 0.00 | 0.09 | 300.0 | 500 | 2.4   | *N/A*  | 8.0   | 13.0  | 1.25  | 0.75  | 0.00   |
| Weighted Daily Average |                 |   | 555     | 34 | 1166 | 4.30 | 1.57 | 421.9 | 716 | 62.07 | *33    | 18.30 | 66.95 | 23.16 | 9.81  | 0.50   |
| % of Calories          |                 |   |         |    |      |      |      |       |     |       | *23.8% | 13.2% | 48.3% | 37.6% | 15.9% | 0.8%   |
| Nutrient Guideline     |                 |   | 450-600 |    | 640  |      |      |       |     |       |        |       |       |       |       | <10.00 |

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\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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# Central Consolidated Schools

Jan 1, 2018 thru Jan 31, 2018

## Base Menu Spreadsheet

High School Breakfast

### Weighted Values - Detailed

|                         | Portion Size   | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calc (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|-------------------------|----------------|-----------|-------------|-------------|-----------|-----------|-----------|-----------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| <b>Wed - 01/31/2018</b> |                |           |             |             |           |           |           |           |            |            |            |           |          |           |           |                         |
| High School Breakfast   | Total          | 1         |             |             |           |           |           |           |            |            |            |           |          |           |           |                         |
| Oatmeal**1095           | 3/4 Cup        | 1         | 143         | 0           | 35        | 3.01      | 1.40      | 26.5      | 0          | 0.0        | *8         | 4.8       | 27.19    | 1.96      | 0.35      | *0.00                   |
| WW Toast w/Jelly**1767  | 1 Slice/1 Pkt. | 1         | 159         | 0           | 185       | 1.59      | 1.01      | 17.1      | 219        | 0.61       | *1         | 2.69      | 25.29    | 5.65      | 0.92      | *0.00                   |
| Applesauce**0356        | 1/2 Cup        | 1         | 87          | 0           | 3         | 1.53      | 0.15      | 3.8       | 8          | 2.17       | 19         | 0.2       | 22.31    | 0.22      | 0.04      | 0.00                    |
| Juice(Carton)**0103     | 1 Carton       | 1         | 58          | 0           | 12        | 0.00      | 0.06      | 10.0      | 0          | 8.6        | *N/A*      | 0.0       | 14.67    | 0.0       | 0.00      | 0.00                    |
| Milk-Variety**0489      | 1 Carton       | 1         | 100         | 8           | 130       | 0.00      | 0.09      | 300.0     | 500        | 2.4        | *N/A*      | 8.0       | 13.0     | 1.25      | 0.75      | 0.00                    |
| Weighted Daily Average  |                |           | 546         | 8           | 365       | 6.12      | 2.71      | 357.4     | 726        | 13.78      | *28        | 15.69     | 102.46   | 9.07      | 2.05      | *0.00                   |
| % of Calories           |                |           |             |             |           |           |           |           |            |            | *20.8%     | 11.5%     | 75.0%    | 14.9%     | 3.4%      | *0.0%                   |
| Nutrient Guideline      |                |           | 450-600     |             | 640       |           |           |           |            |            |            |           |          |           | <10.00    |                         |
| <b>Weighted Average</b> |                |           |             |             |           |           |           |           |            |            |            |           |          |           |           |                         |
|                         |                |           | 490         | 81          | 610       | 4.68      | 2.50      | 477.4     | 1558       | 33.12      | *19        | 18.19     | 79.89    | 11.42     | 3.86      | *0.06                   |
|                         |                |           |             |             |           |           |           |           |            |            | *34.7%     | 14.8%     | 65.2%    | 21.0%     | 7.1%      | *0.1%                   |

| Nutrient                   | Menu AVG | % of Cals | Weekly Target | % of Target | Miss Data | Shortfall | Overage | Error Messages (if any)               |
|----------------------------|----------|-----------|---------------|-------------|-----------|-----------|---------|---------------------------------------|
| Calories                   | 490      |           | 450 - 600     | 100%        |           |           |         |                                       |
| Cholesterol (mg)           | 81       |           |               |             |           |           |         |                                       |
| Sodium 1 (mg)              | 610      |           | 640           |             |           |           |         |                                       |
| Sodium 2 (mg)              | 610      |           | 570           |             |           |           | 40      | Correction Required - Sodium too High |
| Fiber (g)                  | 4.68     |           |               |             |           |           |         |                                       |
| Iron (mg)                  | 2.50     |           |               |             |           |           |         |                                       |
| Calcium (mg)               | 477.4    |           |               |             |           |           |         |                                       |
| Vitamin A (IU)             | 1558     |           |               |             |           |           |         |                                       |
| Sugars (g)                 | 19       | 15.41%    |               |             | Missing   |           |         |                                       |
| Vitamin C (mg)             | 33.12    |           |               |             |           |           |         |                                       |
| Protein (g)                | 18.19    | 14.84%    |               |             |           |           |         |                                       |
| Carbohydrate (g)           | 79.89    | 65.16%    |               |             |           |           |         |                                       |
| Total Fat (g)              | 11.42    | 20.96%    |               |             |           |           |         |                                       |
| Saturated Fat (g)          | 3.86     | 7.08%     | <10.00%       |             |           |           |         |                                       |
| Trans Fat <sup>1</sup> (g) | 0.06     | 0.11%     |               |             | Missing   |           |         |                                       |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.