

January 2018 Middle School Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
Jan--1 HOLIDAY NO SCHOOL TODAY	Jan--2 HOLIDAY NO SCHOOL TODAY	Jan--3 HOLIDAY NO SCHOOL TODAY	Jan--4 HOLIDAY NO SCHOOL TODAY	Jan--5 HOLIDAY NO SCHOOL TODAY
Jan--8 Professional Day Work Day NO SCHOOL TODAY 	Jan--9 French Toast Sticks w/Syrup Fruit Cocktail Juice Milk	Jan--10 Bacon Scramble Applesauce Juice Milk	Jan--11 Yogurt Granola Cantaloupe Chunks Juice Milk	Jan--12 Breakfast Burrito Cold Cereal Graham Crackers Banana Juice Milk Salsa
Jan--15 Martin Luther King's Birthday NO SCHOOL TODAY 	Jan--16 Biscuits & Gravy Diced Pears Juice Milk	Jan--17 Hard Boiled Egg Choice of Muffin Fruit Cocktail Juice Milk	Jan--18 Mini Waffle Breakfast Fresh Fruit Mix Juice Milk	Jan--19 Pancake on a Stick Banana Juice Milk
Jan--22 Cold Cereal Whole Wheat Toast w/Jelly Applesauce Juice Milk	Jan--23 Egg & Cheese English Muffin Orange Wedges Juice Milk	Jan--24 Pancakes w/Syrup Strawberries Juice Milk	Jan--25 Choice of Muffin Yogurt Cantaloupe Chunks Juice Milk	Jan--26 Breakfast Taco Banana Juice Milk Salsa
Jan--29 Ultimate Breakfast Round Yogurt Breakfast Fresh Fruit Mix Juice Milk	Jan--30 Biscuits & Gravy Orange Wedges Juice Milk	Jan--31 Oatmeal Whole Wheat Toast w/Jelly Applesauce Juice Milk	 	


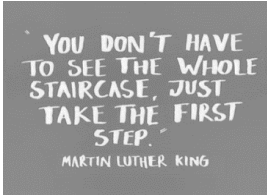

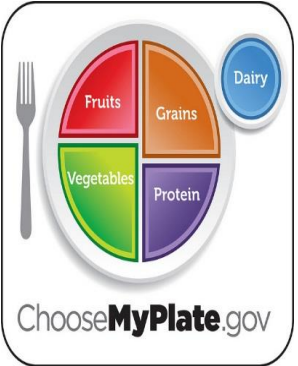
MENU SUBJECT TO CHANGE DUE TO PRODUCT AVAILABILITY : USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

Jan 24 & 31 - Early Release : Jan 1 - Jan 8 - Winter Break Schools Closed

Jan 15 - Martin Luther King Holiday



January 2018 Middle School Lunch

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Jan--1 HOLIDAY NO SCHOOL TODAY	Jan--2 HOLIDAY NO SCHOOL TODAY	Jan--3 HOLIDAY NO SCHOOL TODAY	Jan--4 HOLIDAY NO SCHOOL TODAY	Jan--5 HOLIDAY NO SCHOOL TODAY
Jan--8 Professional Day Work Day NO SCHOOL TODAY 	Jan--9 Frito Pie Cornbread Chopped Lettuce & Tomato Whole Kernel Corn Diced Pears Fresh Veggies Milk Burger or Deli Sandwich Fries Chicken & Fruit Salad	Jan--10 Sloppy Joe Tater Tots Cucumber Slices Grape Cluster Fresh Veggies Milk Chicken Sandwich Pizza Fruit & Yogurt Salad	Jan--11 Green Chile Chicken Enchiladas Seasoned Pinto Beans Chopped Lettuce & Tomato Sidekick Smoothie Wheat Roll Fresh Veggies Milk Burger or Deli Sandwich Fries Crispy Chicken Salad	Jan--12 Cherry Blossom Chicken Brown Rice Steamed Broccoli Mandarin Oranges Fresh Veggies Milk Chicken Sandwich Pizza Fries Garden Salad
Jan--15 Martin Luther King's Birthday NO SCHOOL TODAY 	Jan--16 Spaghetti Tossed Salad Wheat Roll Peaches Fresh Veggies Milk Burger or Deli Sandwich Fries Chicken & Fruit Salad	Jan--17 Chicken Bowl Wheat Roll Pineapple Chunks Fresh Veggies Milk Chicken Sandwich Pizza Fries Fruit & Yogurt Salad	Jan--18 BBQ Sandwich Cucumber Slices Sweet Potato Fries Strawberries Fresh Veggies Milk Burger or Deli Sandwich Crispy Chicken Salad	Jan--19 Bean & Cheese Burrito Chopped Lettuce & Tomato Spicy Corn Salad Honeydew Chunks Fresh Veggies Milk Chicken Sandwich Pizza / Fries Garden Salad
Jan--22 Crunchy Tacos Spanish Rice Refried Beans Chopped Lettuce & Tomato Grape Cluster Fresh Veggies Milk Chicken Sandwich Pizza / Fries Chef Salad	Jan--23 Alfredo Pasta Tossed Salad Breadstick Fresh Apple Fresh Veggies Milk Burger or Deli Sandwich Fries Chicken & Fruit Salad	Jan--24 Philly Cheese Steak Sandwich Tater Tots Carrot Raisin Salad Honeydew Chunks Fresh Veggies Milk Chicken Sandwich Pizza Fruit & Yogurt Salad	Jan--25 Steak Fingers Mashed Potatoes w/Gravy Steamed Broccoli Wheat Roll Sidekick Smoothie Fresh Veggies Milk Burger or Deli Sandwich Fries Crispy Chicken Salad	Jan--26 Grilled Ham & Cheese Sandwich Chicken Vegetable Soup Cucumber Slices Fresh Pear Fresh Veggies Milk Chicken Sandwich Pizza / Fries Garden Salad
Jan--29 Popcorn Chicken Green Beans Mashed Potatoes w/Gravy Wheat Roll Grape Cluster Fresh Veggies Chicken Sandwich Pizza Fries Chef Salad	Jan--30 Western Baked Potato Whole Kernel Corn Wheat Roll Strawberries Jello w/Topping Fresh Veggies Milk Burger or Deli Sandwich Fries Chicken & Fruit Salad	Jan--31 Lasagna Tossed Salad Breadstick Orange Wedges Fresh Veggies Milk Chicken Sandwich Pizza Fries Fruit & Yogurt Salad		 ChooseMyPlate.gov

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