

# January 2019 High School Breakfast


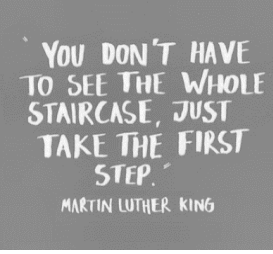
Monday	Tuesday	Wednesday	Thursday	Friday
	Jan--1 Winter Break NO SCHOOL TODAY	Jan--2 Winter Break NO SCHOOL TODAY	Jan--3 Winter Break NO SCHOOL TODAY	Jan--4 Winter Break NO SCHOOL TODAY
Jan--7 Winter Break NO SCHOOL TODAY 	Jan--8 Winter Break NO SCHOOL TODAY Professional Day Work Day 	Jan--9 Bacon Scramble Applesauce Juice Milk	Jan--10 Yogurt Granola Cantaloupe Chunks Juice Milk	Jan--11 Breakfast Burrito Cold Cereal Graham Crackers Banana Juice Milk Salsa
Jan--14 Biscuits & Gravy Diced Pears Juice Milk	Jan--15 Cold Cereal Whole Wheat Toast w/Jelly Pineapple Chunks Juice Milk	Jan--16 Hard Boiled Egg Choice of Muffin Fruit Cocktail Juice Milk	Jan--17 Mini Waffle Sausage Patty Breakfast Fresh Fruit Mix Juice Milk	Jan--18 Pancake on a Stick Banana Juice Milk
Jan--21 Martin Luther King's Birthday NO SCHOOL TODAY 	Jan--22 Egg & Cheese English Muffin Orange Wedges Juice Milk	Jan--23 Pancakes w/Syrup Sausage Patty Strawberries Juice Milk	Jan--24 Choice of Muffin Yogurt Honeydew Chunks Juice Milk	Jan--25 Breakfast Taco Banana Juice Milk Salsa
Jan--28 Ultimate Breakfast Round Yogurt Breakfast Fresh Fruit Mix Juice Milk	Jan--29 Biscuits & Gravy Orange Wedges Juice Milk	Jan--30 Oatmeal Whole Wheat Toast w/Jelly Applesauce Juice Milk	Jan--31 Cold Cereal Whole Wheat Toast w/Jelly Peaches Juice Milk	

MENU SUBJECT TO CHANGE DUE TO PRODUCT AVAILABILITY : USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

Jan 16, 23, 30 - Early Release | Jan 1 - Jan 8 - Winter Break | Jan 21 - Martin Luther King Holiday



# January 2019 High School Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
	Jan--1 Winter Break NO SCHOOL TODAY	Jan--2 Winter Break NO SCHOOL TODAY	Jan--3 Winter Break NO SCHOOL TODAY	Jan--4 Winter Break NO SCHOOL TODAY
Jan--7 Winter Break NO SCHOOL TODAY 	Jan--8 Winter Break NO SCHOOL TODAY Professional Day Work Day 	Jan--9 Chicken Bowl Peas Wheat Roll Pineapple Chunks Fresh Apple Fresh Veggies Milk Chicken Sandwich Pizza Fries Fruit & Yogurt Salad	Jan--10 Pork Riblet Sandwich Cucumber Slices Sweet Potato Fries Strawberries Applesauce Fresh Veggies Milk Burger or Deli Sandwich Crispy Chicken Salad	Jan--11 Macaroni & Cheese Green Beans Celery Sticks Wheat Roll Orange Wedges Fresh Pear Chocolate Chip Cookie Fresh Veggies Milk Chicken Sandwich Pizza / Fries Garden Salad
Jan--14 Alfredo Pasta Tossed Salad Italian Vegetables Breadstick Fresh Apple Mandarin Oranges Fresh Veggies Milk Chicken Sandwich Pizza / Fries Chef Salad	Jan--15 Crunchy Tacos Spanish Rice Refried Beans Chopped Lettuce & Tomato Diced Pears Grape Cluster Fresh Veggies Milk Burger or Deli Sandwich Fries Chicken & Fruit Salad	Jan--16 Chicken & Waffles Tater Tots Apricots Honeydew Chunks Fresh Veggies Milk Chicken Sandwich Pizza Fruit & Yogurt Salad	Jan--17 Meatloaf Mashed Potatoes w/Gravy Mixed Vegetables Wheat Roll Sidekick Smoothie Pineapple Chunks Fresh Veggies Milk Burger or Deli Sandwich Fries Crispy Chicken Salad	Jan--18 Grilled Ham & Cheese Sandwich Chicken Vegetable Soup Cucumber Slices Peaches Fresh Pear Pudding Milk Chicken Sandwich Pizza / Fries Garden Salad
Jan--21 Martin Luther King's Birthday NO SCHOOL TODAY 	Jan--22 Crispy Chicken Filet Green Beans Mashed Potatoes w/Gravy Wheat Roll Diced Pears Grape Cluster Fresh Veggies Milk Burger or Deli Sandwich Fries Chicken & Fruit Salad	Jan--23 Corndog Tater Tots Baked Beans Applesauce Cantaloupe Chunks Fresh Veggies Milk Chicken Sandwich Pizza Fruit & Yogurt Salad	Jan--24 Lasagna Tossed Salad Peas Breadstick Fruit Cocktail Orange Wedges Fresh Veggies Milk Burger or Deli Sandwich Fries Crispy Chicken Salad	Jan--25 Chicken Fajita Refried Beans Chopped Lettuce & Tomato Pineapple Chunks Honeydew Chunks Fresh Veggies Milk Chicken Sandwich Pizza Fries Garden Salad
Jan--28 Salisbury Steak Mashed Potatoes w/Gravy Steamed Broccoli Wheat Roll Orange Wedges Pineapple Chunks Fresh Veggies Milk Chicken Sandwich Pizza Fries Chef Salad	Jan--29 Frito Pie Cornbread Chopped Lettuce & Tomato Whole Kernel Corn Peaches Watermelon Wedges Fresh Veggies Milk Burger or Deli Sandwich Fries Chicken & Fruit Salad	Jan--30 Sloppy Joe Tater Tots Cucumber Slices Diced Pears Grape Cluster Rice Krispy Treat Fresh Veggies Milk Chicken Sandwich Pizza Fruit & Yogurt Salad	Jan--31 Green Chile Chicken Enchiladas Seasoned Pinto Beans Chopped Lettuce & Tomato Wheat Roll Fresh Apple Sidekick Smoothie Fresh Veggies Milk Burger or Deli Sandwich Fries Crispy Chicken Salad	

