



March 2019 High School Breakfast



Monday	Tuesday	Wednesday	Thursday	Friday
		<p>"The more you read the more things you know. The more that you learn the more places you'll go." -Dr. Seuss</p>		Mar--1 Mini Cinnis String Cheese Banana Juice Milk
Mar--4 French Toast Sticks w/Syrup Sausage Patty Fruit Cocktail Juice Milk	Mar--5 Cold Cereal Whole Wheat Toast w/Jelly Fresh Apple Juice Milk	Mar--6 Bacon Scramble Applesauce Juice Milk	Mar--7 Yogurt Granola Cantaloupe Chunks Juice Milk	Mar--8 Breakfast Burrito "OR" Cold Cereal Graham Crackers Banana Juice Milk Salsa
Mar--11 Biscuits & Gravy Diced Pears Juice Milk	Mar--12 Cold Cereal Whole Wheat Toast w/Jelly Pineapple Chunks Juice Milk	Mar--13 Hard Boiled Egg Choice of Muffin Fruit Cocktail Juice Milk	Mar--14 Mini Waffle Sausage Patty Breakfast Fresh Fruit Mix Juice Milk	Mar--15 Pancake on a Stick Banana Juice Milk
Mar--18 Spring Break NO SCHOOL TODAY	Mar--19 Spring Break NO SCHOOL TODAY	Mar--20 Spring Break NO SCHOOL TODAY	Mar--21 Spring Break NO SCHOOL TODAY	Mar--22 Spring Break NO SCHOOL TODAY
Mar--25 Cold Cereal Whole Wheat Toast w/Jelly Applesauce Juice Milk	Mar--26 Egg & Cheese English Muffin Orange Wedges Juice Milk	Mar--27 Pancakes w/Syrup Sausage Patty Strawberries Juice Milk	Mar--28 Cheese Omelet Flour Tortilla Banana Juice Milk Salsa	Mar--29 Professional Day Work Day NO SCHOOL TODAY 





March 6, 13, 27 - Early Release Day : March 18-22 - Spring Break : March 29 - Professional Day - Work Day



March 2019 High School Lunch



Monday	Tuesday	Wednesday	Thursday
<p>Choose MyPlate.gov</p>			
<p>Mar--4</p> <p>Quesadilla Chopped Lettuce & Tomato Spicy Corn Salad Diced Pears Honeydew Chunks Fresh Veggies Milk Chicken Sandwich Pizza Fries Chef Salad</p>	<p>Mar--5</p> <p>Spaghetti Tossed Salad Italian Vegetables Breadstick Orange Wedges Peaches Fresh Veggies Milk Burger or Deli Sandwich Fries Chicken & Fruit Salad</p>	<p>Mar--6</p> <p>Chicken Bowl Peas Wheat Roll Pineapple Chunks Fresh Apple Fresh Veggies Milk Chicken Sandwich Pizza Fries Fruit & Yogurt Salad</p>	<p>Mar--7</p> <p>Pork Riblet Sandwich Cucumber Slices Sweet Potato Fries Strawberries Applesauce Fresh Veggies Milk Burger or Deli Sandwich Crispy Chicken Salad</p>
<p>Mar--11</p> <p>BBQ Sandwich Tater Tots Coleslaw Applesauce Watermelon Wedges Fresh Veggies Milk Chicken Sandwich Pizza Chef Salad</p>	<p>Mar--12</p> <p>Crunchy Tacos Spanish Rice Refried Beans Chopped Lettuce & Tomato Diced Pears Grape Cluster Fresh Veggies Milk Burger or Deli Sandwich Fries Chicken & Fruit Salad</p>	<p>Mar--13</p> <p>Alfredo Pasta Tossed Salad Italian Vegetables Breadstick Fresh Apple Mandarin Oranges Fresh Veggies Milk Chicken Sandwich Pizza / Fries Fruit & Yogurt Salad</p>	<p>Mar--14</p> <p>Salisbury Steak Mashed Potatoes w/Gravy Mixed Vegetables Wheat Roll Sidekick Smoothie Pineapple Chunks Fresh Veggies Milk Burger or Deli Sandwich Fries Crispy Chicken Salad</p>
<p>Mar--18</p> <p>Spring Break NO SCHOOL TODAY</p>	<p>Mar--19</p> <p>Spring Break NO SCHOOL TODAY</p>	<p>Mar--20</p> <p>Spring Break NO SCHOOL TODAY</p>	<p>Mar--21</p> <p>Spring Break NO SCHOOL TODAY</p>
<p>Mar--25</p> <p>Popcorn Chicken Green Beans Mashed Potatoes w/Gravy Wheat Roll Diced Pears Grape Cluster Fresh Veggies Milk Chicken Sandwich Pizza / Fries Chef Salad</p>	<p>Mar--26</p> <p>Lasagna Tossed Salad Peas Breadstick Fruit Cocktail Fresh Apple Fresh Veggies Milk Burger or Deli Sandwich Fries Chicken & Fruit Salad</p>	<p>Mar--27</p> <p>Corndog Tater Tots Baked Beans Applesauce Cantaloupe Chunks Fresh Veggies Milk Chicken Sandwich Pizza Fruit & Yogurt Salad</p>	<p>Mar--28</p> <p>Chicken Fajita Refried Beans Chopped Lettuce & Tomato Pineapple Chunks Honeydew Chunks Fresh Veggies Milk Burger or Deli Sandwich Fries Crispy Chicken Salad</p>





Friday
Mar--1
Tangerine Chicken Oriental Blend Veggies Brown Rice Mandarin Oranges Strawberries Fortune Cookie Fresh Veggies Milk Chicken Sandwich Pizza / Fries Garden Salad
Mar--8
Macaroni & Cheese Green Beans Celery Sticks Wheat Roll Orange Wedges Fresh Pear Chocolate Chip Cookie Fresh Veggies Milk Chicken Sandwich Pizza / Fries Garden Salad
Mar--15
Fiesta Bowl Chopped Lettuce & Tomato Whole Kernel Corn Peaches Fresh Pear Pudding Fresh Veggies Milk Chicken Sandwich Pizza / Fries Garden Salad
Mar--22
Spring Break NO SCHOOL TODAY
Mar--29
Professional Day Work Day NO SCHOOL TODAY

