

Central Consolidated Schools

May 1, 2017 thru May 19, 2017

Base Menu Spreadsheet

Elementary Lunch

Weighted Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/01/2017																
Elementary Lunch	Total	2														
Taco- 2 w GB**1974	2 Tacos	1	191	30	244	2.64	1.74	165.8	825	5.4	*0	12.02	14.67	9.6	4.05	*0.03
Spanish Rice**8189	1/2 Cup	1	57	0	180	0.95	0.48	7.6	187	5.97	*0	0.44	10.74	1.02	0.08	*0.00
ChoLettuce/Tomato**0283	1/2 Cup	1	7	0	3	0.72	0.31	10.7	2674	2.28	1	0.44	1.29	0.11	0.01	*N/A*
Honeydew Chunks**0662	1/2 Cup	1	16	0	8	0.35	0.07	2.6	22	7.86	4	0.24	3.97	0.06	0.01	*N/A*
Elem Fresh Veggie**1922	Servings	1	31	0	99	1.51	0.45	16.7	1663	5.58	*1	1.25	6.42	0.12	0.00	*0.00
Ranch Dress**0291	2 Tbsp	1	50	7	65	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.5	5.25	1.00	*N/A*
Fruit&YogurtSalad GraCrk**1903	1 Salad	1	237	8	279	4.44	1.68	392.9	12877	26.54	*10	7.27	40.47	5.6	2.34	*0.00
Milk-Variety**0489	1 Carton	2	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Salsa**0651	2 Tbsp.	1	5	0	70	0.50	0.18	10.1	76	0.6	*N/A*	0.0	1.01	0.0	0.00	0.00
Weighted Daily Average			693	53	1077	11.11	5.02	906.4	18824	56.63	*16	29.66	92.08	23.01	8.25	*0.03
% of Calories											*9.1%	17.1%	53.1%	29.9%	10.7%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

Tue - 05/02/2017																
Elementary Lunch	Total	2														
AFS Tangerine Chicken	3.9 oz	1	95	23	190	1.00	0.72	0.0	0	0.0	7	7.0	12.5	2.0	0.50	0.00
Brown Rice**0687	1 Cup	1	35	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	0.28	*N/A*	*N/A*
Broccoli**0258	1/2 Cup	1	16	0	6	1.70	0.35	18.7	573	22.74	1	1.76	3.03	0.07	0.01	*N/A*
Mandarin Oranges**1163	1/2 Cup	1	27	0	3	0.51	0.16	3.4	555	8.41	*N/A*	0.23	6.89	0.06	0.00	*N/A*
Elem Fresh Veggie**1922	Servings	1	31	0	99	1.51	0.45	16.7	1663	5.58	*1	1.25	6.42	0.12	0.00	*0.00
Ranch Dress**0291	2 Tbsp	1	50	7	65	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.5	5.25	1.00	*N/A*
Fruit&YogurtSaladMuffin**0399	1 Salad	1	205	16	220	4.32	1.33	295.5	12394	26.87	*10	7.44	34.02	4.71	2.08	*0.00
Milk-Variety**0489	1 Carton	2	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average			559	*54	*713	*9.04	*3.10	*634.3	*15686	*66.00	*18	*25.68	*76.37	13.75	*4.35	*0.00
% of Calories											*13.1%	*18.4%	*54.6%	22.1%	*7.0%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Weighted Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 05/03/2017																
Elementary Lunch	Total	2														
Chicken Alfredo**1887	1 Cup	1	143	20	347	2.29	1.32	27.6	46	1.58	*0	9.2	20.29	3.35	0.83	*0.77
Tossed Salad**0202	1 Cup	1	10	0	6	1.00	0.40	14.6	3888	3.05	1	0.58	1.94	0.14	0.02	*0.00
WG Breadsticks**1885	1 each	1	40	0	50	1.00	0.19	3.3	0	0.0	*N/A*	1.5	7.5	0.5	0.00	0.00
Peaches**0437	1/2 Cup	1	34	0	3	0.81	0.23	1.9	222	1.5	8	0.28	9.11	0.02	0.00	*N/A*
Elem Fresh Veggie**1922	Servings	1	31	0	99	1.51	0.45	16.7	1663	5.58	*1	1.25	6.42	0.12	0.00	*0.00
Ranch Dress**0291	2 Tbsp	1	50	7	65	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.5	5.25	1.00	*N/A*
Elem Bag Lunch**1997	lunch	1	121	12	322	1.48	0.85	136.4	150	0.0	*0	6.1	14.63	4.18	1.68	0.00
Milk-Variety**0489	1 Carton	2	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average			528	47	1022	8.09	3.53	500.3	6469	14.12	*10	26.91	73.39	14.81	4.29	*0.77
% of Calories											*7.5%	20.4%	55.6%	25.2%	7.3%	*1.3%
Nutrient Guideline			550-650		1230										<10.00	

Thu - 05/04/2017																
Elementary Lunch	Total	2														
Hamburger All**0279	1 Sandwich	1	166	20	368	1.64	1.42	48.7	55	2.35	*0	7.36	15.29	8.07	3.02	*0.00
Crinkle Cut Fries**0499	3 Oz.	1	60	0	15	1.00	0.36	0.0	0	3.0	*N/A*	1.0	9.5	2.25	0.75	0.00
ChoLettuce/Tomato**0283	1/2 Cup	1	7	0	3	0.72	0.31	10.7	2674	2.28	1	0.44	1.29	0.11	0.01	*N/A*
Pickles**1229	3 Each	1	1	0	92	0.12	0.04	4.4	19	0.08	0	0.06	0.27	0.01	0.00	*N/A*
Apple Wedges**1238	4 Wedges	1	29	0	1	1.36	0.07	3.4	31	2.61	6	0.15	7.83	0.1	0.02	*N/A*
Elem Fresh Veggie**1922	Servings	1	31	0	99	1.51	0.45	16.7	1663	5.58	*1	1.25	6.42	0.12	0.00	*0.00
Ranch Dress**0291	2 Tbsp	1	50	7	65	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.5	5.25	1.00	*N/A*
Fruit&YogurtSaladMuffin**0399	1 Salad	1	205	16	220	4.32	1.33	295.5	12394	26.87	*10	7.44	34.02	4.71	2.08	*0.00
Milk-Variety**0489	1 Carton	2	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average			650	51	992	10.67	4.08	679.4	17335	45.18	*18	25.71	88.13	21.87	7.63	*0.00
% of Calories											*10.9%	15.8%	54.2%	30.3%	10.6%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 05/05/2017																
Elementary Lunch	Total	2														
Tony's Cheese Pizza **1536	1 Slice	1	145	7	270	2.00	1.35	150.0	250	0.0	*N/A*	7.5	17.0	5.5	2.00	0.00
Red Pepper Strips**1873	1/4 cup	1	12	0	1	0.78	0.16	2.6	1165	47.5	2	0.37	2.24	0.11	0.01	*N/A*
Pineapple Chunks**0092	1/2 Cup	1	33	0	1	0.50	0.24	8.8	24	4.7	8	0.23	8.42	0.08	0.01	*N/A*
Elem Fresh Veggie**1922	Servings	1	31	0	99	1.51	0.45	16.7	1663	5.58	*1	1.25	6.42	0.12	0.00	*0.00
Ranch Dress**0291	2 Tbsp	1	50	7	65	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.5	5.25	1.00	*N/A*
Elem Bag Lunch***1997	lunch	1	121	12	322	1.48	0.85	136.4	150	0.0	*0	6.1	14.63	4.18	1.68	0.00
Friday Milk**1848	1 Carton	2	110	7	153	0.00	0.18	300.0	500	2.0	*N/A*	8.0	16.67	0.83	0.50	0.00
Weighted Daily Average			501	34	911	6.27	3.23	614.4	3752	59.78	*10	23.45	65.89	16.07	5.20	*0.00
% of Calories											*8.1%	18.7%	52.6%	28.9%	9.3%	*0.0%
Nutrient Guideline			550-650		1230											<10.00

Mon - 05/08/2017																
Elementary Lunch	Total	2														
Los Cabos Bean&Cheese Burrito	1 each	1	148	9	249	4.40	1.35	100.0	150	0.6	1	7.56	20.43	4.47	2.02	0.00
Corn-FRZ**0271	1/2 Cup	1	33	0	0	0.98	0.19	1.2	81	1.43	1	1.04	7.88	0.27	0.04	*N/A*
ChoLettuce/Tomato**0283	1/2 Cup	1	7	0	3	0.72	0.31	10.7	2674	2.28	1	0.44	1.29	0.11	0.01	*N/A*
Grape Cluster**0422	1/2 Cup	1	17	0	1	0.23	0.07	3.6	26	1.02	4	0.16	4.39	0.09	0.03	*N/A*
Elem Fresh Veggie**1922	Servings	1	31	0	99	1.51	0.45	16.7	1663	5.58	*1	1.25	6.42	0.12	0.00	*0.00
Ranch Dress**0291	2 Tbsp	1	50	7	65	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.5	5.25	1.00	*N/A*
Fruit&YogurtSaladMuffin**0399	1 Salad	1	205	16	220	4.32	1.33	295.5	12394	26.87	*10	7.44	34.02	4.71	2.08	*0.00
Milk-Variety**0489	1 Carton	2	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Salsa**0651	2 Tbsp.	1	5	0	70	0.50	0.18	10.1	76	0.6	*N/A*	0.0	1.01	0.0	0.00	0.00
Weighted Daily Average			596	40	837	12.67	3.98	737.7	17563	40.80	*18	25.90	88.94	16.27	5.94	*0.00
% of Calories											*11.7%	17.4%	59.7%	24.6%	9.0%	*0.0%
Nutrient Guideline			550-650		1230											<10.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 05/09/2017																
Elementary Lunch	Total	2														
Mac & Cheese-HMD**0285	2/3 CUP	1	178	28	462	0.42	0.45	196.1	413	0.29	*0	8.73	10.64	11.2	6.08	*0.00
Green Beans-FRZ**0426	1/2 cup	1	11	0	0	1.22	0.27	17.1	227	1.67	1	0.61	2.63	0.07	0.02	*N/A*
1 Oz Wheat Rolls**1889 E	1 Oz. Roll	1	45	0	70	0.79	0.41	2.8	0	0.0	*1	1.32	8.26	0.93	0.13	*N/A*
Fresh Strawberries**1875	1/2 cup	1	12	0	0	0.72	0.15	5.8	4	21.17	2	0.24	2.76	0.11	0.00	*N/A*
Elem Fresh Veggie**1922	Servings	1	31	0	99	1.51	0.45	16.7	1663	5.58	*1	1.25	6.42	0.12	0.00	*0.00
Ranch Dress**0291	2 Tbsp	1	50	7	65	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.5	5.25	1.00	*N/A*
Elem Bag Lunch**1997	lunch	1	121	12	322	1.48	0.85	136.4	150	0.0	*0	6.1	14.63	4.18	1.68	0.00
Milk-Variety**0489	1 Carton	2	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average			548	55	1149	6.15	2.67	674.9	2958	31.12	*4	26.26	58.86	23.11	9.66	*0.00
% of Calories											*2.7%	19.2%	43.0%	37.9%	15.9%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

Wed - 05/10/2017																
Elementary Lunch	Total	2														
Salisbury Steak**0767	1 Each	1	79	21	152	0.50	1.00	22.5	20	0.5	*N/A*	7.0	2.5	4.5	1.70	0.30
Mashed Potatoes**0171	1/2 Cup	1	37	0	51	0.50	0.18	5.0	25	1.79	*N/A*	0.99	7.95	0.3	0.05	0.00
Gravy - Variety**1859	1/4 Cup	1	10	0	158	0.00	0.00	0.0	0	0.0	*N/A*	0.25	2.0	0.25	0.00	0.00
Mixed Veggies-FRZ**0646	1/2 Cup	1	19	0	15	0.76	0.14	0.0	476	1.37	2	0.38	4.19	0.0	0.00	0.00
1 Oz Wheat Rolls**1889 E	1 Oz. Roll	1	45	0	70	0.79	0.41	2.8	0	0.0	*1	1.32	8.26	0.93	0.13	*N/A*
Kiwi Strawberry Sidekick**1944	4.4 oz serving	1	40	0	23	0.00	0.18	40.0	500	30.0	*N/A*	0.0	10.0	0.0	0.00	0.00
Elem Fresh Veggie**1922	Servings	1	31	0	99	1.51	0.45	16.7	1663	5.58	*1	1.25	6.42	0.12	0.00	*0.00
Ranch Dress**0291	2 Tbsp	1	50	7	65	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.5	5.25	1.00	*N/A*
Fruit&YogurtSalad GraCrk**1903	1 Salad	1	237	8	279	4.44	1.68	392.9	12877	26.54	*10	7.27	40.47	5.6	2.34	*0.00
Milk-Variety**0489	1 Carton	2	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average			650	44	1040	8.50	4.14	779.9	16062	68.18	*13	26.47	95.30	18.20	5.97	*0.30
% of Calories											*8.2%	16.3%	58.7%	25.2%	8.3%	*0.4%
Nutrient Guideline			550-650		1230										<10.00	

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Weighted Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/11/2017																
Elementary Lunch	Total	2														
Sloppy Joe**0114	1 Sandwich	1	168	27	289	1.88	1.73	52.1	195	6.54	*3	9.62	17.22	6.64	2.30	*0.36
Tater Tots**1299	3 Oz.	1	60	0	130	1.00	0.00	0.0	0	1.2	0	0.5	9.02	2.51	0.50	0.00
Watermelon Wedges**1226	1/2 Cup	1	22	0	1	0.30	0.18	5.2	426	6.06	5	0.46	5.65	0.11	0.01	*N/A*
Elem Fresh Veggie**1922	Servings	1	31	0	99	1.51	0.45	16.7	1663	5.58	*1	1.25	6.42	0.12	0.00	*0.00
Ranch Dress**0291	2 Tbsp	1	50	7	65	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.5	5.25	1.00	*N/A*
Elem Bag Lunch***1997	lunch	1	121	12	322	1.48	0.85	136.4	150	0.0	*0	6.1	14.63	4.18	1.68	0.00
Milk-Variety**0489	1 Carton	2	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average			553	53	1036	6.17	3.30	510.4	2934	21.79	*8	25.94	66.45	20.06	6.24	*0.36
% of Calories											*5.9%	18.8%	48.1%	32.6%	10.2%	*0.6%
Nutrient Guideline			550-650		1230											<10.00

Fri - 05/12/2017																
Elementary Lunch	Total	2														
Tony's Pepperoni Pizza**1203	1 Slice	1	150	7	320	2.00	1.35	100.0	200	0.0	*N/A*	7.5	18.0	5.5	2.25	0.00
Cucumber Slices**5047	1/2 Cup	1	6	0	1	0.20	0.11	6.5	43	1.14	1	0.27	1.48	0.04	0.01	*N/A*
Cantaloupe Chunks**0656	1/2 Cup	1	27	0	13	0.71	0.17	7.1	2685	29.13	6	0.67	6.48	0.15	0.04	*N/A*
Elem Fresh Veggie**1922	Servings	1	31	0	99	1.51	0.45	16.7	1663	5.58	*1	1.25	6.42	0.12	0.00	*0.00
Ranch Dress**0291	2 Tbsp	1	50	7	65	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.5	5.25	1.00	*N/A*
Fruit&YogurtSalad GraCrk**1903	1 Salad	1	237	8	279	4.44	1.68	392.9	12877	26.54	*10	7.27	40.47	5.6	2.34	*0.00
Friday Milk**1848	1 Carton	2	110	7	153	0.00	0.18	300.0	500	2.0	*N/A*	8.0	16.67	0.83	0.50	0.00
Weighted Daily Average			612	29	929	8.86	3.95	823.3	17968	64.40	*18	24.95	90.02	17.50	6.14	*0.00
% of Calories											*11.7%	16.3%	58.8%	25.7%	9.0%	*0.0%
Nutrient Guideline			550-650		1230											<10.00

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May 1, 2017 thru May 19, 2017

Base Menu Spreadsheet

Elementary Lunch

Weighted Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/15/2017																
Elementary Lunch	Total	2														
Quesadilla, cheese **1949	1	1	177	16	330	1.99	1.19	313.3	263	0.59	*N/A*	10.11	17.01	6.97	4.14	0.00
Pinto Beans**1365	1/2 Cup	1	27	0	37	1.47	0.47	13.9	0	0.29	*N/A*	1.56	4.88	0.26	0.05	0.00
Kiwi Strawberry Sidekick**1944	4.4 oz serving	1	40	0	23	0.00	0.18	40.0	500	30.0	*N/A*	0.0	10.0	0.0	0.00	0.00
Elem Fresh Veggie**1922	Servings	1	31	0	99	1.51	0.45	16.7	1663	5.58	*1	1.25	6.42	0.12	0.00	*0.00
Ranch Dress**0291	2 Tbsp	1	50	7	65	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.5	5.25	1.00	*N/A*
Elem Bag Lunch**1997	lunch	1	121	12	322	1.48	0.85	136.4	150	0.0	*0	6.1	14.63	4.18	1.68	0.00
Milk-Variety**0489	1 Carton	2	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Salsa**0651	2 Tbsp.	1	5	0	70	0.50	0.18	10.1	76	0.6	*N/A*	0.0	1.01	0.0	0.00	0.00
Weighted Daily Average			552	42	1076	6.95	3.40	830.3	3152	39.47	*1	27.01	67.46	18.03	7.64	*0.00
% of Calories											*0.5%	19.6%	48.9%	29.4%	12.4%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

Tue - 05/16/2017																
Elementary Lunch	Total	2														
Spag w/Meat Sauce **1025	1 1/2 Cup	1	242	21	364	4.80	1.92	131.2	818	6.55	*0	12.08	30.99	8.2	3.10	*0.18
Tossed Salad**0202	1 Cup	1	10	0	6	1.00	0.40	14.6	3888	3.05	1	0.58	1.94	0.14	0.02	*0.00
1 Oz Wheat Rolls**1889 E	1 Oz. Roll	1	45	0	70	0.79	0.41	2.8	0	0.0	*1	1.32	8.26	0.93	0.13	*N/A*
Pears**0438	1/2 Cup	1	36	0	3	1.00	0.18	3.1	0	0.44	8	0.12	9.5	0.02	0.00	*N/A*
Elem Fresh Veggie**1922	Servings	1	31	0	99	1.51	0.45	16.7	1663	5.58	*1	1.25	6.42	0.12	0.00	*0.00
Ranch Dress**0291	2 Tbsp	1	50	7	65	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.5	5.25	1.00	*N/A*
Elem Bag Lunch**1997	lunch	1	121	12	322	1.48	0.85	136.4	150	0.0	*0	6.1	14.63	4.18	1.68	0.00
Milk-Variety**0489	1 Carton	2	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average			635	47	1058	10.58	4.30	604.8	7020	18.03	*10	29.46	85.25	20.10	6.68	*0.18
% of Calories											*6.2%	18.6%	53.7%	28.5%	9.5%	*0.3%
Nutrient Guideline			550-650		1230										<10.00	

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Elementary Lunch

Weighted Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 05/17/2017																
Elementary Lunch	Total	2														
Asian Teriyaki Chicken**1839	2.85 oz serving	1	73	26	207	0.00	0.54	10.0	50	0.6	7	7.5	7.0	1.25	0.50	0.00
Brown Rice**0687	1 Cup	1	35	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	0.28	*N/A*	*N/A*
Broccoli**0258	1/2 Cup	1	16	0	6	1.70	0.35	18.7	573	22.74	1	1.76	3.03	0.07	0.01	*N/A*
Mandarin Oranges**1163	1/2 Cup	1	27	0	3	0.51	0.16	3.4	555	8.41	*N/A*	0.23	6.89	0.06	0.00	*N/A*
Elem Fresh Veggie**1922	Servings	1	31	0	99	1.51	0.45	16.7	1663	5.58	*1	1.25	6.42	0.12	0.00	*0.00
Ranch Dress**0291	2 Tbsp	1	50	7	65	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.5	5.25	1.00	*N/A*
Fruit&YogurtSaladMuffin**0399	1 Salad	1	205	16	220	4.32	1.33	295.5	12394	26.87	*10	7.44	34.02	4.71	2.08	*0.00
Milk-Variety**0489	1 Carton	2	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average			537	*58	*730	*8.04	*2.92	*644.3	*15736	*66.60	*19	*26.18	*70.87	13.00	*4.35	*0.00
% of Calories											*14.0%	*19.5%	*52.8%	21.8%	*7.3%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/18/2017																
Elementary Lunch	Total	2														
Frito Pie-Cnd Bean Gr BF**1937	Servings	1	189	14	533	4.80	1.97	116.8	195	4.65	*1	8.88	23.07	7.26	1.86	*0.09
ChoLettuce/Tomato**0283	1/2 Cup	1	7	0	3	0.72	0.31	10.7	2674	2.28	1	0.44	1.29	0.11	0.01	*N/A*
Honeydew Chunks**0662	1/2 Cup	1	16	0	8	0.35	0.07	2.6	22	7.86	4	0.24	3.97	0.06	0.01	*N/A*
Elem Fresh Veggie**1922	Servings	1	31	0	99	1.51	0.45	16.7	1663	5.58	*1	1.25	6.42	0.12	0.00	*0.00
Ranch Dress**0291	2 Tbsp	1	50	7	65	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.5	5.25	1.00	*N/A*
Elem Bag Lunch***1997	lunch	1	121	12	322	1.48	0.85	136.4	150	0.0	*0	6.1	14.63	4.18	1.68	0.00
Milk-Variety**0489	1 Carton	2	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Salsa**0651	2 Tbsp.	1	5	0	70	0.50	0.18	10.1	76	0.6	*N/A*	0.0	1.01	0.0	0.00	0.00
Weighted Daily Average			519	41	1229	9.36	3.92	593.3	5279	23.39	*6	24.91	63.90	18.23	5.32	*0.09
% of Calories											*4.5%	19.2%	49.3%	31.6%	9.2%	*0.2%
Nutrient Guideline			550-650		1230										<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 05/19/2017																
Elementary Lunch	Total	2														
Tony's Cheese Pizza **1536	1 Slice	1	145	7	270	2.00	1.35	150.0	250	0.0	*N/A*	7.5	17.0	5.5	2.00	0.00
Red Pepper Strips**1873	1/4 cup	1	12	0	1	0.78	0.16	2.6	1165	47.5	2	0.37	2.24	0.11	0.01	*N/A*
Pineapple Chunks**0092	1/2 Cup	1	33	0	1	0.50	0.24	8.8	24	4.7	8	0.23	8.42	0.08	0.01	*N/A*
Elem Fresh Veggie**1922	Servings	1	31	0	99	1.51	0.45	16.7	1663	5.58	*1	1.25	6.42	0.12	0.00	*0.00
Ranch Dress**0291	2 Tbsp	1	50	7	65	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.5	5.25	1.00	*N/A*
Fruit&YogurtSalad GraCrk**1903	1 Salad	1	237	8	279	4.44	1.68	392.9	12877	26.54	*10	7.27	40.47	5.6	2.34	*0.00
Friday Milk**1848	1 Carton	2	110	7	153	0.00	0.18	300.0	500	2.0	*N/A*	8.0	16.67	0.83	0.50	0.00
Weighted Daily Average			618	29	868	9.23	4.07	871.0	16479	86.32	*20	24.61	91.72	17.49	5.86	*0.00
% of Calories											*13.3%	15.9%	59.4%	25.5%	8.5%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

Weighted Average			583	*45	*978	*8.78	*3.71	*693.7	*11148	*46.79	*13	*26.21	*78.31	18.10	*6.24	*0.12
											*19.4%	*18.0%	*53.7%	27.9%	*9.6%	*0.2%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	583		550 - 650	100%				
Cholesterol (mg)	45				Missing			
Sodium (mg)	978		1230		Missing			
Fiber (g)	8.78				Missing			
Iron (mg)	3.71				Missing			
Calcium (mg)	693.7				Missing			
Vitamin A (IU)	11148				Missing			
Sugars (g)	13	8.60%			Missing			
Vitamin C (mg)	46.79				Missing			
Protein (g)	26.21	17.97%			Missing			
Carbohydrate (g)	78.31	53.69%			Missing			
Total Fat (g)	18.10	27.92%						
Saturated Fat (g)	6.24	9.62%	<10.00%		Missing			
Trans Fat ¹ (g)	0.12	0.18%			Missing			

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