

Central Consolidated Schools

May 1, 2019 thru May 24, 2019

Base Menu Spreadsheet

Middle Lunch

Weighted Values - Detailed

Page 1

Generated on: 4/15/2019 9:03:12 AM

| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|--------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Wed - 05/01/2019 | | | | | | | | | | | | | | | | |
| Middle Lunch | Total | 4 | | | | | | | | | | | | | | |
| BBQ Sandwich-PP **1921 | 1 sand | 1 | 117 | 11 | 403 | 1.69 | 0.52 | 15.3 | 97 | 2.45 | *1 | 5.5 | 15.75 | 3.5 | 1.08 | 0.00 |
| Tater Tots**1299 | 3 Oz. | 3 | 90 | 0 | 195 | 1.50 | 0.00 | 0.0 | 0 | 1.8 | 0 | 0.75 | 13.53 | 3.76 | 0.75 | 0.00 |
| Cucumber Slices**5047 | 1/2 Cup | 3 | 9 | 0 | 1 | 0.31 | 0.17 | 9.8 | 64 | 1.71 | 1 | 0.4 | 2.22 | 0.07 | 0.02 | 0.00 |
| Grape Cluster**0422 | 1/2 Cup | 4 | 34 | 0 | 1 | 0.46 | 0.15 | 7.2 | 51 | 2.05 | 8 | 0.32 | 8.78 | 0.18 | 0.06 | 0.00 |
| Sec FreshVeggie**1882 | Servings | 4 | 38 | 0 | 114 | 2.19 | 0.72 | 26.3 | 2843 | 10.14 | 3 | 1.8 | 7.65 | 0.11 | 0.01 | 0.00 |
| Milk-Variety**0489 | 1 Carton | 4 | 100 | 8 | 130 | 0.00 | 0.09 | 300.0 | 500 | 2.4 | *N/A* | 8.0 | 13.0 | 1.25 | 0.75 | 0.00 |
| Choice of Chick Sand MS**1880 | 1 Serving | 1 | 108 | 8 | 230 | 1.35 | 0.80 | 12.4 | 351 | 2.7 | *1 | 4.76 | 9.41 | 5.35 | 0.94 | *0.00 |
| Choice of Pizza-Mid & HS**1437 | 1 Slice | 1 | 78 | 8 | 147 | 0.83 | 0.68 | 100.0 | 108 | 1.85 | 1 | 5.0 | 7.08 | 3.33 | 1.67 | 0.00 |
| Fruit&YogurtSaladMuffin**0399 | 1 Salad | 1 | 116 | 10 | 119 | 0.49 | 0.55 | 172.9 | 325 | 12.16 | *7 | 3.86 | 18.49 | 3.24 | 1.16 | *0.00 |
| Weighted Daily Average | | | 691 | 45 | 1340 | 8.82 | 3.68 | 643.8 | 4340 | 37.27 | *22 | 30.39 | 95.91 | 20.79 | 6.44 | *0.00 |
| % of Calories | | | | | | | | | | | *12.9% | 17.6% | 55.5% | 27.1% | 8.4% | *0.0% |
| Nutrient Guideline | | | 600-700 | | 1360 | | | | | | | | | | <10.00 | |

| | | | | | | | | | | | | | | | | |
|--------------------------------|----------------|---|---------|----|------|-------|------|-------|-------|-------|--------|-------|--------|-------|--------|-------|
| Thu - 05/02/2019 | | | | | | | | | | | | | | | | |
| Middle Lunch | Total | 3 | | | | | | | | | | | | | | |
| Green Chile Chicken Ench**1118 | 1 Cup | 1 | 98 | 21 | 143 | 1.28 | 0.50 | 55.5 | 164 | 2.35 | *0 | 8.38 | 10.57 | 2.78 | 1.09 | *0.00 |
| Pinto Beans**1365 | 1/2 Cup | 2 | 37 | 0 | 50 | 1.95 | 0.62 | 18.5 | 0 | 0.39 | *N/A* | 2.07 | 6.51 | 0.35 | 0.07 | 0.00 |
| ChoLettuce/Tomato**0283 | 1/2 Cup | 1 | 4 | 0 | 2 | 0.48 | 0.21 | 7.1 | 1782 | 1.52 | 0 | 0.29 | 0.86 | 0.07 | 0.01 | 0.00 |
| Sidekick Smoothie**1944 | 4.4 oz serving | 3 | 90 | 0 | 48 | 0.00 | 0.00 | 80.0 | 1500 | 60.0 | 19 | 0.0 | 22.0 | 0.0 | 0.00 | 0.00 |
| 1 Oz Wheat Rolls**1889 E | 1 Oz. Roll | 1 | 30 | 0 | 47 | 0.53 | 0.28 | 1.9 | 0 | 0.0 | *1 | 0.88 | 5.51 | 0.62 | 0.09 | *0.00 |
| Sec FreshVeggie**1882 | Servings | 3 | 38 | 0 | 114 | 2.19 | 0.72 | 26.3 | 2843 | 10.14 | 3 | 1.8 | 7.65 | 0.11 | 0.01 | 0.00 |
| Milk-Variety**0489 | 1 Carton | 3 | 100 | 8 | 130 | 0.00 | 0.09 | 300.0 | 500 | 2.4 | *N/A* | 8.0 | 13.0 | 1.25 | 0.75 | 0.00 |
| Burger/Deli Sand Com H**1891 | 1 Serving | 1 | 131 | 19 | 371 | 1.31 | 0.72 | 29.6 | 457 | 3.2 | *1 | 6.93 | 11.66 | 6.05 | 1.99 | *0.00 |
| French Fries S**1890 | 1 Serving | 1 | 45 | 0 | 68 | 0.73 | 0.17 | 1.2 | 0 | 1.25 | 0 | 0.6 | 6.27 | 1.81 | 0.38 | 0.00 |
| Crispy Chicken Salad**1881 | 1 Salad | 1 | 153 | 14 | 310 | 3.73 | 0.87 | 27.1 | 6172 | 5.6 | *3 | 8.67 | 17.42 | 5.8 | 0.69 | 0.00 |
| Weighted Daily Average | | | 727 | 61 | 1282 | 12.21 | 4.18 | 547.2 | 13419 | 86.85 | *27 | 37.63 | 101.43 | 18.84 | 5.09 | *0.00 |
| % of Calories | | | | | | | | | | | *14.8% | 20.7% | 55.8% | 23.3% | 6.3% | *0.0% |
| Nutrient Guideline | | | 600-700 | | 1360 | | | | | | | | | | <10.00 | |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Central Consolidated Schools

May 1, 2019 thru May 24, 2019

Base Menu Spreadsheet

Middle Lunch

Weighted Values - Detailed

| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|--------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Fri - 05/03/2019 | | | | | | | | | | | | | | | | |
| Middle Lunch | Total | 4 | | | | | | | | | | | | | | |
| AFS Tangerine Chicken**2001 | 3.9 oz | 1 | 48 | 11 | 95 | 0.50 | 0.36 | 0.0 | 16 | 0.0 | 3 | 3.5 | 6.25 | 1.0 | 0.25 | 0.00 |
| Brown Rice**0687 | 1 Cup | 1 | 17 | *N/A* | *N/A* | *N/A* | *N/A* | *N/A* | *N/A* | *N/A* | *N/A* | *N/A* | *N/A* | 0.14 | *N/A* | *N/A* |
| Oriental Blend**1109 | 1/2 Cup | 3 | 21 | 0 | 13 | 1.70 | 0.00 | 17.0 | 170 | 10.21 | *N/A* | 0.85 | 3.4 | 0.0 | 0.00 | *N/A* |
| Mandarin Oranges**1163 | 1/2 Cup | 4 | 54 | 0 | 5 | 1.03 | 0.32 | 6.9 | 1110 | 16.82 | *N/A* | 0.46 | 13.78 | 0.12 | 0.01 | *N/A* |
| Sec FreshVeggie**1882 | Servings | 4 | 38 | 0 | 114 | 2.19 | 0.72 | 26.3 | 2843 | 10.14 | 3 | 1.8 | 7.65 | 0.11 | 0.01 | 0.00 |
| Friday Milk**1848 | 1 Carton | 4 | 110 | 7 | 153 | 0.00 | 0.18 | 300.0 | 500 | 2.0 | *N/A* | 8.0 | 16.67 | 0.83 | 0.50 | 0.00 |
| Choice of Chick Sand MS**1880 | 1 Serving | 1 | 108 | 8 | 230 | 1.35 | 0.80 | 12.4 | 351 | 2.7 | *1 | 4.76 | 9.41 | 5.35 | 0.94 | *0.00 |
| Choice of Pizza-Mid & HS**1437 | 1 Slice | 1 | 78 | 8 | 147 | 0.83 | 0.68 | 100.0 | 108 | 1.85 | 1 | 5.0 | 7.08 | 3.33 | 1.67 | 0.00 |
| French Fries S**1890 | 1 Serving | 1 | 34 | 0 | 51 | 0.55 | 0.13 | 0.9 | 0 | 0.94 | 0 | 0.45 | 4.7 | 1.36 | 0.28 | 0.00 |
| Garden Salad**1910 | 1 Salad | 1 | 117 | 50 | 197 | 3.03 | 2.87 | 112.3 | 3189 | 15.59 | *4 | 5.78 | 15.15 | 4.56 | 1.63 | *0.00 |
| Weighted Daily Average | | | 625 | *85 | *1005 | *11.18 | *6.05 | *575.7 | *8288 | *60.24 | *12 | *30.60 | *84.10 | 16.80 | *5.29 | *0.00 |
| % of Calories | | | | | | | | | | | *7.8% | *19.6% | *53.8% | 24.2% | *7.6% | *0.0% |
| Nutrient Guideline | | | 600-700 | | 1360 | | | | | | | | | | <10.00 | |

| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|--------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Mon - 05/06/2019 | | | | | | | | | | | | | | | | |
| Middle Lunch | Total | 4 | | | | | | | | | | | | | | |
| Chicken Salad Sand **1864 | 1/2 CUP | 1 | 81 | 17 | 121 | 0.87 | 0.55 | 7.7 | 39 | 0.24 | *2 | 7.0 | 7.88 | 2.51 | 0.33 | *0.01 |
| Tater Tots**1299 | 3 Oz. | 3 | 90 | 0 | 195 | 1.50 | 0.00 | 0.0 | 0 | 1.8 | 0 | 0.75 | 13.53 | 3.76 | 0.75 | 0.00 |
| Coleslaw**0220 | 1/2 Cup | 1 | 11 | 0 | 48 | 0.56 | 0.02 | 11.9 | 400 | 9.76 | *0 | 0.29 | 2.42 | 0.01 | 0.00 | *0.00 |
| Watermelon Wedges**1226 | 1/2 Cup | 4 | 45 | 0 | 1 | 0.60 | 0.36 | 10.5 | 852 | 12.12 | 9 | 0.91 | 11.3 | 0.22 | 0.02 | 0.00 |
| Sec FreshVeggie**1882 | Servings | 4 | 38 | 0 | 114 | 2.19 | 0.72 | 26.3 | 2843 | 10.14 | 3 | 1.8 | 7.65 | 0.11 | 0.01 | 0.00 |
| Milk-Variety**0489 | 1 Carton | 4 | 100 | 8 | 130 | 0.00 | 0.09 | 300.0 | 500 | 2.4 | *N/A* | 8.0 | 13.0 | 1.25 | 0.75 | 0.00 |
| Choice of Chick Sand MS**1880 | 1 Serving | 1 | 108 | 8 | 230 | 1.35 | 0.80 | 12.4 | 351 | 2.7 | *1 | 4.76 | 9.41 | 5.35 | 0.94 | *0.00 |
| Choice of Pizza-Mid & HS**1437 | 1 Slice | 1 | 78 | 8 | 147 | 0.83 | 0.68 | 100.0 | 108 | 1.85 | 1 | 5.0 | 7.08 | 3.33 | 1.67 | 0.00 |
| Chef Salad**1907 | 1 Salad | 1 | 122 | 58 | 323 | 2.15 | *2.84 | *38.6 | *2899 | *13.9 | *4 | 7.59 | 13.51 | 5.18 | 1.96 | *0.00 |
| Weighted Daily Average | | | 673 | 99 | 1310 | 10.06 | *6.05 | *507.3 | *7993 | *54.91 | *20 | 36.10 | 85.78 | 21.72 | 6.44 | *0.01 |
| % of Calories | | | | | | | | | | | *11.7% | 21.4% | 51.0% | 29.0% | 8.6% | *0.0% |
| Nutrient Guideline | | | 600-700 | | 1360 | | | | | | | | | | <10.00 | |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
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Middle Lunch

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| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|--------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Tue - 05/07/2019 | | | | | | | | | | | | | | | | |
| Middle Lunch | Total | 4 | | | | | | | | | | | | | | |
| Taco- 2 w GB***1974 | 2 Tacos | 1 | 95 | 15 | 127 | 1.30 | 0.86 | 83.1 | 413 | 2.7 | *0 | 6.01 | 7.3 | 4.83 | 2.09 | *0.01 |
| Spanish Rice Elem**8189 | 1/2 Cup | 1 | 28 | 0 | 89 | 0.47 | 0.24 | 3.8 | 94 | 2.97 | *0 | 0.22 | 5.37 | 0.51 | 0.04 | *0.00 |
| Santiago Refried Beans**1999 | 1/2 cup | 3 | 118 | 0 | 111 | 7.39 | 1.69 | 37.3 | 0 | 0.65 | 0 | 7.39 | 21.42 | 0.37 | 0.00 | 0.00 |
| ChoLettuce/Tomato**0283 | 1/2 Cup | 1 | 3 | 0 | 1 | 0.36 | 0.16 | 5.3 | 1337 | 1.14 | 0 | 0.22 | 0.65 | 0.05 | 0.01 | 0.00 |
| Grape Cluster**0422 | 1/2 Cup | 4 | 34 | 0 | 1 | 0.46 | 0.15 | 7.2 | 51 | 2.05 | 8 | 0.32 | 8.78 | 0.18 | 0.06 | 0.00 |
| Sec FreshVeggie**1882 | Servings | 4 | 38 | 0 | 114 | 2.19 | 0.72 | 26.3 | 2843 | 10.14 | 3 | 1.8 | 7.65 | 0.11 | 0.01 | 0.00 |
| Milk-Variety**0489 | 1 Carton | 4 | 100 | 8 | 130 | 0.00 | 0.09 | 300.0 | 500 | 2.4 | *N/A* | 8.0 | 13.0 | 1.25 | 0.75 | 0.00 |
| Burger/Deli Sand Choice**1904 | 1 Serving | 1 | 102 | 15 | 398 | 0.99 | 0.64 | 32.7 | 262 | 1.95 | *1 | 5.57 | 8.82 | 4.85 | 1.74 | *0.00 |
| French Fries S**1890 | 1 Serving | 1 | 34 | 0 | 51 | 0.55 | 0.13 | 0.9 | 0 | 0.94 | 0 | 0.45 | 4.7 | 1.36 | 0.28 | 0.00 |
| Salad,Grill Chix & Fruit**1996 | 3 cup | 1 | 101 | 11 | 139 | 2.35 | 1.19 | 78.2 | 2993 | 18.71 | *2 | 6.71 | 11.91 | 3.31 | 1.05 | 0.00 |
| Weighted Daily Average | | | 654 | 49 | 1161 | 16.05 | 5.87 | 574.8 | 8492 | 43.65 | *15 | 36.70 | 89.60 | 16.82 | 6.03 | *0.01 |
| % of Calories | | | | | | | | | | | *9.2% | 22.4% | 54.8% | 23.1% | 8.3% | *0.0% |
| Nutrient Guideline | | | 600-700 | | 1360 | | | | | | | | | | <10.00 | |

| | | | | | | | | | | | | | | | | |
|--------------------------------|-----------|---|---------|----|------|------|------|-------|------|-------|--------|-------|-------|-------|--------|-------|
| Wed - 05/08/2019 | | | | | | | | | | | | | | | | |
| Middle Lunch | Total | 3 | | | | | | | | | | | | | | |
| Chicken Alfredo w/ CFS **1887 | 1 Cup | 1 | 118 | 28 | 278 | 1.52 | 0.91 | 36.2 | 234 | 6.5 | *0 | 8.95 | 13.54 | 3.52 | 1.12 | 0.52 |
| Tossed Salad**0202 | 1 Cup | 2 | 13 | 0 | 8 | 1.33 | 0.54 | 19.4 | 5180 | 4.07 | 1 | 0.78 | 2.59 | 0.19 | 0.03 | 0.00 |
| WG Breadsticks**1885 | 1 Each | 1 | 27 | 0 | 33 | 0.67 | 0.12 | 2.2 | 0 | 0.0 | *N/A* | 1.0 | 5.0 | 0.33 | 0.00 | 0.00 |
| Fresh Apple**0064 | Apple | 1 | 24 | 0 | 0 | 1.10 | 0.06 | 2.8 | 25 | 2.12 | 5 | 0.12 | 6.35 | 0.08 | 0.01 | 0.00 |
| Sec FreshVeggie**1882 | Servings | 1 | 13 | 0 | 38 | 0.73 | 0.24 | 8.8 | 948 | 3.38 | 1 | 0.6 | 2.55 | 0.04 | 0.00 | 0.00 |
| Milk-Variety**0489 | 1 Carton | 3 | 100 | 8 | 130 | 0.00 | 0.09 | 300.0 | 500 | 2.4 | *N/A* | 8.0 | 13.0 | 1.25 | 0.75 | 0.00 |
| Choice of Pizza-Mid & HS**1437 | 1 Slice | 1 | 104 | 11 | 196 | 1.11 | 0.90 | 133.3 | 144 | 2.47 | 1 | 6.67 | 9.44 | 4.44 | 2.22 | 0.00 |
| Choice of Chick Sand MS**1880 | 1 Serving | 1 | 143 | 11 | 306 | 1.80 | 1.07 | 16.5 | 468 | 3.6 | *1 | 6.34 | 12.55 | 7.13 | 1.25 | *0.00 |
| French Fries S**1890 | 1 Serving | 1 | 45 | 0 | 68 | 0.73 | 0.17 | 1.2 | 0 | 1.25 | 0 | 0.6 | 6.27 | 1.81 | 0.38 | 0.00 |
| Fruit&YogurtSaladMuffin**0399 | 1 Salad | 1 | 155 | 13 | 158 | 0.65 | 0.74 | 230.5 | 433 | 16.22 | *10 | 5.15 | 24.65 | 4.33 | 1.55 | *0.00 |
| Weighted Daily Average | | | 742 | 71 | 1216 | 9.65 | 4.84 | 750.8 | 7932 | 41.99 | *19 | 38.20 | 95.94 | 23.12 | 7.32 | *0.52 |
| % of Calories | | | | | | | | | | | *10.3% | 20.6% | 51.7% | 28.0% | 8.9% | *0.6% |
| Nutrient Guideline | | | 600-700 | | 1360 | | | | | | | | | | <10.00 | |

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Middle Lunch

Weighted Values - Detailed

| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calc (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|------------------------------|----------------|-----------|-------------|-------------|-----------|-----------|-----------|-----------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Thu - 05/09/2019 | | | | | | | | | | | | | | | | |
| Middle Lunch | Total | 3 | | | | | | | | | | | | | | |
| Roast Chicken**1912 | 2 oz | 1 | 33 | 12 | 67 | 0.00 | 0.08 | 0.0 | 0 | 0.0 | *N/A* | 3.1 | 0.0 | 2.2 | 0.67 | 0.00 |
| Mashed Potatoes**0171 | 1/2 Cup | 2 | 50 | 0 | 68 | 0.66 | 0.24 | 6.6 | 33 | 2.39 | *N/A* | 1.33 | 10.61 | 0.4 | 0.07 | 0.00 |
| Gravy - Variety**1859 | 1/4 Cup | 1 | 7 | 0 | 105 | 0.00 | 0.00 | 0.0 | 0 | 0.0 | *N/A* | 0.17 | 1.33 | 0.17 | 0.00 | 0.00 |
| Mixed Veggies-FRZ**0646 | 1/2 Cup | 3 | 38 | 0 | 30 | 1.52 | 0.27 | 0.0 | 951 | 2.74 | 3 | 0.76 | 8.37 | 0.0 | 0.00 | 0.00 |
| 1 Oz Wheat Rolls**1889 E | 1 Oz. Roll | 3 | 91 | 0 | 141 | 1.59 | 0.83 | 5.7 | 1 | 0.0 | *2 | 2.65 | 16.53 | 1.87 | 0.26 | *0.00 |
| Sidekick Smoothie**1944 | 4.4 oz serving | 3 | 90 | 0 | 48 | 0.00 | 0.00 | 80.0 | 1500 | 60.0 | 19 | 0.0 | 22.0 | 0.0 | 0.00 | 0.00 |
| Sec FreshVeggie**1882 | Servings | 1 | 13 | 0 | 38 | 0.73 | 0.24 | 8.8 | 948 | 3.38 | 1 | 0.6 | 2.55 | 0.04 | 0.00 | 0.00 |
| Milk-Variety**0489 | 1 Carton | 1 | 33 | 3 | 43 | 0.00 | 0.03 | 100.0 | 167 | 0.8 | *N/A* | 2.67 | 4.33 | 0.42 | 0.25 | 0.00 |
| Burger/Deli Sand Com H**1891 | 1 Serving | 1 | 131 | 19 | 371 | 1.31 | 0.72 | 29.6 | 457 | 3.2 | *1 | 6.93 | 11.66 | 6.05 | 1.99 | *0.00 |
| French Fries S**1890 | 1 Serving | 1 | 45 | 0 | 68 | 0.73 | 0.17 | 1.2 | 0 | 1.25 | 0 | 0.6 | 6.27 | 1.81 | 0.38 | 0.00 |
| Crispy Chicken Salad**1909 | 1 Salad | 1 | 174 | 14 | 285 | 3.21 | 1.66 | 126.2 | 3882 | 18.53 | *3 | 9.95 | 18.42 | 7.59 | 2.01 | *0.00 |
| Weighted Daily Average | | | 705 | 47 | 1263 | 9.76 | 4.24 | 358.0 | 7939 | 92.28 | *29 | 28.75 | 102.07 | 20.54 | 5.63 | *0.00 |
| % of Calories | | | | | | | | | | | *16.3% | 16.3% | 57.9% | 26.2% | 7.2% | *0.0% |
| Nutrient Guideline | | | 600-700 | | 1360 | | | | | | | | | | <10.00 | |

| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calc (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|--------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|-----------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Fri - 05/10/2019 | | | | | | | | | | | | | | | | |
| Middle Lunch | Total | 4 | | | | | | | | | | | | | | |
| Chicken Fajita-S**1059 | 1 Each | 1 | 94 | 24 | 267 | 0.51 | 0.32 | 20.7 | 206 | 9.6 | 1 | 7.07 | 8.43 | 3.52 | 1.26 | 0.00 |
| Santiago Refried Beans**1999 | 1/2 cup | 3 | 118 | 0 | 111 | 7.39 | 1.69 | 37.3 | 0 | 0.65 | 0 | 7.39 | 21.42 | 0.37 | 0.00 | 0.00 |
| ChoLettuce/Tomato**0283 | 1/2 Cup | 3 | 10 | 0 | 4 | 1.09 | 0.47 | 16.0 | 4010 | 3.43 | 1 | 0.66 | 1.94 | 0.16 | 0.02 | 0.00 |
| Honeydew Chunks**0662 | 1/2 Cup | 4 | 31 | 0 | 16 | 0.70 | 0.15 | 5.2 | 44 | 15.72 | 7 | 0.47 | 7.94 | 0.12 | 0.03 | 0.00 |
| Sec FreshVeggie**1882 | Servings | 3 | 29 | 0 | 86 | 1.64 | 0.54 | 19.7 | 2132 | 7.61 | 3 | 1.35 | 5.73 | 0.08 | 0.01 | 0.00 |
| Milk-Variety**0489 | 1 Carton | 4 | 100 | 8 | 130 | 0.00 | 0.09 | 300.0 | 500 | 2.4 | *N/A* | 8.0 | 13.0 | 1.25 | 0.75 | 0.00 |
| Choice of Pizza-Mid & HS**1437 | 1 Slice | 1 | 78 | 8 | 147 | 0.83 | 0.68 | 100.0 | 108 | 1.85 | 1 | 5.0 | 7.08 | 3.33 | 1.67 | 0.00 |
| Choice of Chick Sand MS**1880 | 1 Serving | 1 | 108 | 8 | 230 | 1.35 | 0.80 | 12.4 | 351 | 2.7 | *1 | 4.76 | 9.41 | 5.35 | 0.94 | *0.00 |
| French Fries S**1890 | 1 Serving | 2 | 67 | 0 | 102 | 1.10 | 0.26 | 1.7 | 0 | 1.87 | 0 | 0.9 | 9.4 | 2.72 | 0.57 | 0.00 |
| Garden Salad**1910 | 1 Salad | 1 | 117 | 50 | 197 | 3.03 | 2.87 | 112.3 | 3189 | 15.59 | *4 | 5.78 | 15.15 | 4.56 | 1.63 | *0.00 |
| Weighted Daily Average | | | 752 | 98 | 1289 | 17.63 | 7.86 | 625.4 | 10541 | 61.42 | *17 | 41.37 | 99.52 | 21.46 | 6.88 | *0.00 |
| % of Calories | | | | | | | | | | | *8.8% | 22.0% | 52.9% | 25.7% | 8.2% | *0.0% |
| Nutrient Guideline | | | 600-700 | | 1360 | | | | | | | | | | <10.00 | |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Central Consolidated Schools

May 1, 2019 thru May 24, 2019

Base Menu Spreadsheet

Middle Lunch

Weighted Values - Detailed

| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|--------------------------------|----------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Mon - 05/13/2019 | | | | | | | | | | | | | | | | |
| Middle Lunch | Total | 3 | | | | | | | | | | | | | | |
| Tyson Chicken Popcorn**1956 | 3.36 oz 1 2 pc | 1 | 85 | 9 | 129 | 1.02 | 0.61 | 0.0 | 34 | 0.0 | 0 | 5.1 | 5.44 | 5.1 | 0.85 | 0.00 |
| Green Beans-FRZ**0426 | 1/2 cup | 2 | 15 | 0 | 1 | 1.63 | 0.36 | 22.9 | 228 | 2.23 | 1 | 0.81 | 3.51 | 0.09 | 0.02 | 0.00 |
| Mashed Potatoes**0171 | 1/2 Cup | 1 | 25 | 0 | 34 | 0.33 | 0.12 | 3.3 | 17 | 1.19 | *N/A* | 0.66 | 5.3 | 0.2 | 0.03 | 0.00 |
| Gravy - Variety**1859 | 1/4 Cup | 1 | 7 | 0 | 105 | 0.00 | 0.00 | 0.0 | 0 | 0.0 | *N/A* | 0.17 | 1.33 | 0.17 | 0.00 | 0.00 |
| 1 Oz Wheat Rolls**1889 E | 1 Oz. Roll | 1 | 30 | 0 | 47 | 0.53 | 0.28 | 1.9 | 0 | 0.0 | *1 | 0.88 | 5.51 | 0.62 | 0.09 | *0.00 |
| Grape Cluster**0422 | 1/2 Cup | 3 | 34 | 0 | 1 | 0.46 | 0.15 | 7.2 | 51 | 2.05 | 8 | 0.32 | 8.78 | 0.18 | 0.06 | 0.00 |
| Sec FreshVeggie**1882 | Servings | 3 | 38 | 0 | 114 | 2.19 | 0.72 | 26.3 | 2843 | 10.14 | 3 | 1.8 | 7.65 | 0.11 | 0.01 | 0.00 |
| Milk-Variety**0489 | 1 Carton | 3 | 100 | 8 | 130 | 0.00 | 0.09 | 300.0 | 500 | 2.4 | *N/A* | 8.0 | 13.0 | 1.25 | 0.75 | 0.00 |
| Choice of Chick Sand MS**1880 | 1 Serving | 1 | 143 | 11 | 306 | 1.80 | 1.07 | 16.5 | 468 | 3.6 | *1 | 6.34 | 12.55 | 7.13 | 1.25 | *0.00 |
| Choice of Pizza-Mid & HS**1437 | 1 Slice | 1 | 104 | 11 | 196 | 1.11 | 0.90 | 133.3 | 144 | 2.47 | 1 | 6.67 | 9.44 | 4.44 | 2.22 | 0.00 |
| French Fries S**1890 | 1 Serving | 1 | 45 | 0 | 68 | 0.73 | 0.17 | 1.2 | 0 | 1.25 | 0 | 0.6 | 6.27 | 1.81 | 0.38 | 0.00 |
| Chef Salad**1907 | 1 Salad | 1 | 162 | 77 | 431 | 2.87 | *3.78 | *51.5 | *3865 | *18.53 | *5 | 10.12 | 18.01 | 6.91 | 2.61 | *0.00 |
| Weighted Daily Average | | | 790 | 115 | 1561 | 12.67 | *8.25 | *564.0 | *8151 | *43.86 | *20 | 41.48 | 96.80 | 28.02 | 8.29 | *0.00 |
| % of Calories | | | | | | | | | | | *10.3% | 21.0% | 49.0% | 31.9% | 9.4% | *0.0% |
| Nutrient Guideline | | | 600-700 | | 1360 | | | | | | | | | | <10.00 | |

| | | | | | | | | | | | | | | | | |
|--------------------------------|------------|---|---------|----|------|-------|------|-------|------|-------|-------|-------|-------|-------|--------|-------|
| Tue - 05/14/2019 | | | | | | | | | | | | | | | | |
| Middle Lunch | Total | 4 | | | | | | | | | | | | | | |
| Fiesta Bowl**1991 | 1 bowl | 1 | 107 | 18 | 163 | 1.87 | 0.81 | 115.9 | 261 | 3.28 | *0 | 5.84 | 13.64 | 2.82 | 1.12 | 0.00 |
| ChoLettuce/Tomato**0283 | 1/2 Cup | 1 | 3 | 0 | 1 | 0.36 | 0.16 | 5.3 | 1337 | 1.14 | 0 | 0.22 | 0.65 | 0.05 | 0.01 | 0.00 |
| Corn-FRZ**0271 | 1/2 Cup | 1 | 17 | 0 | 0 | 0.49 | 0.10 | 0.6 | 41 | 0.71 | 1 | 0.52 | 3.94 | 0.14 | 0.02 | 0.00 |
| 1 Oz Wheat Rolls**1889 E | 1 Oz. Roll | 1 | 23 | 0 | 35 | 0.40 | 0.21 | 1.4 | 0 | 0.0 | *0 | 0.66 | 4.13 | 0.47 | 0.06 | *0.00 |
| Fresh Strawberries**1875 | 1/2 cup | 4 | 23 | 0 | 1 | 1.44 | 0.30 | 11.5 | 9 | 42.34 | 4 | 0.48 | 5.53 | 0.22 | 0.01 | 0.00 |
| Jello w/Topping**0385 | 1/2 Cup | 1 | 24 | 0 | 0 | 0.00 | 0.00 | 0.0 | 0 | 7.5 | *N/A* | 0.5 | 4.75 | 0.5 | 0.50 | *0.00 |
| Sec FreshVeggie**1882 | Servings | 4 | 38 | 0 | 114 | 2.19 | 0.72 | 26.3 | 2843 | 10.14 | 3 | 1.8 | 7.65 | 0.11 | 0.01 | 0.00 |
| Milk-Variety**0489 | 1 Carton | 4 | 100 | 8 | 130 | 0.00 | 0.09 | 300.0 | 500 | 2.4 | *N/A* | 8.0 | 13.0 | 1.25 | 0.75 | 0.00 |
| Burger/Deli Sand Com H**1891 | 1 Serving | 1 | 98 | 14 | 278 | 0.98 | 0.54 | 22.2 | 343 | 2.4 | *1 | 5.2 | 8.75 | 4.54 | 1.50 | *0.00 |
| French Fries S**1890 | 1 Serving | 3 | 101 | 0 | 153 | 1.64 | 0.39 | 2.6 | 0 | 2.81 | 0 | 1.35 | 14.1 | 4.08 | 0.85 | 0.00 |
| Salad,Grill Chix & Fruit**1996 | 3 cup | 1 | 101 | 11 | 139 | 2.35 | 1.19 | 78.2 | 2993 | 18.71 | *2 | 6.71 | 11.91 | 3.31 | 1.05 | 0.00 |
| Weighted Daily Average | | | 634 | 51 | 1014 | 11.73 | 4.49 | 564.0 | 8326 | 91.43 | *11 | 31.29 | 88.04 | 17.47 | 5.89 | *0.00 |
| % of Calories | | | | | | | | | | | *7.0% | 19.7% | 55.6% | 24.8% | 8.4% | *0.0% |
| Nutrient Guideline | | | 600-700 | | 1360 | | | | | | | | | | <10.00 | |

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Central Consolidated Schools

May 1, 2019 thru May 24, 2019

Base Menu Spreadsheet

Middle Lunch

Weighted Values - Detailed

| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|--------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Wed - 05/15/2019 | | | | | | | | | | | | | | | | |
| Middle Lunch | Total | 4 | | | | | | | | | | | | | | |
| Lasagna w/ GB **1936 | 5x5 | 1 | 72 | 11 | 160 | 0.49 | 0.61 | 61.2 | 122 | 0.9 | *N/A* | 5.27 | 5.99 | 2.86 | 1.25 | *0.00 |
| Tossed Salad**0202 | 1 Cup | 3 | 14 | 0 | 8 | 1.50 | 0.61 | 21.9 | 5827 | 4.58 | 1 | 0.88 | 2.91 | 0.21 | 0.03 | 0.00 |
| WG Breadsticks**1885 | 1 each | 1 | 20 | 0 | 25 | 0.50 | 0.09 | 1.6 | 0 | 0.0 | *N/A* | 0.75 | 3.75 | 0.25 | 0.00 | 0.00 |
| Orange Wedges**0600 | 1 orange | 4 | 45 | 0 | 0 | 2.30 | 0.10 | 38.4 | 216 | 51.07 | 9 | 0.9 | 11.28 | 0.12 | 0.01 | 0.00 |
| Sec FreshVeggie**1882 | Servings | 4 | 38 | 0 | 114 | 2.19 | 0.72 | 26.3 | 2843 | 10.14 | 3 | 1.8 | 7.65 | 0.11 | 0.01 | 0.00 |
| Milk-Variety**0489 | 1 Carton | 4 | 100 | 8 | 130 | 0.00 | 0.09 | 300.0 | 500 | 2.4 | *N/A* | 8.0 | 13.0 | 1.25 | 0.75 | 0.00 |
| Choice of Chick Sand MS**1880 | 1 Serving | 1 | 108 | 8 | 230 | 1.35 | 0.80 | 12.4 | 351 | 2.7 | *1 | 4.76 | 9.41 | 5.35 | 0.94 | *0.00 |
| Choice of Pizza-Mid & HS**1437 | 1 Slice | 1 | 78 | 8 | 147 | 0.83 | 0.68 | 100.0 | 108 | 1.85 | 1 | 5.0 | 7.08 | 3.33 | 1.67 | 0.00 |
| French Fries S**1890 | 1 Serving | 1 | 34 | 0 | 51 | 0.55 | 0.13 | 0.9 | 0 | 0.94 | 0 | 0.45 | 4.7 | 1.36 | 0.28 | 0.00 |
| Fruit&YogurtSaladMuffin**0399 | 1 Salad | 1 | 116 | 10 | 119 | 0.49 | 0.55 | 172.9 | 325 | 12.16 | *7 | 3.86 | 18.49 | 3.24 | 1.16 | *0.00 |
| Weighted Daily Average | | | 626 | 45 | 983 | 10.20 | 4.38 | 735.5 | 10293 | 86.74 | *22 | 31.67 | 84.27 | 18.08 | 6.11 | *0.00 |
| % of Calories | | | | | | | | | | | *14.4% | 20.2% | 53.9% | 26.0% | 8.8% | *0.0% |
| Nutrient Guideline | | | 600-700 | | 1360 | | | | | | | | | | <10.00 | |

| | | | | | | | | | | | | | | | | |
|------------------------|------------|---|---------|---|------|------|------|-----|---|------|------|------|------|------|--------|------|
| Thu - 05/16/2019 | | | | | | | | | | | | | | | | |
| Middle Lunch | Total | 1 | | | | | | | | | | | | | | |
| Manager's Choice | Mgr. Choic | 1 | 0 | 0 | 0 | 0.00 | 0.00 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0.0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average | | | 0 | 0 | 0 | 0.00 | 0.00 | 0.0 | 0 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| % of Calories | | | | | | | | | | | 0.0% | 0.0% | 0.0% | 0.0% | 0.0% | 0.0% |
| Nutrient Guideline | | | 600-700 | | 1360 | | | | | | | | | | <10.00 | |

| | | | | | | | | | | | | | | | | |
|------------------------|------------|---|---------|---|------|------|------|-----|---|------|------|------|------|------|--------|------|
| Fri - 05/17/2019 | | | | | | | | | | | | | | | | |
| Middle Lunch | Total | 1 | | | | | | | | | | | | | | |
| Manager's Choice | Mgr. Choic | 1 | 0 | 0 | 0 | 0.00 | 0.00 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0.0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average | | | 0 | 0 | 0 | 0.00 | 0.00 | 0.0 | 0 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| % of Calories | | | | | | | | | | | 0.0% | 0.0% | 0.0% | 0.0% | 0.0% | 0.0% |
| Nutrient Guideline | | | 600-700 | | 1360 | | | | | | | | | | <10.00 | |

| | | | | | | | | | | | | | | | | |
|------------------|------------|---|---|---|---|------|------|-----|---|-----|---|-----|-----|-----|------|------|
| Mon - 05/20/2019 | | | | | | | | | | | | | | | | |
| Middle Lunch | Total | 1 | | | | | | | | | | | | | | |
| Manager's Choice | Mgr. Choic | 1 | 0 | 0 | 0 | 0.00 | 0.00 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0.0 | 0.0 | 0.00 | 0.00 |

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Central Consolidated Schools

May 1, 2019 thru May 24, 2019

Base Menu Spreadsheet

Middle Lunch

Weighted Values - Detailed

Page 7

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| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | CalcM (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|--------------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Weighted Daily Average % of Calories | | | 0 | 0 | 0 | 0.00 | 0.00 | 0.0 | 0 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Nutrient Guideline | | | 600-700 | | 1360 | | | | | | 0.0% | 0.0% | 0.0% | 0.0% | 0.0% | <10.00 |

| Tue - 05/21/2019 | | | | | | | | | | | | | | | | |
|--------------------------------------|------------|---|---------|---|------|------|------|-----|---|------|------|------|------|------|------|--------|
| Middle Lunch | Total | 1 | | | | | | | | | | | | | | |
| Manager's Choice | Mgr. Choic | 1 | 0 | 0 | 0 | 0.00 | 0.00 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0.0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average % of Calories | | | 0 | 0 | 0 | 0.00 | 0.00 | 0.0 | 0 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Nutrient Guideline | | | 600-700 | | 1360 | | | | | | 0.0% | 0.0% | 0.0% | 0.0% | 0.0% | <10.00 |

| Wed - 05/22/2019 | | | | | | | | | | | | | | | | |
|--------------------------------------|------------|---|---------|---|------|------|------|-----|---|------|------|------|------|------|------|--------|
| Middle Lunch | Total | 1 | | | | | | | | | | | | | | |
| Manager's Choice | Mgr. Choic | 1 | 0 | 0 | 0 | 0.00 | 0.00 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0.0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average % of Calories | | | 0 | 0 | 0 | 0.00 | 0.00 | 0.0 | 0 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Nutrient Guideline | | | 600-700 | | 1360 | | | | | | 0.0% | 0.0% | 0.0% | 0.0% | 0.0% | <10.00 |

| Thu - 05/23/2019 | | | | | | | | | | | | | | | | |
|--------------------------------------|------------|---|---------|---|------|------|------|-----|---|------|------|------|------|------|------|--------|
| Middle Lunch | Total | 1 | | | | | | | | | | | | | | |
| Manager's Choice | Mgr. Choic | 1 | 0 | 0 | 0 | 0.00 | 0.00 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0.0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average % of Calories | | | 0 | 0 | 0 | 0.00 | 0.00 | 0.0 | 0 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Nutrient Guideline | | | 600-700 | | 1360 | | | | | | 0.0% | 0.0% | 0.0% | 0.0% | 0.0% | <10.00 |

| Fri - 05/24/2019 | | | | | | | | | | | | | | | | |
|--------------------|-----------------|---|---|---|---|------|------|-----|---|-----|---|-----|-----|-----|------|------|
| Middle Lunch | Total | 1 | | | | | | | | | | | | | | |
| Manager's Choice | Mgr. Choic | 1 | 0 | 0 | 0 | 0.00 | 0.00 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0.0 | 0.0 | 0.00 | 0.00 |
| Last Day of School | Vacation Starts | 1 | 0 | 0 | 0 | 0.00 | 0.00 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0.0 | 0.0 | 0.00 | 0.00 |
| Early Release | Early Release | 1 | 0 | 0 | 0 | 0.00 | 0.00 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0.0 | 0.0 | 0.00 | 0.00 |

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Central Consolidated Schools

May 1, 2019 thru May 24, 2019

Base Menu Spreadsheet

Middle Lunch

Weighted Values - Detailed

Page 8

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| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|--------------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Weighted Daily Average % of Calories | | | 0 | 0 | 0 | 0.00 | 0.00 | 0.0 | 0 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Nutrient Guideline | | | 600-700 | | 1360 | | | | | | 0.0% | 0.0% | 0.0% | 0.0% | | <10.00 |

| | | | | | | | | | | | | | | | | |
|------------------|--|--|-----|-----|-------|--------|-------|--------|-------|--------|---------------|------------------|------------------|----------------|----------------|----------------|
| Weighted Average | | | 693 | *70 | *1221 | *11.81 | *5.44 | *586.0 | *8701 | *63.70 | *20 *25.4% | *34.93 *20.2% | *93.04 *53.7% | 20.33 26.4% | *6.31 *8.2% | *0.05 *0.1% |
|------------------|--|--|-----|-----|-------|--------|-------|--------|-------|--------|---------------|------------------|------------------|----------------|----------------|----------------|

| Nutrient | Menu AVG | % of Cals | Weekly Target | % of Target | Miss Data | Shortfall | Overage | Error Messages (if any) |
|----------------------------|----------|-----------|---------------|-------------|-----------|-----------|---------|---------------------------------------|
| Calories | 693 | | 600 - 700 | 100% | | | | |
| Cholesterol (mg) | 70 | | | | Missing | | | |
| Sodium 1 (mg) | 1221 | | 1360 | | Missing | | | |
| Sodium 2 (mg) | 1221 | | 1035 | | Missing | 186 | | Correction Required - Sodium too High |
| Fiber (g) | 11.81 | | | | Missing | | | |
| Iron (mg) | 5.44 | | | | Missing | | | |
| Calcium (mg) | 586.0 | | | | Missing | | | |
| Vitamin A (IU) | 8701 | | | | Missing | | | |
| Sugars (g) | 20 | 11.28% | | | Missing | | | |
| Vitamin C (mg) | 63.70 | | | | Missing | | | |
| Protein (g) | 34.93 | 20.17% | | | Missing | | | |
| Carbohydrate (g) | 93.04 | 53.73% | | | Missing | | | |
| Total Fat (g) | 20.33 | 26.42% | | | | | | |
| Saturated Fat (g) | 6.31 | 8.20% | <10.00% | | Missing | | | |
| Trans Fat ¹ (g) | 0.05 | 0.06% | | | Missing | | | |

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