





May 2019 Middle School Breakfast



		May1	May2	May3
Fruits		Oatmeal	Cold Cereal	Mini Cinnis
Grains		Whole Wheat Toast	Whole Wheat Toast	String Cheese
Vegetables Protein	UMMEDIA	w/Jelly	w/Jelly	Banana
	C STATE OF	Applesauce	Peaches	Juice
Classas Mus Plate say		Juice	Juice	Milk
Choose MyPlate .gov		Milk	Milk	
May6	May7	May8	May9	May10
French Toast Sticks	Cold Cereal	Cheese Omelet	Yogurt	Breakfast Burrito "OR"
w/Syrup	Whole Wheat Toast	Flour Tortilla	Granola	Cold Cereal
Fruit Cocktail	w/Jelly	Applesauce	Cantaloupe Chunks	Graham Crackers
Juice	Fresh Apple	Juice	Juice	Banana
Milk	Juice	Milk	Milk	Juice
	Milk			Milk
				Salsa
May13	May14	May15	May16	May17
Biscuits & Gravy	Cold Cereal	Hard Boiled Egg	Manager's Choice	Manager's Choice
Diced Pears	Whole Wheat Toast	Choice of Muffin		
Juice	w/Jelly	Fruit Cocktail	Hmmmmm	
Milk	Pineapple Chunks	Juice		E Hmmmmm
	Juice	Milk	0	
	Milk		0	0
May20	May21	May22	May23	May24
Manager's Choice	Manager's Choice	Manager's Choice	Manager's Choice	Manager's Choice
				Last Day of School
Hmmmmm	Hmmmmm	Hmmmmm	Hmmmmm	Early Release
				Hmmmmm
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May 2019 Mid School Lunch



	<u> </u>	May1	May2	May3		
		BBQ Sandwich	Green Chile	Tangerine Chicken		
Dairy		Tater Tots	Chicken Enchiladas	Brown Rice		
Territe		Cucumber Slices	Seasoned Pinto Beans	Oriental Blend Veggies		
Grains	*3	Grape Cluster	Chopped Lettuce & Tomato	Mandarin Oranges		
		Fresh Veggies	Sidekick Smoothie	Fresh Veggies		
Vegetables Protein		Milk	Wheat Roll	Milk		
		Chicken Sandwich	Fresh Veggies	Chicken Sandwich		
		Pizza	Milk	Pizza		
		Fruit & Yogurt Salad	Burger or Deli Sandwich	Fries		
Choose MyPlate .gov		Trutt & 70gui i Suida	Fries	Garden Salad		
	to prove the second		Crispy Chicken Salad	Barden Salad		
May6	May7	May8	May9	May10		
Chicken Salad Sandwich	Crunchy Tacos	Alfredo Pasta	Baked Chicken	Chicken Fajita		
Tater Tots	Spanish Rice	Tossed Salad	Mashed Potatoes w/Gravy	Refried Beans		
Coleslaw	Refried Beans	Breadstick	Mixed Vegetables	Chopped Lettuce & Tomato		
Watermelon Wedges	Chopped Lettuce & Tomato	Fresh Apple	Wheat Roll	Honeydew Chunks		
Fresh Veggies	Grape Cluster	Fresh Veggies	Sidekick Smoothie	Fresh Veggies		
Milk	Fresh Veggies	Milk	Fresh Veggies	Milk		
Chicken Sandwich	Milk	Pizza	Milk	Pizza		
Pizza	Burger or Deli Sandwich	Chicken Sandwich	Burger or Deli Sandwich	Chicken Sandwich		
Chef Salad	Fries	Fries	Fries	Fries		
Cher Sulda	Chicken & Fruit Salad	Fruit & Yogurt Salad	Crispy Chicken Salad	Garden Salad		
May13	May14	May15	May16	May17		
Popcorn Chicken	Fiesta Bowl	Lasagna	Manager's Choice	Manager's Choice		
Green Beans	Chopped Lettuce & Tomato	Tossed Salad	Manager 5 energe	Manager 5 energe		
Mashed Pototoes w/Gravy	Whole Kernel Corn	Breadstick				
Wheat Roll	Wheat Roll	Orange Wedges				
Grape Cluster	Strawberries	Fresh Veggies	Hmmmmm	{ Hmmmmm }		
Fresh Veggies	Jello w/Topping	Milk	Hmmmmm			
Milk	Fresh Veggies	Chicken Sandwich		0		
Chicken Sandwich	Milk	Pizza	0	0		
Pizza	Burger or Deli Sandwich	Fries				
Fries	Fries	Fruit & Yogurt Salad				
Chef Salad	Chicken & Fruit Salad					
May20	May21	May22	May23	May24		
Manager's Choice	Manager's Choice	Manager's Choice	Manager's Choice	Manager's Choice		
,		,		Last Day of School		
E Hmmmmm	EHmmmmm	Hmmmmm	Hmmmmm	Early Release		
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3	0	0	0			
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