

Central Consolidated School District



# NOVEMBER 2017 MIDDLE SCHOOL BREAKFAST



		<p>Nov--1 Hard Boiled Eggs Choice of Muffin Fruit Cocktail Juice Milk</p>	<p>Nov--2 Mini Waffle Breakfast Fresh Fruit Mix Juice Milk</p>	<p>Nov--3 Pancake on a Stick Banana Juice Milk</p>
<p>Nov--6 Cold Cereal Whole Wheat Toast w/Jelly Applesauce Juice Milk</p>	<p>Nov--7 Egg &amp; Cheese English Muffin Orange Wedges Juice Milk</p>	<p>Nov--8 Pancakes w/Syrup Strawberries Juice Milk</p>	<p>Nov--9 Choice of Muffin Yogurt Cantaloupe Chunks Juice Milk</p>	<p>Nov--10 Breakfast Taco Banana Juice Milk Salsa</p>
<p>Nov--13 Ultimate Breakfast Round Yogurt Breakfast Fresh Fruit Mix Juice Milk</p>	<p>Nov--14 Biscuits &amp; Gravy Orange Wedges Juice Milk</p>	<p>Nov--15 Oatmeal Whole Wheat Toast w/Jelly Applesauce Juice Milk</p>	<p>Nov--16 Cold Cereal Whole Wheat Toast w/Jelly Peaches Juice Milk</p>	<p>Nov--17 Mini Cinnis Cheese Omelet Banana Juice Milk</p>
<p>Nov--20 Thanksgiving Break NO SCHOOL TODAY</p>	<p>Nov--21 Thanksgiving Break NO SCHOOL TODAY</p>	<p>Nov--22 Thanksgiving Break NO SCHOOL TODAY</p>	<p>Nov--23 Thanksgiving Break NO SCHOOL TODAY</p>	<p>Nov--24 Thanksgiving Break NO SCHOOL TODAY</p>
<p>Nov--27 French Toast Sticks w/Syrup Fruit Cocktail Juice Milk</p>	<p>Nov--28 Cold Cereal Whole Wheat Toast w/Jelly Fresh Apple Juice Milk</p>	<p>Nov--29 Bacon Scramble Applesauce Juice Milk</p>	<p>Nov--30 Yogurt Granola Cantaloupe Chunks Juice Milk</p>	

MENU SUBJECT TO CHANGE DUE TO PRODUCT AVAILABILITY - USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

Nov 1, 8, 15, 29 - Early Release

Nov 20 - 24 Thanksgiving Break Schools Closed





# NOVEMBER 2017 MIDDLE SCHOOL LUNCH



<p>ChooseMyPlate.gov</p>		<p><b>Nov--1</b></p> <p>Pork Riblet Sandwich Cucumber Slices Sweet Potato Fries Strawberries Fresh Veggies Milk Chicken Sandwich Pizza Fruit &amp; Yogurt Salad</p>	<p><b>Nov--2</b></p> <p>Chicken Bowl Wheat Roll Pineapple Chunks Fresh Veggies Milk Burger or Deli Sandwich Fries Crispy Chicken Salad</p>	<p><b>Nov--3</b></p> <p>Macaroni &amp; Cheese Green Beans Wheat Roll Fresh Pear Fresh Veggies Milk Chicken Sandwich Pizza / Fries Garden Salad</p>
<p><b>Nov--6</b></p> <p>Alfredo Pasta Tossed Salad Breadstick Fresh Apple Fresh Veggies Milk Chicken Sandwich Pizza Fries Chef Salad</p>	<p><b>Nov--7</b></p> <p>Crunchy Tacos Spanish Rice Seasoned Pinto Beans Chopped Lettuce &amp; Tomato Grape Cluster Fresh Veggies Milk Burger or Deli Sandwich Fries Chicken &amp; Fruit Salad</p>	<p><b>Nov--8</b></p> <p>Philly Cheese Steak Sandwich Tater Tots Coleslaw Watermelon Wedges Fresh Veggies Milk Chicken Sandwich Pizza Fruit &amp; Yogurt Salad</p>	<p><b>Nov--9</b></p> <p>Steak Fingers Mashed Potatoes w/Gravy Mixed Vegetables Wheat Roll Sidekick Smoothie Fresh Veggies Milk Burger or Deli Sandwich Fries Crispy Chicken Salad</p>	<p><b>Nov--10</b></p> <p>Grilled Ham &amp; Cheese Sandwich Chicken Vegetable Soup Cucumber Slices Fresh Pear Fresh Veggies Milk Chicken Sandwich Pizza / Fries Garden Salad</p>
<p><b>Nov--13</b></p> <p>Popcorn Chicken Whole Kernel Corn Mashed Potatoes w/Gravy Wheat Roll Grape Cluster Fresh Veggies Milk Chicken Sandwich Pizza / Fries Chef Salad</p>	<p><b>Nov--14</b></p> <p>Chicken Fajita Seasoned Pinto Beans Chopped Lettuce &amp; Tomato Honeydew Chunks Fresh Veggies Milk Burger or Deli Sandwich Fries Chicken &amp; Fruit Salad</p>	<p><b>Nov--15</b></p> <p>Lasagna Tossed Salad Breadstick Orange Wedges Fresh Veggies Milk Chicken Sandwich Pizza Fries Fruit &amp; Yogurt Salad</p>	<p><b>Nov--16</b></p> <p>Roast Turkey Mashed Potatoes w/Gravy Green Beans Stuffing Wheat Roll Peaches Super Pumpkin Bars Milk</p>	<p><b>Nov--17</b></p> <p>Corndog Tater Tots Baked Beans Applesauce Fresh Veggies Milk Chicken Sandwich Pizza Garden Salad</p>
<p><b>Nov--20</b></p> <p>Thanksgiving Break NO SCHOOL TODAY</p>	<p><b>Nov--21</b></p> <p>Thanksgiving Break NO SCHOOL TODAY</p>	<p><b>Nov--22</b></p> <p>Thanksgiving Break NO SCHOOL TODAY</p>	<p><b>Nov--23</b></p> <p>Thanksgiving Break NO SCHOOL TODAY</p>	<p><b>Nov--24</b></p> <p>Thanksgiving Break NO SCHOOL TODAY</p>
<p><b>Nov--27</b></p> <p>Salisbury Steak Mashed Potatoes w/Gravy Steamed Broccoli Wheat Roll Pineapple Chunks Fresh Veggies Milk Chicken Sandwich Pizza Fries Chef Salad</p>	<p><b>Nov--28</b></p> <p>Frito Pie Cornbread Chopped Lettuce &amp; Tomato Whole Kernel Corn Watermelon Wedges Fresh Veggies Milk Burger or Deli Sandwich Fries Chicken &amp; Fruit Salad</p>	<p><b>Nov--29</b></p> <p>Sloppy Joe Tater Tots Cucumber Slices Grape Cluster Fresh Veggies Milk Chicken Sandwich Pizza Fruit &amp; Yogurt Salad</p>	<p><b>Nov--30</b></p> <p>Green Chile Chicken Enchiladas Seasoned Pinto Beans Chopped Lettuce &amp; Tomato Sidekick Smoothie Wheat Roll Fresh Veggies Milk Burger or Deli Sandwich Fries Crispy Chicken Salad</p>	

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