

Central Consolidated Schools

Nov 1, 2018 thru Nov 30, 2018

Base Menu Spreadsheet

BAB Breakfast

Weighted Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 11/01/2018																
BAB Breakfast	Total	1														
Cold Cereal**0013	1 Bowl	1	103	0	166	1.72	4.84	88.6	449	4.99	*1	1.44	21.78	1.47	0.08	0.00
WW Toast**0020	1 Slice	1	122	0	185	1.59	0.83	7.1	169	0.01	*1	2.69	16.29	5.47	0.89	*0.00
Orange Wedges**0600	1 orange	1	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
Juice(Box)**2022	1 box	1	64	0	8	0.00	*0.00	20.0	0	60.0	15	0.0	16.2	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average			434	8	489	5.61	*5.85	454.1	1334	118.47	*26	13.03	78.55	8.31	1.74	*0.00
% of Calories											*24.2%	12.0%	72.4%	17.2%	3.6%	*0.0%
Nutrient Guideline			400-500		540											<10.00

Fri - 11/02/2018																
BAB Breakfast	Total	1														
Los Cabos Breakfast Wrap**1847	1 Each	1	153	59	208	2.39	1.44	100.0	300	2.4	0	7.93	15.92	6.84	3.16	0.00
Banana**0068	1 Each	1	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
Juice(Box)**2022	1 box	1	64	0	8	0.00	*0.00	20.0	0	60.0	15	0.0	16.2	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Salsa**0651	2 Tbsp.	1	10	0	141	1.01	0.36	20.1	151	1.21	*N/A*	0.0	2.01	0.0	0.00	0.00
Weighted Daily Average			417	66	488	6.02	*2.15	445.2	1016	74.79	*27	17.03	70.20	8.42	4.02	0.00
% of Calories											*26.0%	16.3%	67.3%	18.2%	8.7%	0.0%
Nutrient Guideline			400-500		540											<10.00

Mon - 11/05/2018																
BAB Breakfast	Total	1														
Choice of Muffin**0480	1 Each	1	237	22	227	0.00	1.32	240.1	0	0.0	18	4.0	39.69	7.34	1.00	0.00
Yogurt**1777	1 Each	1	90	0	75	0.00	0.00	300.0	0	0.0	*N/A*	3.0	19.0	0.0	0.00	0.00
Fresh Strawberries**1875	1/2 cup	1	23	0	1	1.44	0.30	11.5	9	42.34	4	0.48	5.53	0.22	0.01	0.00
Juice(Box)**2022	1 box	1	64	0	8	0.00	*0.00	20.0	0	60.0	15	0.0	16.2	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average			514	29	441	1.44	*1.71	871.7	509	104.74	*36	15.48	93.42	8.80	1.76	0.00
% of Calories											*28.0%	12.1%	72.7%	15.4%	3.1%	0.0%
Nutrient Guideline			400-500		540											<10.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Base Menu Spreadsheet

BAB Breakfast

Weighted Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 11/06/2018																
BAB Breakfast	Total	1														
Cold Cereal**0013	1 Bowl	1	103	0	166	1.72	4.84	88.6	449	4.99	*1	1.44	21.78	1.47	0.08	0.00
WW Toast**0020	1 Slice	1	122	0	185	1.59	0.83	7.1	169	0.01	*1	2.69	16.29	5.47	0.89	*0.00
Orange Wedges**0600	1 orange	1	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
Juice(Box)**2022	1 box	1	64	0	8	0.00	*0.00	20.0	0	60.0	15	0.0	16.2	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average			434	8	489	5.61	*5.85	454.1	1334	118.47	*26	13.03	78.55	8.31	1.74	*0.00
% of Calories											*24.2%	12.0%	72.4%	17.2%	3.6%	*0.0%
Nutrient Guideline			400-500		540										<10.00	

Wed - 11/07/2018																
BAB Breakfast	Total	1														
Sausage Patty**0643	1 Patty	1	70	25	260	0.00	0.36	20.0	0	0.0	0	7.0	0.0	5.0	1.50	0.00
Biscuit**8257	1 Each	1	189	0	468	1.99	1.07	39.8	0	0.0	24	2.98	22.88	8.95	4.97	0.00
Applesauce**0356	1/2 Cup	1	87	0	3	1.53	0.15	3.8	8	2.17	19	0.2	22.31	0.22	0.04	0.00
Juice(Box)**2022	1 box	1	64	0	8	0.00	*0.00	20.0	0	60.0	15	0.0	16.2	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average			510	32	868	3.52	*1.68	383.6	508	64.57	*57	18.19	74.39	15.42	7.26	0.00
% of Calories											*45.0%	14.3%	58.4%	27.2%	12.8%	0.0%
Nutrient Guideline			400-500		540										<10.00	

Thu - 11/08/2018																
BAB Breakfast	Total	1														
Pancakes w/Syrup**1188	2PC+2T	1	232	10	252	2.00	1.45	1.2	0	0.0	12	4.0	52.13	4.0	0.00	*0.00
Peaches**0437	1/2 Cup	1	68	0	6	1.63	0.45	3.8	443	3.01	17	0.56	18.22	0.04	0.00	0.00
Juice(Box)**2022	1 box	1	64	0	8	0.00	*0.00	20.0	0	60.0	15	0.0	16.2	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average			463	18	396	3.63	*1.99	324.9	943	65.40	*44	12.56	99.55	5.29	0.75	*0.00
% of Calories											*37.8%	10.8%	85.9%	10.3%	1.5%	*0.0%
Nutrient Guideline			400-500		540										<10.00	

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Fri - 11/09/2018																
BAB Breakfast	Total	1														
Pillsbury Mini Cinnis**1966	1 each	1	240	0	300	2.00	1.44	40.0	0	0.0	*N/A*	4.99	39.95	7.99	2.00	0.00
Banana**0068	1 each	1	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
Juice(Box)**2022	1 box	1	64	0	8	0.00	*0.00	20.0	0	60.0	15	0.0	16.2	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average			494	8	439	4.62	*1.79	365.0	565	71.19	*27	14.09	92.22	9.57	2.86	0.00
% of Calories											*22.0%	11.4%	74.7%	17.5%	5.2%	0.0%
Nutrient Guideline			400-500		540											<10.00

Mon - 11/12/2018																
BAB Breakfast	Total	1														
Oatmeal**1095	3/4 Cup	1	143	0	35	3.01	1.40	26.5	0	0.0	*8	4.8	27.19	1.96	0.35	*0.00
VW Toast**0020	1 Slice	1	122	0	185	1.59	0.83	7.1	169	0.01	*1	2.69	16.29	5.47	0.89	*0.00
Pears**0438	1/2 Cup	1	71	0	6	2.00	0.35	6.3	0	0.88	15	0.24	18.99	0.04	0.00	0.00
Juice(Box)**2022	1 box	1	64	0	8	0.00	*0.00	20.0	0	60.0	15	0.0	16.2	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average			500	8	364	6.60	*2.67	359.8	669	63.29	*40	15.72	91.68	8.71	1.99	*0.00
% of Calories											*31.7%	12.6%	73.3%	15.7%	3.6%	*0.0%
Nutrient Guideline			400-500		540											<10.00

Tue - 11/13/2018																
BAB Breakfast	Total	1														
FrenchToastSticks**0207	3 Ea. + 2 Tbsp	1	262	115	342	3.00	1.81	81.2	200	3.6	13	9.0	50.13	4.0	1.00	*0.00
Peaches**0437	1/2 Cup	1	68	0	6	1.63	0.45	3.8	443	3.01	17	0.56	18.22	0.04	0.00	0.00
Juice(Box)**2022	1 box	1	64	0	8	0.00	*0.00	20.0	0	60.0	15	0.0	16.2	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average			493	123	486	4.63	*2.35	404.9	1143	69.00	*45	17.56	97.54	5.29	1.75	*0.00
% of Calories											*36.3%	14.2%	79.1%	9.6%	3.2%	*0.0%
Nutrient Guideline			400-500		540											<10.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 11/14/2018																
BAB Breakfast	Total	1														
Cheese Omelet**1176	1 Each	1	110	195	210	0.00	0.66	84.0	374	0.0	0	8.0	1.0	8.0	3.00	0.00
Flour Tortilla-6***1051	1 Each	1	80	0	115	1.50	0.90	50.0	0	0.0	*N/A*	2.5	14.5	1.75	0.75	0.00
Honeydew Chunks**0662	1/2 Cup	1	31	0	16	0.70	0.15	5.2	44	15.72	7	0.47	7.94	0.12	0.03	0.00
Juice(Box)**2022	1 box	1	64	0	8	0.00	*0.00	20.0	0	60.0	15	0.0	16.2	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Salsa**0651	2 Tbsp.	1	10	0	141	1.01	0.36	20.1	151	1.21	*N/A*	0.0	2.01	0.0	0.00	0.00
Weighted Daily Average			396	203	620	3.21	*2.16	479.4	1069	79.33	*22	18.97	54.66	11.12	4.53	0.00
% of Calories											*22.1%	19.2%	55.3%	25.3%	10.3%	0.0%
Nutrient Guideline			400-500		540										<10.00	

Thu - 11/15/2018																
BAB Breakfast	Total	1														
Cold Cereal**0013	1 Bowl	1	103	0	166	1.72	4.84	88.6	449	4.99	*1	1.44	21.78	1.47	0.08	0.00
WW Toast**0020	1 Slice	1	122	0	185	1.59	0.83	7.1	169	0.01	*1	2.69	16.29	5.47	0.89	*0.00
Banana**0068	1 each	1	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
Juice(Box)**2022	1 box	1	64	0	8	0.00	*0.00	20.0	0	60.0	15	0.0	16.2	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average			479	8	490	5.93	*6.01	420.8	1182	76.19	*30	13.23	90.34	8.52	1.84	*0.00
% of Calories											*24.8%	11.0%	75.4%	16.0%	3.5%	*0.0%
Nutrient Guideline			400-500		540										<10.00	

Fri - 11/16/2018																
BAB Breakfast	Total	1														
UBR**1305	1 Each	1	250	5	220	6.39	0.71	32.7	9	0.0	*N/A*	4.0	44.0	6.0	2.00	0.00
BkfFreshFruitMix**0336	1/2 Cup	1	33	0	5	0.92	0.19	6.6	542	17.14	6	0.53	8.39	0.17	0.04	0.00
Juice(Box)**2022	1 box	1	64	0	8	0.00	*0.00	20.0	0	60.0	15	0.0	16.2	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average			447	13	363	7.31	*0.99	359.3	1050	79.54	*21	12.53	81.59	7.42	2.79	0.00
% of Calories											*18.9%	11.2%	72.9%	14.9%	5.6%	0.0%
Nutrient Guideline			400-500		540										<10.00	

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Mon - 11/19/2018																
BAB Breakfast	Total	1														
Thanksgiving Break	Break	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
NO SCHOOL TODAY	No School	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			400-500		540											<10.00

Tue - 11/20/2018																
BAB Breakfast	Total	1														
Thanksgiving Break	Break	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
NO SCHOOL TODAY	No School	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			400-500		540											<10.00

Wed - 11/21/2018																
BAB Breakfast	Total	1														
Thanksgiving Break	Break	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
NO SCHOOL TODAY	No School	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			400-500		540											<10.00

Thu - 11/22/2018																
BAB Breakfast	Total	1														
Thanksgiving Break	Break	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
NO SCHOOL TODAY	No School	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			400-500		540											<10.00

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Fri - 11/23/2018																
BAB Breakfast	Total	1														
Thanksgiving Break	Break	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
NO SCHOOL TODAY	No School	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			400-500		540											<10.00

Mon - 11/26/2018																
BAB Breakfast	Total	1														
Cold Cereal**0013	1 Bowl	1	103	0	166	1.72	4.84	88.6	449	4.99	*1	1.44	21.78	1.47	0.08	0.00
WW Toast**0020	1 Slice	1	122	0	185	1.59	0.83	7.1	169	0.01	*1	2.69	16.29	5.47	0.89	*0.00
Peaches**0437	1/2 Cup	1	68	0	6	1.63	0.45	3.8	443	3.01	17	0.56	18.22	0.04	0.00	0.00
Juice(Box)**2022	1 box	1	64	0	8	0.00	*0.00	20.0	0	60.0	15	0.0	16.2	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average			457	8	495	4.93	*6.20	419.5	1561	70.40	*34	12.69	85.49	8.23	1.73	*0.00
% of Calories											*29.7%	11.1%	74.9%	16.2%	3.4%	*0.0%
Nutrient Guideline			400-500		540											<10.00

Tue - 11/27/2018																
BAB Breakfast	Total	1														
Pillsbury Cherry Frudel**1960	1 each	1	210	0	290	2.00	1.08	*N/A*	*N/A*	*N/A*	*N/A*	5.01	37.05	6.01	1.50	0.00
Cantaloupe Chunks**0656	1/2 Cup	1	54	0	25	1.43	0.33	14.3	5369	58.26	12	1.33	12.95	0.3	0.08	0.00
Juice(Box)**2022	1 box	1	64	0	8	0.00	*0.00	20.0	0	60.0	15	0.0	16.2	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average			428	8	454	3.43	*1.50	*334.3	*5869	*120.66	*27	14.34	79.20	7.56	2.33	0.00
% of Calories											*25.5%	13.4%	74.0%	15.9%	4.9%	0.0%
Nutrient Guideline			400-500		540											<10.00

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Central Consolidated Schools

Nov 1, 2018 thru Nov 30, 2018

Base Menu Spreadsheet

BAB Breakfast

Weighted Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 11/28/2018																
BAB Breakfast	Total	1														
Bacon Scramble**1876	1 Ea	1	190	45	300	2.00	1.80	150.0	100	0.0	4	10.0	20.0	8.0	2.00	0.00
Applesauce**0356	1/2 Cup	1	87	0	3	1.53	0.15	3.8	8	2.17	19	0.2	22.31	0.22	0.04	0.00
Juice(Box)**2022	1 box	1	64	0	8	0.00	*0.00	20.0	0	60.0	15	0.0	16.2	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average			441	53	441	3.53	*2.04	473.8	608	64.57	*38	18.20	71.51	9.47	2.79	0.00
% of Calories											*34.0%	16.5%	64.9%	19.3%	5.7%	0.0%
Nutrient Guideline			400-500		540										<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 11/29/2018																
BAB Breakfast	Total	1														
Pancakes w/Syrup**1188	2PC+2T	1	232	10	252	2.00	1.45	1.2	0	0.0	12	4.0	52.13	4.0	0.00	*0.00
Pineapple Chunks**0092	1/2 Cup	1	65	0	1	1.00	0.49	17.5	48	9.39	16	0.45	16.84	0.15	0.01	0.00
Juice(Box)**2022	1 box	1	64	0	8	0.00	*0.00	20.0	0	60.0	15	0.0	16.2	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average			461	18	391	3.00	*2.03	338.7	548	71.79	*43	12.45	98.17	5.40	0.76	*0.00
% of Calories											*37.4%	10.8%	85.2%	10.5%	1.5%	*0.0%
Nutrient Guideline			400-500		540										<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 11/30/2018																
BAB Breakfast	Total	1														
Yogurt**1777	1 Each	1	90	0	75	0.00	0.00	300.0	0	0.0	*N/A*	3.0	19.0	0.0	0.00	0.00
Granola Pack -1oz**1977	1 oz pack	1	121	0	76	2.03	0.73	20.2	30	0.0	6	3.04	20.25	3.54	0.00	0.00
Banana**0068	1 each	1	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
Juice(Box)**2022	1 box	1	64	0	8	0.00	*0.00	20.0	0	60.0	15	0.0	16.2	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average			465	8	290	4.65	*1.08	645.3	595	71.19	*33	15.14	91.52	5.13	0.86	0.00
% of Calories											*28.6%	13.0%	78.7%	9.9%	1.7%	0.0%
Nutrient Guideline			400-500		540										<10.00	

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Central Consolidated Schools

Nov 1, 2018 thru Nov 30, 2018

Base Menu Spreadsheet

BAB Breakfast

Weighted Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Average			461	36	471	4.57	*2.83	*443.2	*1206	*81.39	*34 *66.2%	14.96 13.0%	84.03 72.9%	8.29 16.2%	2.44 4.8%	*0.00 *0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	461		400 - 500	100%				
Cholesterol (mg)	36							
Sodium 1 (mg)	471		540					
Sodium 2 (mg)	471		485					
Fiber (g)	4.57							
Iron (mg)	2.83				Missing			
Calcium (mg)	443.2				Missing			
Vitamin A (IU)	1206				Missing			
Sugars (g)	34	29.42%			Missing			
Vitamin C (mg)	81.39				Missing			
Protein (g)	14.96	12.98%						
Carbohydrate (g)	84.03	72.95%						
Total Fat (g)	8.29	16.20%						
Saturated Fat (g)	2.44	4.77%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%			Missing			

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