





Central Consolidated School District



October 2017 High School Breakfast



Monday	Tuesday	Wednesday	Thursday	Friday
Oct--2 Biscuits & Gravy Diced Pears Juice Milk	Oct--3 Hard Boiled Eggs Choice of Muffin Fruit Cocktail Juice Milk	Oct--4 Mini Waffle Sausage Patty Breakfast Fresh Fruit Mix Juice Milk	Oct--5 Pancake on a Stick Banana Juice Milk	Oct--6 NO SCHOOL TODAY 
Oct--9 Cold Cereal Whole Wheat Toast w/Jelly Applesauce Juice Milk	Oct--10 Egg & Cheese English Muffin Orange Wedges Juice Milk	Oct--11 Pancakes w/Syrup Sausage Patty Strawberries Juice Milk	Oct--12 Choice of Muffin Yogurt Cantaloupe Chunks Juice Milk	Oct--13 Breakfast Taco Banana Juice Milk Salsa
Oct--16 Ultimate Breakfast Round Yogurt Breakfast Fresh Fruit Mix Juice Milk	Oct--17 Biscuits & Gravy Peaches Juice Milk	Oct--18 Oatmeal Whole Wheat Toast w/Jelly Applesauce Juice Milk	Oct--19 Mini Cinnis String Cheese Banana Juice Milk	Oct--20 Professional Day Non-Work Day NO SCHOOL TODAY 
Oct--23 French Toast Sticks w/Syrup Sausage Patty Fruit Cocktail Juice Milk	Oct--24 Cold Cereal Whole Wheat Toast w/Jelly Fresh Apple Juice Milk	Oct--25 Bacon Scramble Applesauce Juice Milk	Oct--26 Yogurt Granola Cantaloupe Chunks Juice Milk	Oct--27 Breakfast Burrito Cold Cereal Graham Crackers Banana Juice Milk Salsa
Oct--30 Biscuits & Gravy Diced Pears Juice Milk	Oct--31 Cold Cereal Whole Wheat Toast w/Jelly Pineapple Chunks Juice Milk			

MENU SUBJECT TO CHANGE DUE TO PRODUCT AVAILABILITY - USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

October 4 - Early Release - October 6 - Schools Closed

October 20 - Professional Development Day-No School - October 25 - Early Release



Central Consolidated School District

October 2017 High School Lunch



Monday Oct--2	Tuesday Oct--3	Wednesday Oct--4	Thursday Oct--5	Friday Oct--6
Bean & Cheese Burrito Chopped Lettuce & Tomato Spicy Corn Salad Fruit Cocktail Honeydew Chunks Fresh Veggies Milk Chicken Sandwich Pizza Fries Chef Salad	Spaghetti Tossed Salad Italian Vegetables Wheat Roll Orange Wedges Peaches Fresh Veggies Milk Burger or Deli Sandwich Fries Chicken & Fruit Salad	Chicken Bowl Peas Wheat Roll Pineapple Chunks Fresh Apple Fresh Veggies Milk Chicken Sandwich Pizza Fries Fruit & Yogurt Salad	Pork Riblet Sandwich Cucumber Slices Sweet Potato Fries Strawberries Applesauce Fresh Veggies Milk Burger or Deli Sandwich Crispy Chicken Salad	NO SCHOOL TODAY
Oct--9 Crunchy Tacos Spanish Rice Refried Beans Chopped Lettuce & Tomato Diced Pears Grape Cluster Fresh Veggies Milk Chicken Sandwich Pizza / Fries Chef Salad	Oct--10 Alfredo Pasta Tossed Salad Italian Vegetables Breadstick Fresh Apple Mandarin Oranges Fresh Veggies Milk Burger or Deli Sandwich Fries Chicken & Fruit Salad	Oct--11 Chile Dog Tater Tots Coleslaw Applesauce Watermelon Wedges Fresh Veggies Milk Chicken Sandwich Pizza Fruit & Yogurt Salad	Oct--12 Meatloaf Mashed Potatoes w/Gravy Mixed Vegetables Wheat Roll Sidekick Smoothie Pineapple Chunks Fresh Veggies Milk Burger or Deli Sandwich Fries Crispy Chicken Salad	Oct--13 Grilled Ham & Cheese Sandwich Chicken Vegetable Soup Cucumber Slices Peaches Fresh Pear Pudding Fresh Veggies Milk Chicken Sandwich Pizza / Fries Garden Salad
Oct--16 Popcorn Chicken Whole Kernel Corn Mashed Potatoes w/Gravy Wheat Roll Diced Pears Grape Cluster Fresh Veggies Milk Chicken Sandwich Pizza / Fries Chef Salad	Oct--17 Lasagna Tossed Salad Peas Breadstick Fruit Cocktail Orange Wedges Fresh Veggies Milk Burger or Deli Sandwich Fries Fruit & Yogurt Salad	Oct--18 Chicken Fajita Refried Beans Chopped Lettuce & Tomato Pineapple Chunks Honeydew Chunks Fresh Veggies Milk Chicken Sandwich Pizza Fries Crispy Chicken Salad	Oct--19 Corndog Tater Tots Baked Beans Applesauce Cantaloupe Chunks Fresh Veggies Milk Burger or Deli Sandwich Garden Salad	Oct--20 Professional Day Non-Work Day NO SCHOOL TODAY
Oct--23 Salisbury Steak Mashed Potatoes w/Gravy Steamed Broccoli Wheat Roll Orange Wedges Pineapple Chunks Fresh Veggies Milk Chicken Sandwich Pizza / Fries Chef Salad	Oct--24 Frito Pie Cornbread Chopped Lettuce & Tomato Whole Kernel Corn Peaches Watermelon Wedges Fresh Veggies Milk Burger or Deli Sandwich Fries Chicken & Fruit Salad	Oct--25 Sloppy Joe Tater Tots Cucumber Slices Diced Pears Grape Cluster Rice Krispy Treat Fresh Veggies Milk Chicken Sandwich Pizza Fruit & Yogurt Salad	Oct--26 Green Chile Chicken Enchiladas Refried Beans Chopped Lettuce & Tomato Wheat Roll Fresh Apple Sidekick Smoothie Fresh Veggies Milk Burger or Deli Sandwich Fries Crispy Chicken Salad	Oct--27 Cherry Blossom Chicken Oriental Blend Veggies Brown Rice Mandarin Oranges Strawberries Fortune Cookie Fresh Veggies Milk Chicken Sandwich Pizza / Fries Garden Salad
Oct--30 Bean & Cheese Burrito Chopped Lettuce & Tomato Spicy Corn Salad Fruit Cocktail Honeydew Chunks Fresh Veggies Milk Chicken Sandwich Pizza Fries Chef Salad	Oct--31 Spaghetti Tossed Salad Italian Vegetables Wheat Roll Orange Wedges Peaches Fresh Veggies Milk Burger or Deli Sandwich Fries Chicken & Fruit Salad			

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