






Central Consolidated School District



# October 2017 Middle School Breakfast



Monday	Tuesday	Wednesday	Thursday	Friday
Oct--2 Biscuits Sausage Patty Diced Pears Juice Milk	Oct--3 Hard Boiled Eggs Choice of Muffin Fruit Cocktail Juice Milk	Oct--4 Mini Waffle Breakfast Fresh Fruit Mix Juice Milk	Oct--5 Pancake on a Stick Banana Juice Milk	Oct--6 NO SCHOOL TODAY 
Oct--9 Creamy Cheese Bagel Applesauce Juice Milk	Oct--10 Egg & Cheese English Muffin Orange Wedges Juice Milk	Oct--11 Mini Pancakes Strawberries Juice Milk	Oct--12 Choice of Muffin Yogurt Cantaloupe Chunks Juice Milk	Oct--13 Breakfast Taco Wrap Banana Juice Milk Salsa
Oct--16 Ultimate Breakfast Round Yogurt Breakfast Fresh Fruit Mix Juice Milk	Oct--17 Biscuit Sausage Patty Orange Wedges Juice Milk	Oct--18 Oatmeal Bar Applesauce Juice Milk	Oct--19 Mini Cinnis Banana Juice Milk	Oct--20 Professional Day Non-Work Day NO SCHOOL TODAY 
Oct--23 French Toast Sticks w/Syrup Fruit Cocktail Juice Milk	Oct--24 Cheese Omelet Flour Tortilla Fresh Apple Juice Milk	Oct--25 Bacon Scramble Applesauce Juice Milk	Oct--26 Yogurt Granola Cantaloupe Chunks Juice Milk	Oct--27 Pop-Tart Banana Juice Milk
Oct--30 Biscuit Sausage Patty Diced Pears Juice Milk	Oct--31 Mini Cinnis Pineapple Chunks Juice Milk			

MENU SUBJECT TO CHANGE DUE TO PRODUCT AVAILABILITY - USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

October 4 - Early Release - October 6 - Schools Closed

October 20 - Professional Development Day-No School - October 25 - Early Release



Central Consolidated School District



# October 2017 Middle School Lunch



Monday Oct--2	Tuesday Oct--3	Wednesday Oct--4	Thursday Oct--5	Friday Oct--6
Bean & Cheese Burrito Chopped Lettuce & Tomato Spicy Corn Salad Honeydew Chunks Fresh Veggies Milk Chicken Sandwich Pizza / Fries Chef Salad	Spaghetti Tossed Salad Wheat Roll Peaches Fresh Veggies Milk Burger or Deli Sandwich Fries Chicken & Fruit Salad	Chicken Bowl Wheat Roll Pineapple Chunks Fresh Veggies Milk Chicken Sandwich Pizza Fries Fruit & Yogurt Salad	Pork Riblet Sandwich Cucumber Slices Sweet Potato Fries Strawberries Fresh Veggies Milk Burger or Deli Sandwich Crispy Chicken Salad	NO SCHOOL TODAY  
Oct--9	Oct--10	Oct--11	Oct--12	Oct--13
Crunchy Tacos Spanish Rice Refried Beans Chopped Lettuce & Tomato Grape Cluster Fresh Veggies Milk Chicken Sandwich Pizza / Fries Chef Salad	Alfredo Pasta Tossed Salad Breadstick Fresh Apple Fresh Veggies Milk Burger or Deli Sandwich Fries Chicken & Fruit Salad	Hot Dog on a Bun Tater Tots Coleslaw Watermelon Wedges Fresh Veggies Milk Chicken Sandwich Pizza Fruit & Yogurt Salad	Meatloaf Mashed Potatoes w/ Gravy Mixed Vegetables Wheat Roll Sidekick Smoothie Fresh Veggies Milk Burger or Deli Sandwich Fries Crispy Chicken Salad	Grilled Ham & Cheese Sandwich Chicken Vegetable Soup Cucumber Slice Fresh Pear Fresh Veggies Milk Chicken Sandwich Pizza Fries Garden Salad
Oct--16	Oct--17	Oct--18	Oct--19	Oct--20
Popcorn Chicken Whole Kernel Corn Mashed Potatoes w/Gravy Wheat Roll Grape Cluster Fresh Veggies Milk Chicken Sandwich Pizza / Fries Chef Salad	Lasagna Tossed Salad Breadstick Orange Wedges Fresh Veggies Milk Burger or Deli Sandwich Fries Fruit & Yogurt Salad	Chicken Fajita Refried Beans Chopped Lettuce & Tomato Honeydew Chunks Fresh Veggies Milk Chicken Sandwich Pizza Fries Crispy Chicken Salad	Corndog Tater Tots Baked Beans Applesauce Fresh Veggies Milk Burger or Deli Sandwich Garden Salad	Professional Day Non-Work Day NO SCHOOL TODAY  
Oct--23	Oct--24	Oct--25	Oct--26	Oct--27
Salisbury Steak Mashed Potatoes w/Gravy Steamed Broccoli Wheat Roll Pineapple Chunks Fresh Veggies Milk Chicken Sandwich Pizza / Fries Chef Salad	Frito Pie Cornbread Chopped Lettuce & Tomato Whole Kernel Corn Watermelon Wedges Fresh Veggies Milk Burger or Deli Sandwich Fries Chicken & Fruit Salad	Sloppy Joe Tater Tots Cucumber Slices Grape Cluster Fresh Veggies Milk Chicken Sandwich Pizza Fruit & Yogurt Salad	Green Chile Chicken Enchiladas Seasoned Pinto Beans Chopped Lettuce & Tomato Sidekick Smoothie Wheat Roll Fresh Veggies Milk Burger or Deli Sandwich Fries Crispy Chicken Salad	Cherry Blossom Chicken Brown Rice Oriental Blend Veggies Mandarin Oranges Fresh Veggies Milk Chicken Sandwich Pizza Fries Garden Salad
Oct--30	Oct--31			
Bean & Cheese Burrito Chopped Lettuce & Tomato Spicy Corn Salad Honeydew Chunks Fresh Veggies Milk Chicken Sandwich Pizza / Fries Chef Salad	Spaghetti Tossed Salad Wheat Roll Peaches Fresh Veggies Milk Burger or Deli Sandwich Fries Chicken & Fruit Salad			

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