

Central Consolidated Schools

Oct 2, 2017 thru Oct 31, 2017

Base Menu Spreadsheet

BAB Breakfast

Weighted Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 10/02/2017																
BAB Breakfast	Total	1														
Pancake on Stick**0659	1 Each	1	198	25	307	2.97	1.78	19.8	20	0.0	4	6.94	16.84	9.91	2.48	0.00
Orange Wedges**0600	1 orange	1	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
Juice(Carton)**0103	1 Carton	1	58	0	12	0.00	0.06	10.0	0	8.6	*N/A*	0.0	14.67	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average			402	32	450	5.28	2.03	368.2	736	62.07	*13	15.84	55.79	11.27	3.24	0.00
% of Calories											*12.9%	15.8%	55.6%	25.3%	7.3%	0.0%
Nutrient Guideline			350-500		540											<10.00

Tue - 10/03/2017																
BAB Breakfast	Total	1														
Egg&ChezEng Muf**1180	1 Each	1	242	129	592	3.02	2.04	207.7	310	0.0	*0	13.18	27.38	9.94	3.79	0.00
Fruit Cocktail**0419	1/2 Cup	1	69	0	7	1.20	0.35	7.2	250	2.28	17	0.48	17.95	0.08	0.01	0.00
Juice(Carton)**0103	1 Carton	1	58	0	12	0.00	0.06	10.0	0	8.6	*N/A*	0.0	14.67	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average			469	136	741	4.22	2.53	524.9	1060	13.28	*17	21.66	72.99	11.28	4.55	0.00
% of Calories											*14.3%	18.5%	62.3%	21.7%	8.7%	0.0%
Nutrient Guideline			350-500		540											<10.00

Wed - 10/04/2017																
BAB Breakfast	Total	1														
Mini Waffle**1934	pouch	1	190	0	210	3.00	2.70	100.0	500	0.0	*N/A*	4.0	33.0	5.0	1.50	0.00
BkfFreshFruitMix**0336	1/2 Cup	1	33	0	5	0.92	0.19	6.6	542	17.14	6	0.53	8.39	0.17	0.04	0.00
Juice(Carton)**0103	1 Carton	1	58	0	12	0.00	0.06	10.0	0	8.6	*N/A*	0.0	14.67	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average			382	8	358	3.92	3.04	416.6	1542	28.14	*6	12.53	69.06	6.42	2.29	0.00
% of Calories											*6.6%	13.1%	72.4%	15.1%	5.4%	0.0%
Nutrient Guideline			350-500		540											<10.00

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BAB Breakfast

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 10/05/2017																
BAB Breakfast	Total	1														
Cold Cereal**0013	1 Bowl	1	103	0	166	1.72	4.84	88.6	449	4.99	*1	1.44	21.78	1.47	0.08	0.00
WW Toast**0020	1 Slice	1	122	0	185	1.59	0.83	7.1	169	0.01	*1	2.69	16.29	5.47	0.89	*0.00
Pineapple Chunks**0092	1/2 Cup	1	65	0	1	1.00	0.49	17.5	48	9.39	16	0.45	16.84	0.15	0.01	0.00
Juice(Carton)**0103	1 Carton	1	58	0	12	0.00	0.06	10.0	0	8.6	*N/A*	0.0	14.67	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average			449	8	495	4.31	6.30	423.2	1165	25.39	*18	12.58	82.58	8.34	1.74	*0.00
% of Calories											*16.4%	11.2%	73.6%	16.7%	3.5%	*0.0%
Nutrient Guideline			350-500		540											<10.00

Fri - 10/06/2017																
BAB Breakfast	Total	1														
NO SCHOOL TODAY	No School	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			350-500		540											<10.00

Mon - 10/09/2017																
BAB Breakfast	Total	1														
Choice of Muffin**0480	1 Each	1	117	18	73	1.78	0.74	5.1	33	0.59	*N/A*	2.37	19.4	3.22	0.46	0.00
Yogurt**1777	1 Each	1	90	0	75	0.00	0.00	300.0	0	0.0	*N/A*	3.0	19.0	0.0	0.00	0.00
Honeydew Chunks**0662	1/2 Cup	1	31	0	16	0.70	0.15	5.2	44	15.72	7	0.47	7.94	0.12	0.03	0.00
Juice(Carton)**0103	1 Carton	1	58	0	12	0.00	0.06	10.0	0	8.6	*N/A*	0.0	14.67	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average			396	25	306	2.47	1.04	620.4	576	27.32	*7	13.84	74.01	4.59	1.24	0.00
% of Calories											*7.2%	14.0%	74.7%	10.4%	2.8%	0.0%
Nutrient Guideline			350-500		540											<10.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 10/10/2017																
BAB Breakfast	Total	1														
Cold Cereal**0013	1 Bowl	1	103	0	166	1.72	4.84	88.6	449	4.99	*1	1.44	21.78	1.47	0.08	0.00
WW Toast**0020	1 Slice	1	122	0	185	1.59	0.83	7.1	169	0.01	*1	2.69	16.29	5.47	0.89	*0.00
Orange Wedges**0600	1 orange	1	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
Juice(Carton)**0103	1 Carton	1	58	0	12	0.00	0.06	10.0	0	8.6	*N/A*	0.0	14.67	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average			429	8	493	5.61	5.91	444.1	1334	67.07	*11	13.03	77.02	8.31	1.74	*0.00
% of Calories											*10.7%	12.2%	71.9%	17.4%	3.7%	*0.0%
Nutrient Guideline			350-500		540											<10.00

Wed - 10/11/2017																
BAB Breakfast	Total	1														
Sausage Patty**0643	1 Patty	1	70	25	260	0.00	0.36	20.0	0	0.0	0	7.0	0.0	5.0	1.50	0.00
Biscuit**8257	1 Each	1	189	0	468	1.99	1.07	39.8	0	0.0	24	2.98	22.88	8.95	4.97	0.00
Applesauce**0356	1/2 Cup	1	87	0	3	1.53	0.15	3.8	8	2.17	19	0.2	22.31	0.22	0.04	0.00
Juice(Carton)**0103	1 Carton	1	58	0	12	0.00	0.06	10.0	0	8.6	*N/A*	0.0	14.67	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average			504	32	873	3.52	1.74	373.6	508	13.17	*43	18.19	72.86	15.42	7.26	0.00
% of Calories											*33.8%	14.4%	57.8%	27.5%	13.0%	0.0%
Nutrient Guideline			350-500		540											<10.00

Thu - 10/12/2017																
BAB Breakfast	Total	1														
Pancakes w/Syrup**1188	2PC+2T	1	239	17	346	1.33	1.21	27.9	0	0.0	*8	4.0	50.14	2.67	0.33	*0.00
Peaches**0437	1/2 Cup	1	68	0	6	1.63	0.45	3.8	443	3.01	17	0.56	18.22	0.04	0.00	0.00
Juice(Carton)**0103	1 Carton	1	58	0	12	0.00	0.06	10.0	0	8.6	*N/A*	0.0	14.67	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average			465	24	494	2.96	1.81	341.6	943	14.00	*25	12.56	96.03	3.96	1.09	*0.00
% of Calories											*21.5%	10.8%	82.7%	7.7%	2.1%	*0.0%
Nutrient Guideline			350-500		540											<10.00

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Fri - 10/13/2017																
BAB Breakfast	Total	1														
Pillsbury Mini Cinnis**1966	1 each	1	240	0	300	2.00	1.44	40.0	0	0.0	*N/A*	4.99	39.95	7.99	2.00	0.00
Banana**0068	1 each	1	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
Juice(Carton)**0103	1 Carton	1	58	0	12	0.00	0.06	10.0	0	8.6	*N/A*	0.0	14.67	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average			488	8	443	4.62	1.85	355.0	565	19.79	*12	14.09	90.69	9.57	2.86	0.00
% of Calories											*10.1%	11.6%	74.3%	17.7%	5.3%	0.0%
Nutrient Guideline			350-500		540										<10.00	

Mon - 10/16/2017																
BAB Breakfast	Total	1														
Oatmeal**1095	3/4 Cup	1	143	0	35	3.01	1.40	26.5	0	0.0	*8	4.8	27.19	1.96	0.35	*0.00
WW Toast**0020	1 Slice	1	122	0	185	1.59	0.83	7.1	169	0.01	*1	2.69	16.29	5.47	0.89	*0.00
Pears**0438	1/2 Cup	1	71	0	6	2.00	0.35	6.3	0	0.88	15	0.24	18.99	0.04	0.00	0.00
Juice(Carton)**0103	1 Carton	1	58	0	12	0.00	0.06	10.0	0	8.6	*N/A*	0.0	14.67	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average			495	8	368	6.60	2.73	349.8	669	11.89	*25	15.72	90.14	8.71	1.99	*0.00
% of Calories											*20.1%	12.7%	72.9%	15.9%	3.6%	*0.0%
Nutrient Guideline			350-500		540										<10.00	

Tue - 10/17/2017																
BAB Breakfast	Total	1														
FrenchToastSticks**0207	3 Ea. + 2 Tbsp	1	262	115	342	3.00	1.81	81.2	200	3.6	13	9.0	50.13	4.0	1.00	*0.00
Peaches**0437	1/2 Cup	1	68	0	6	1.63	0.45	3.8	443	3.01	17	0.56	18.22	0.04	0.00	0.00
Juice(Carton)**0103	1 Carton	1	58	0	12	0.00	0.06	10.0	0	8.6	*N/A*	0.0	14.67	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average			488	123	491	4.63	2.41	394.9	1143	17.60	*30	17.56	96.01	5.29	1.75	*0.00
% of Calories											*24.6%	14.4%	78.7%	9.8%	3.2%	*0.0%
Nutrient Guideline			350-500		540										<10.00	

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Wed - 10/18/2017																
BAB Breakfast	Total	1														
BRK Taco/liq frz egg**1993	1 each	1	200	224	428	2.50	1.28	198.5	239	1.2	*0	12.36	16.79	10.35	4.39	0.00
Honeydew Chunks**0662	1/2 Cup	1	31	0	16	0.70	0.15	5.2	44	15.72	7	0.47	7.94	0.12	0.03	0.00
Juice(Carton)**0103	1 Carton	1	58	0	12	0.00	0.06	10.0	0	8.6	*N/A*	0.0	14.67	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Salsa**0651	2 Tbsp.	1	10	0	141	1.01	0.36	20.1	151	1.21	*N/A*	0.0	2.01	0.0	0.00	0.00
Weighted Daily Average			400	232	727	4.21	1.94	533.9	934	29.13	*7	20.83	54.41	11.72	5.18	0.00
% of Calories											*7.1%	20.8%	54.4%	26.4%	11.7%	0.0%
Nutrient Guideline			350-500		540											<10.00

Thu - 10/19/2017																
BAB Breakfast	Total	1														
Cold Cereal**0013	1 Bowl	1	103	0	166	1.72	4.84	88.6	449	4.99	*1	1.44	21.78	1.47	0.08	0.00
VW Toast**0020	1 Slice	1	122	0	185	1.59	0.83	7.1	169	0.01	*1	2.69	16.29	5.47	0.89	*0.00
Banana**0068	1 each	1	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
Juice(Carton)**0103	1 Carton	1	58	0	12	0.00	0.06	10.0	0	8.6	*N/A*	0.0	14.67	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average			473	8	494	5.93	6.07	410.8	1182	24.79	*15	13.23	88.81	8.52	1.84	*0.00
% of Calories											*12.6%	11.2%	75.0%	16.2%	3.5%	*0.0%
Nutrient Guideline			350-500		540											<10.00

Fri - 10/20/2017																
BAB Breakfast	Total	1														
Professional Day-NonWork	No School	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
NO SCHOOL TODAY	No School	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			350-500		540											<10.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 10/23/2017																
BAB Breakfast	Total	1														
Cold Cereal**0013	1 Bowl	1	103	0	166	1.72	4.84	88.6	449	4.99	*1	1.44	21.78	1.47	0.08	0.00
WW Toast**0020	1 Slice	1	122	0	185	1.59	0.83	7.1	169	0.01	*1	2.69	16.29	5.47	0.89	*0.00
Peaches**0437	1/2 Cup	1	68	0	6	1.63	0.45	3.8	443	3.01	17	0.56	18.22	0.04	0.00	0.00
Juice(Carton)**0103	1 Carton	1	58	0	12	0.00	0.06	10.0	0	8.6	*N/A*	0.0	14.67	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average			451	8	500	4.93	6.26	409.5	1561	19.00	*19	12.69	83.95	8.23	1.73	*0.00
% of Calories											*16.9%	11.3%	74.5%	16.4%	3.5%	*0.0%
Nutrient Guideline			350-500		540											<10.00

Tue - 10/24/2017																
BAB Breakfast	Total	1														
Pillsbury Cherry Frudel**1960	1 each	1	210	0	290	2.00	1.08	*N/A*	*N/A*	*N/A*	*N/A*	5.01	37.05	6.01	1.50	0.00
Honeydew Chunks**0662	1/2 Cup	1	31	0	16	0.70	0.15	5.2	44	15.72	7	0.47	7.94	0.12	0.03	0.00
Juice(Carton)**0103	1 Carton	1	58	0	12	0.00	0.06	10.0	0	8.6	*N/A*	0.0	14.67	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average			400	8	449	2.70	1.38	*315.2	*544	*26.72	*7	13.48	72.65	7.38	2.28	0.00
% of Calories											*7.1%	13.5%	72.6%	16.6%	5.1%	0.0%
Nutrient Guideline			350-500		540											<10.00

Wed - 10/25/2017																
BAB Breakfast	Total	1														
Bacon Scramble**1876	1 Ea	1	190	45	300	2.00	1.80	150.0	100	0.0	4	10.0	20.0	8.0	2.00	0.00
Applesauce**0356	1/2 Cup	1	87	0	3	1.53	0.15	3.8	8	2.17	19	0.2	22.31	0.22	0.04	0.00
Juice(Carton)**0103	1 Carton	1	58	0	12	0.00	0.06	10.0	0	8.6	*N/A*	0.0	14.67	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average			435	53	445	3.53	2.10	463.8	608	13.17	*23	18.20	69.98	9.47	2.79	0.00
% of Calories											*20.9%	16.7%	64.3%	19.6%	5.8%	0.0%
Nutrient Guideline			350-500		540											<10.00

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Central Consolidated Schools

Oct 2, 2017 thru Oct 31, 2017

Base Menu Spreadsheet

BAB Breakfast

Weighted Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 10/26/2017																
BAB Breakfast	Total	1														
Pancakes w/Syrup**1188	2PC+2T	1	239	17	346	1.33	1.21	27.9	0	0.0	*8	4.0	50.14	2.67	0.33	*0.00
Pineapple Chunks**0092	1/2 Cup	1	65	0	1	1.00	0.49	17.5	48	9.39	16	0.45	16.84	0.15	0.01	0.00
Juice(Carton)**0103	1 Carton	1	58	0	12	0.00	0.06	10.0	0	8.6	*N/A*	0.0	14.67	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average			462	24	489	2.34	1.85	355.4	548	20.39	*24	12.45	94.65	4.07	1.09	*0.00
% of Calories											*21.0%	10.8%	81.9%	7.9%	2.1%	*0.0%
Nutrient Guideline			350-500		540											<10.00

Fri - 10/27/2017																
BAB Breakfast	Total	1														
Yogurt**1777	1 Each	1	90	0	75	0.00	0.00	300.0	0	0.0	*N/A*	3.0	19.0	0.0	0.00	0.00
Granola Pack -1oz**1977	1 oz pack	1	121	0	76	2.03	0.73	20.2	30	0.0	6	3.04	20.25	3.54	0.00	0.00
Banana**0068	1 each	1	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
Juice(Carton)**0103	1 Carton	1	58	0	12	0.00	0.06	10.0	0	8.6	*N/A*	0.0	14.67	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average			460	8	294	4.65	1.14	635.3	595	19.79	*18	15.14	89.98	5.13	0.86	0.00
% of Calories											*16.0%	13.2%	78.3%	10.0%	1.7%	0.0%
Nutrient Guideline			350-500		540											<10.00

Mon - 10/30/2017																
BAB Breakfast	Total	1														
Pancake on Stick**0659	1 Each	1	198	25	307	2.97	1.78	19.8	20	0.0	4	6.94	16.84	9.91	2.48	0.00
Orange Wedges**0600	1 orange	1	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
Juice(Carton)**0103	1 Carton	1	58	0	12	0.00	0.06	10.0	0	8.6	*N/A*	0.0	14.67	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average			402	32	450	5.28	2.03	368.2	736	62.07	*13	15.84	55.79	11.27	3.24	0.00
% of Calories											*12.9%	15.8%	55.6%	25.3%	7.3%	0.0%
Nutrient Guideline			350-500		540											<10.00

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Central Consolidated Schools

Oct 2, 2017 thru Oct 31, 2017

Base Menu Spreadsheet

BAB Breakfast

Weighted Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 10/31/2017																
BAB Breakfast	Total	1														
Egg&ChezEng Muf**1180	1 Each	1	242	129	592	3.02	2.04	207.7	310	0.0	*0	13.18	27.38	9.94	3.79	0.00
Fruit Cocktail**0419	1/2 Cup	1	69	0	7	1.20	0.35	7.2	250	2.28	17	0.48	17.95	0.08	0.01	0.00
Juice(Carton)**0103	1 Carton	1	58	0	12	0.00	0.06	10.0	0	8.6	*N/A*	0.0	14.67	0.0	0.00	0.00
Milk-Variety**0489	1 Carton	1	100	8	130	0.00	0.09	300.0	500	2.4	*N/A*	8.0	13.0	1.25	0.75	0.00
Weighted Daily Average			469	136	741	4.22	2.53	524.9	1060	13.28	*17	21.66	72.99	11.28	4.55	0.00
% of Calories											*14.3%	18.5%	62.3%	21.7%	8.7%	0.0%
Nutrient Guideline			350-500		540										<10.00	

Weighted Average			446	46	505	4.30	2.83	*431.5	*900	*26.40	*18	15.56	78.02	8.51	2.67	*0.00
											*35.4%	14.0%	70.0%	17.2%	5.4%	*0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	446		350 - 500	100%				
Cholesterol (mg)	46							
Sodium (mg)	505		540					
Fiber (g)	4.30							
Iron (mg)	2.83							
Calcium (mg)	431.5				Missing			
Vitamin A (IU)	900				Missing			
Sugars (g)	18	15.74%			Missing			
Vitamin C (mg)	26.40				Missing			
Protein (g)	15.56	13.96%						
Carbohydrate (g)	78.02	70.00%						
Total Fat (g)	8.51	17.18%						
Saturated Fat (g)	2.67	5.38%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%			Missing			

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