



# October 2018 Elem. Breakfast After the Bell

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Oct--1</b> Pancake on a Stick Pineapple Chunks Juice Milk	<b>Oct--2</b> Egg & Cheese English Muffin Fruit Cocktail Juice Milk	<b>Oct--3</b> Mini Waffle Breakfast Fresh Fruit Mix Juice Milk	<b>Oct--4</b> Cold Cereal Whole Wheat Toast Orange Wedges Juice Milk	<b>Oct--5</b> Fall Break NO SCHOOL TODAY 
<b>Oct--8</b> Fall Break NO SCHOOL TODAY 	<b>Oct--9</b> Choice of Muffin Yogurt Strawberries Juice Milk	<b>Oct--10</b> Sausage Patty Biscuit Applesauce Juice Milk	<b>Oct--11</b> Pancakes w/ Syrup Peaches Juice Milk	<b>Oct--12</b> Mini Cinnis Banana Juice Milk
<b>Oct--15</b> Oatmeal Whole Wheat Toast Diced Pears Juice Milk	<b>Oct--16</b> French Toast Sticks w/Syrup Peaches Juice Milk	<b>Oct--17</b> Cheese Omelet Flour Tortilla Honey Dew Chunks Juice Milk Salsa	<b>Oct--18</b> Cold Cereal Whole Wheat Toast Banana Juice Milk	<b>Oct--19</b> Ultimate Breakfast Round Breakfast Fresh Fruit Mix Juice Milk
<b>Oct--22</b> Cold Cereal Whole Wheat Toast Peaches Juice Milk	<b>Oct--23</b> Elementary Parent/ Teacher Conference NO SCHOOL TODAY 	<b>Oct--24</b> Bacon Scramble Applesauce Juice Milk	<b>Oct--25</b> Pancakes w/Syrup Pineapple Chunks Juice Milk	<b>Oct--26</b> Yogurt Granola Banana Juice Milk
<b>Oct--29</b> Pancake on a Stick Pineapple Chunks Juice Milk	<b>Oct--30</b> Egg & Cheese English Muffin Fruit Cocktail Juice Milk	<b>Oct--31</b> Mini Waffle Breakfast Fresh Fruit Mix Juice Milk		

MENU SUBJECT TO CHANGE DUE TO PRODUCT AVAILABILITY - USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

October 3, 17, 24, 31 - Early Release - Elementary Parent Teacher Conference - October 23

Mid & High School Parent Teacher Conference - October 25





# October 2018 Elementary School Lunch



Monday	Tuesday	Wednesday	Thursday	Friday
<b>Oct--1</b> Chicken Sandwich Sweet Potato Fries Chopped Lettuce & Tomato Pickles Apple Sauce Fresh Veggies Ranch Dressing Fruit & Yogurt Salad Milk	<b>Oct--2</b> Crunchy Tacos Spanish Rice Chopped Lettuce & Tomato Honeydew Chunks Fresh Veggies Ranch Dressing Sandwich Bag Lunch Milk Salsa	<b>Oct--3</b> Spaghetti Tossed Salad Wheat Roll Diced Pears Fresh Veggies Ranch Dressing Sandwich Bag Lunch Milk	<b>Oct--4</b> Pork Riblet Sandwich Tater Tots Apple Slices Fresh Veggies Ranch Dressing Fruit & Yogurt Salad Milk	<b>Oct--5</b> Fall Break NO SCHOOL TODAY 
<b>Oct--8</b> Fall Break NO SCHOOL TODAY 	<b>Oct--9</b> Popcorn Chicken Mashed Potatoes w/Gravy Wheat Roll Peaches Fresh Veggies Ranch Dressing Sandwich Bag Lunch Milk	<b>Oct--10</b> Corndog Crinkle Cut Fries Grape Cluster Jello w/Topping Fresh Veggies Ranch Dressing Fruit & Yogurt Salad Milk	<b>Oct--11</b> Navajo Taco Chopped Lettuce & Tomato Whole Kernel Corn Apple Slices Fresh Veggies Ranch Dressing Sandwich Bag Lunch Milk Salsa	<b>Oct--12</b> Cheese Pizza Green Beans Watermelon Wedges Fresh Veggies Ranch Dressing Fruit & Yogurt Salad Milk
<b>Oct--15</b> Tangerine Chicken Brown Rice Steamed Broccoli Mandarin Oranges Fresh Veggies Ranch Dressing Sandwich Bag Lunch Milk	<b>Oct--16</b> Homemade Grilled Cheese Sandwich Chicken Vegetable Soup Orange Wedges Fresh Veggies Ranch Dressing Fruit & Yogurt Salad Milk	<b>Oct--17</b> Lasagna Tossed Salad Breadstick Peaches Fresh Veggies Ranch Dressing Sandwich Bag Lunch Milk	<b>Oct--18</b> Hamburger Crinkle Cut Fries Chopped Lettuce & Tomato Apple Slices Fresh Veggies Ranch Dressing Fruit & Yogurt Salad Milk	<b>Oct--19</b> Pepperoni Pizza Green Beans Watermelon Wedges Fresh Veggies Ranch Dressing Fruit & Yogurt Salad Milk
<b>Oct--22</b> Bean & Cheese Burrito Whole Kernel Corn Chopped Lettuce & Tomato Sidekick Smoothie Fresh Veggies Ranch Dressing Sandwich Bag Lunch Milk Salsa	<b>Oct--23</b> Elementary Parent/ Teacher Conference NO SCHOOL TODAY 	<b>Oct--24</b> Crispy Drumsticks Baked Beans Coleslaw Wheat Roll Watermelon Wedges Fresh Veggies Ranch Dressing Fruit & Yogurt Salad Milk	<b>Oct--25</b> Salisbury Steak Mashed Potatoes w/Gravy Mixed Vegetables Wheat Roll Apple Slices Fresh Veggies Ranch Dressing Sandwich Bag Lunch Milk	<b>Oct--26</b> Tacos Refried Beans Orange Wedges Fresh Veggies Ranch Dressing Fruit & Yogurt Salad Milk
<b>Oct--29</b> Chicken Sandwich Sweet Potato Fries Chopped Lettuce & Tomato Pickles Apple Sauce Fresh Veggies Ranch Dressing Fruit & Yogurt Salad Milk	<b>Oct--30</b> Crunchy Tacos Spanish Rice Chopped Lettuce & Tomato Honeydew Chunks Fresh Veggies Ranch Dressing Sandwich Bag Lunch Milk Salsa	<b>Oct--31</b> Spaghetti Tossed Salad Wheat Roll Diced Pears Fresh Veggies Ranch Dressing Sandwich Bag Lunch Milk		
				

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**\*\*National School Lunch Week - October 15 - 19\*\***

