

Central Consolidated Schools

Monday	Tuesday	Wednesday	Thursday	Friday
Jun - 4 French Toast Sticks w/Syrup Cantaloupe Chunks Juice Milk	Jun - 5 Biscuit Sausage Patty Applesauce Milk	Jun - 6 Cold Cereal Whole Wheat Toast w/Jelly Juice Milk	Jun - 7 Pancakes w/Syrup Peaches Juice Milk	Jun - 8 Mini Cinnis Banana Juice Milk
Jun - 11 Choice of Muffin Yogurt Juice Milk	Jun - 12 Cheese Omelet Flour Tortilla Juice Milk Salsa	Jun - 13 Ultimate Breakfast Round Applesauce Juice Milk	Jun - 14 Pancakes w/Syrup Peaches Juice Milk	Jun - 15 Oatmeal Whole Wheat Toast w/Jelly Banana Milk
Jun - 18 Creamy Cheese Bagel Applesauce Juice Milk	Jun - 19 Cheese Omelet Flour Tortilla Juice Milk Salsa	Jun - 20 Cold Cereal Whole Wheat Toast w/Jelly Juice Milk	Jun - 21 Pancakes w/Syrup Peaches Juice Milk	Jun - 22 Yogurt Granola Banana Milk
Jun - 25 French Toast Sticks w/Syrup Cantaloupe Chunks Juice Milk	Jun - 26 Biscuit Sausage Patty Applesauce Milk	Jun - 27 Cold Cereal Whole Wheat Toast w/Jelly Juice Milk	Jun - 28 Pancakes w/Syrup Peaches Juice Milk	Jun - 29 Mini Cinnis Banana Juice Milk

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Monday	Tuesday	Wednesday	Thursday	Friday
Jul - 2 Choice of Muffin Yogurt Juice Milk	Jul - 3 Cheese Omelet Flour Tortilla Juice Milk Salsa	Jul - 4 CLOSED HOLIDAY	Jul - 5 Pancakes w/Syrup Peaches Juice Milk	Jul - 6 Oatmeal Whole Wheat Toast w/Jelly Banana Milk
Jul - 9 Creamy Cheese Bagel Applesauce Juice Milk	Jul - 10 Cheese Omelet Flour Tortilla Juice Milk Salsa	Jul - 11 Cold Cereal Whole Wheat Toast w/Jelly Juice Milk	Jul - 12 Pancakes w/Syrup Peaches Juice Milk	Jul - 13 Yogurt Granola Banana Milk
Jul - 16 French Toast Sticks w/Syrup Cantaloupe Chunks Juice Milk	Jul - 17 Biscuit Sausage Patty Applesauce Milk	Jul - 18 Cold Cereal Whole Wheat Toast w/Jelly Juice Milk	Jul - 19 Pancakes w/Syrup Peaches Juice Milk	Jul - 20 Mini Cinnis Banana Juice Milk
Jul - 23 Choice of Muffin Yogurt Juice Milk	Jul - 24 Cheese Omelet Flour Tortilla Juice Milk Salsa	Jul - 25 Ultimate Breakfast Round Applesauce Juice Milk	Jul - 26 Pancakes w/Syrup Peaches Juice Milk	Jul - 27 Oatmeal Whole Wheat Toast w/Jelly Banana Milk

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Monday	Tuesday	Wednesday	Thursday	Friday
Jul - 30 Creamy Cheese Bagel Applesauce Juice Milk	Jul - 31 Cheese Omelet Flour Tortilla Juice Milk Salsa	Aug - 1 Cold Cereal Whole Wheat Toast w/Jelly Juice Milk	Aug - 2 Pancakes w/Syrup Peaches Juice Milk	

Closed July 4

MENU SUBJECT TO CHANGE DUE TO PRODUCT AVAILABILITY
 USDA is an Equal Opportunity Provider and Employer

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